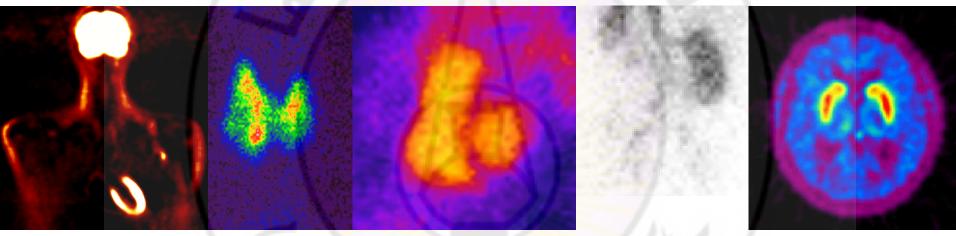
### Nuclear Medicine & Radiotherapy الطب النووي و المعالجة الشعاعية



#### Dr. Majdi Zein

Ph.D. M.D. Damascus University Head Dept of Nuclear Medicine Al-Assad University Hospital- Damascus Nuclear Medicine & Radiotherapy الطب النووي و المعالجة الشعاعية

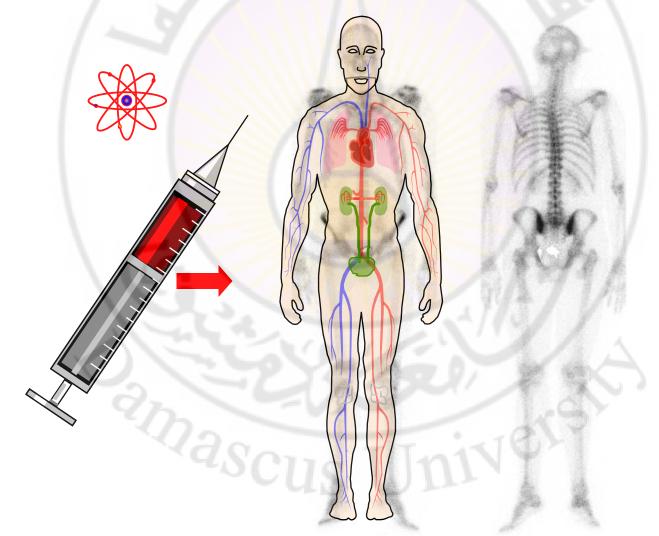
الأشعة الطبية Medical Radiation الأشعة الطبية التصوير الطبي:I- Medical Imaging

**1- Medical Radiology :** Conventional x-ray imaging, Computerized Tomography (CT/Scan), ultrasonography (Echo), magnetic resonance imaging (MRI)

2- Nuclear Medicine II – Radiotherapy: Radiation Oncology.

# **Nuclear Medicine:** is the Use of Radioactive **Isotopes for Diagnosis and Therapy**

**الطب النووي** استخدام المنابع المشعة المفتوحة في تشخيص الآفات التي تصيب مختلف أعضاء و أجهزة الجسم و معالجة بعض الآفات الورمية و غير الورمية



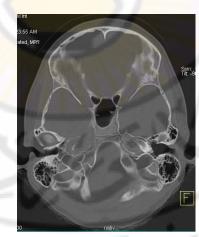
# **Different Imaging Modalities**

Radiology:

Transmission Imaging – Tomography:

Computer Tomography (CT)

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# **Different Imaging Modalities**

Radiology:

**Transmission Imaging** 

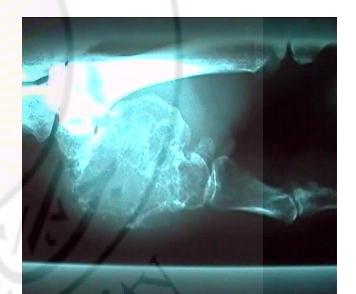
Structural Information:

Size

Shape

Location

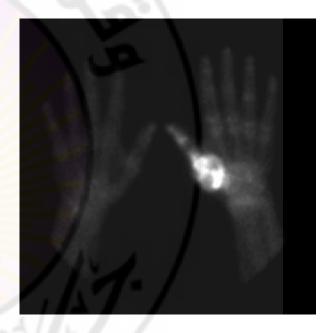
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# **Different Imaging Modalities**

Nuclear Medicine: **Emission Imaging Uptake Information** Activity **Function** Localization

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# What is Nuclear Medicine ?

#### **Functional Imaging**

Perfusion

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Biological activity of cells and organs

Enzyme activity in cells

Glucose consumption of tissue

# Why do we need Nuclear Medicine ?

Changes in function and cell activity precede changes in size or shape

Examples:

Lymph node metastasis in a normal size lymph node

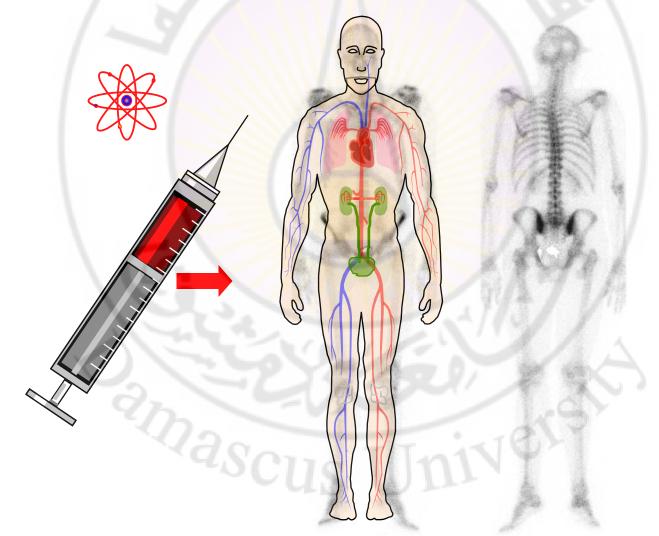
Tumour activity after chemotherapy

Tumour involvement of a normal size spleen

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# **Nuclear Medicine:** is the Use of Radioactive **Isotopes for Diagnosis and Therapy**

**الطب النووي** استخدام المنابع المشعة المفتوحة في تشخيص الآفات التي تصيب مختلف أعضاء و أجهزة الجسم و معالجة بعض الآفات الورمية و غير الورمية



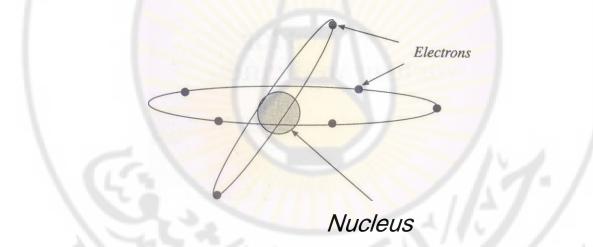
# Basic Physics for Nuclear Medicine فيزياء الطب النووي

**Medical imaging is based on the interaction of energy with biological tissues**. The kind of diagnostic information available in each modality is determined by the nature of these interactions. In conventional x-ray imaging, the differential absorption of x-rays in air, water, fat, and hone allows the distinction of these tissues in the image. In ultrasonography, the differing reflective properties of tissues are the basis for creating images. In magnetic resonance imaging the differences in hydrogen content and in the chemical and physical environments of hydrogen nuclei provide the basis for distinguishing tissues.

In *nuclear medicine*, the body is imaged from the inside out" Radiotracers, often in the form of complex radiopharmaceuticals, are administered internally. Diagnostic inference is gained by recording the distribution of the radioactive material in both time and space. Tracer pharmacokinetics and selective tissue uptake form the basis of diagnostic utility. To understand nuclear imaging procedures, it is necessary to understand a sequence of concepts, beginning with the physics of radioactivity and continuing through the process of detecting radiation, the selection of appropriate radio-pharmaceuticals. and then the understanding of the uptake and distribution of those pharmaceuticals in health and disease

## ATOMS AND THE STRUCTURE OF MATTER

**Atoms** are the building blocks of molecules and are the smallest structures that represent the physical and chemical properties of the elements



**Fig.** Schematic of the Bohr model of the atom. The nucleus contains protons and neutrons and has a radius of 10-14 m. The protons in the nucleus carry a positive charge. The orbital electrons carry a negative charge

# RADIONUCLIDES AND THEIR RADIATIONS

Because of their physical properties, certain nuclides are unstable and undergo radioactive decay. For each radionuclide the type of radiation emitted, the energy of the radiation(s), and the half-life of the decay process are physical constants `

The types of radiation important in nuclear medicine are gamma rays, characteristic x-rays, negatrons (beta-particles), positrons (beta+ particles), and alpha particles. (By definition the term *gamma ray* is used for photons originating in the nucleus and *x-ray* for photons originating outside the nucleus

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#### Alpha Decay

Alpha particles are essentially helium nuclei with a +2 charge and an atomic mass number of 4.

#### Negatron Decay

The negatron decay process involves the conversion of a neutron into a proton, an electron, and an antineutrino.

#### **Positron Decay and Electron Capture**

As the name implies, in *positron decay* a positive electron or positively charged beta particle is ejected from the nucleus.

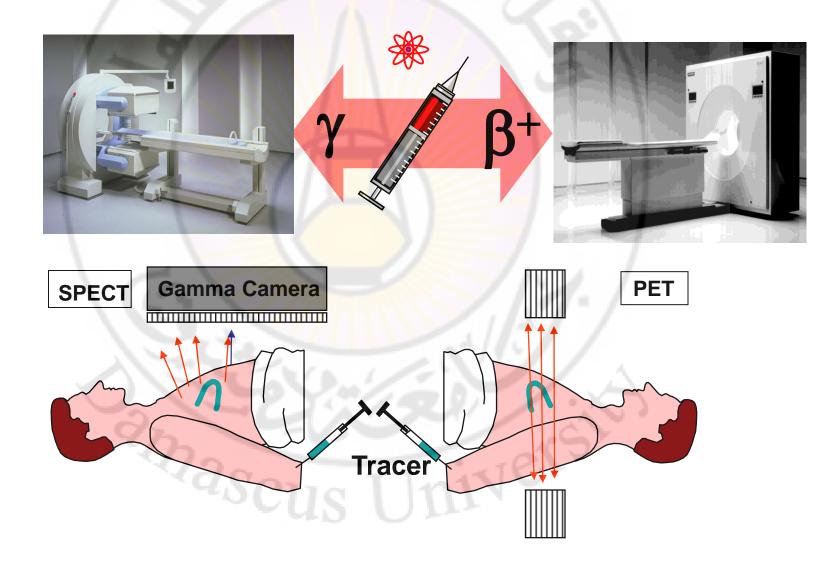
In *electron capture* an electron from one of the orbital shells (typically close to the nucleus) is incorporated into the nucleus, converting a proton into a neutron.

#### **Isomeric Transition and Internal Conversion**

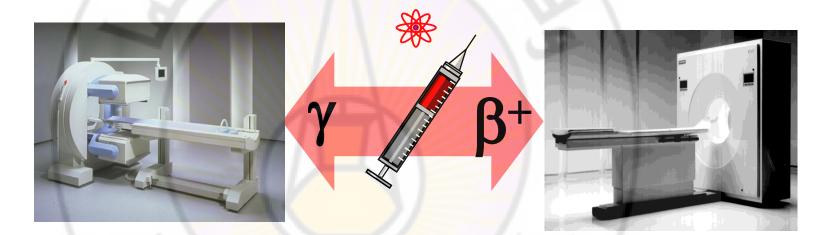
Gamma Ray Emission

many radioactive decay processes result in the release of gamma rays or gamma photons.

#### **Emission (from Patient) - Detection**



#### **Emission (from Patient) - Detection**





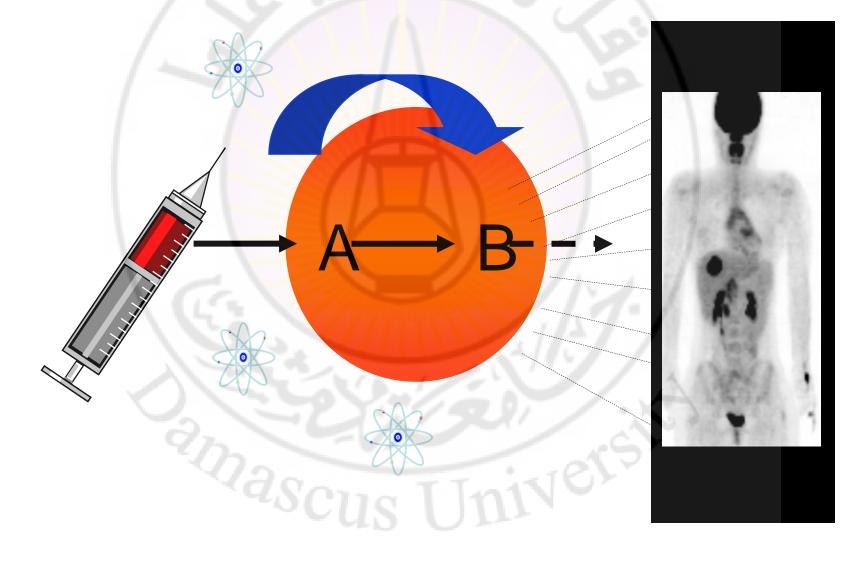


Single Photon Positron ma

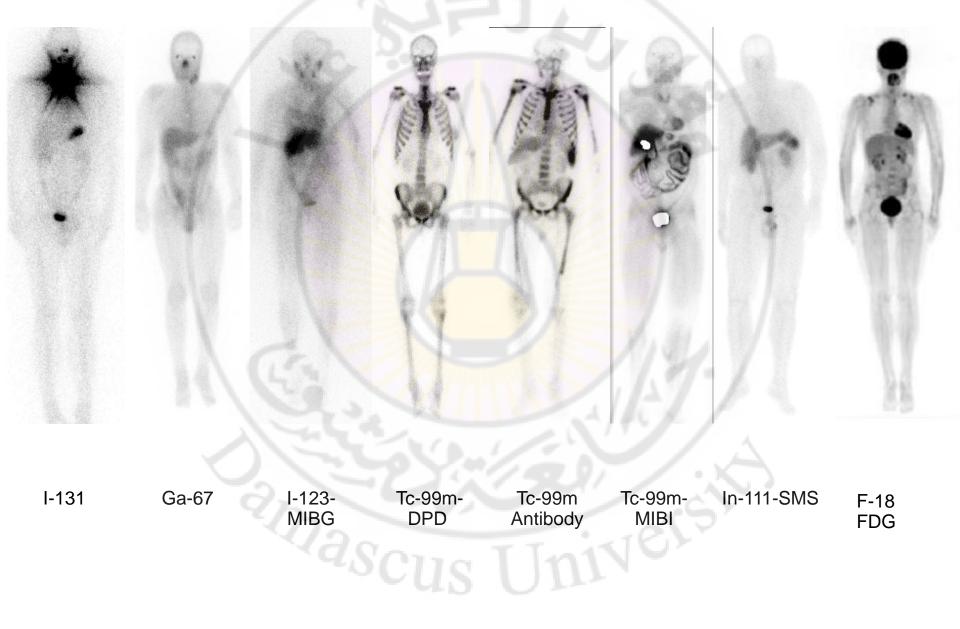
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**Emission Tomography** 

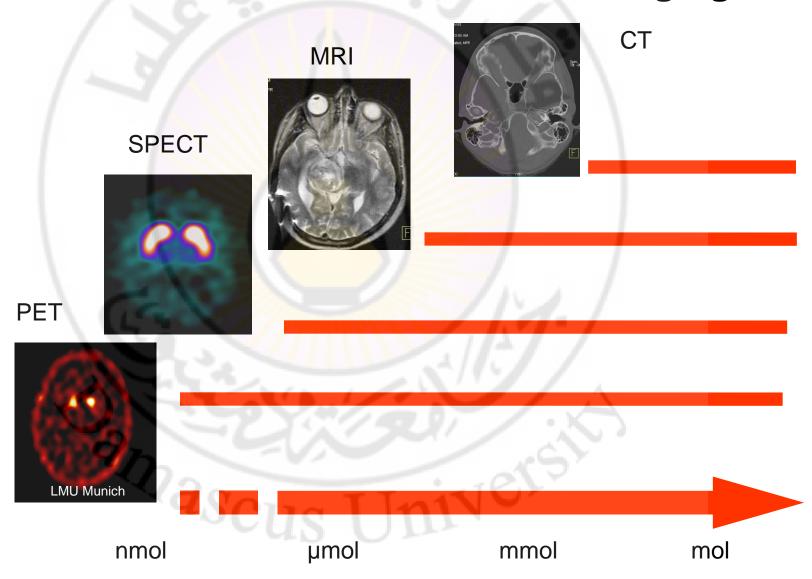
#### **Nuclear Medicine...is Molecular Imaging**



#### **Different Tracers - Different Images**



#### **Nuclear Medicine... is Molecular Imaging**



#### TERMINOLOGY, UNITS, AND MATHEMATICS OF RADIOACTIVE DECAY

#### **Units of Radioactivity**

Two systems for expressing decay or disintegration rates are in widespread use and are potentially confusing. The more widely used system historically was based on the *CUrie*. This unit was based on the disintegration rate of 1 gram of radium and was defined as 3.7 X 10'n disintegrations per second (dps). It is now known that the disintegration rate of 1 gram of radium is slightly different than 1 curie, but the quantitative definition has been widely used throughout the world. Most medical diagnostic applications involve amounts of radioactivity in the microcurie (3.7 X 104 dps) or millicurie (3.7 X 107 dps) range.

An alternative to the curie in the international system of units is the **Becquerel (Bq)**, which is equal to 1 disintegration per second. The relationship between the curie and the becquerel is straightforward if somewhat confusing to those used to the older term.

#### One millicurie equals 37,000,000 Bq, or 37 MBq.

Both terminology systems are used widely in the literature both in the United States and internationally

#### Half-life and Decay Constant

The mathematics of radioactive decay follow from direct physical measurements. The fundamental empirical observation determined early in the history of work with radionuclides is that the number of atoms undergoing decay during any finite period of time is proportional the physical half-life have reciprocal units of time. The half-life can be expressed in seconds, minutes, hours, days, or years. Radionuclides with long physical half-lives have smaller values for the decay constant. That is, a lower fraction of the radioactive atoms undergo disintegration in any given unit of time the longer the physical half-life. From a practical standpoint, most radionuclides used in clinical nuclear medicine must have half-lives of hours or days. This permits shipping from the manufacturing site to the hospital, preparation of the radiopharmaceutical, and imaging. Use of shorter-lived agents is feasible in institutions with radionuclide production facilities such as cyclotrons or special accelerators.

In certain cases radionuclides are obtained from "generator" anascus systems,

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#### **INTERACTIONS OF RADIATION WITH MATTER**

#### **Negatrons (Beta Particles)**

Negatrons or beta particles cause ionization in tissues by electrostatic interactions with orbital electrons

#### **Positrons**

Positrons also give up their kinetic energy through electrostatic ionizations. As the positron approaches thermal energy it undergoes *annihilation* by combining with a negatively charged electron

#### Gamma Rays and X-Rays

There are three processes through which gamma rays and x-rays are attenuated in tissues. Photons can be completely absorbed by the *photoelectric effect* or in *pair production*. They can also undergo scattering or deflection from their original path by the *Compton effect* or *Compton scattering* phenomenon, in which photons give up part of their original energy.

**Pair production Pair** production requires a photon with a minimum energy of 1.02 MeV. The photon energy is converted into one negative and one positive electron. Because the energy required is greater than the photon energies used in medical imaging, this form of attenuation is not important in nuclear medicine.

**Photoelectric absorption** Photoelectric absorption occurs when the total energy of an x-ray or gamma ray photon is transferred to an orbital electron.

Compton scattering or Compton effect In Compton scattering a photon interacts with a weakly bound outer shell electron. Instead of being completely absorbed as in the photoelectric interaction, in the Compton process the photon is deflected from its original direction and continues to exist but at lower energy

Radiation Detection and Instrumentation أجهزة الكشف عن الإشعاع

#### Ionization Chambers, Proportional Counters, and Geiger-Milner Counters

#### Scintillation Detectors: Thallium-Activated Sodium Iodide Crystals

**Gas-filled ionization chambers** are very insensitive to xrays and gamma rays because of the low likelihood of ionizing interactions. The "stopping power" of gas is low. In current practice, **thallium-activated sodium iodide crystals**, **NaI (T1)**, are used as the detector medium for single photon imaging systems. These crystals are optically transparent and have sufficient stopping power for sensitive detection of gamma rays.

### **IMAGING INSTRUMENTATION** أجهزة التصوير الومضاني

#### جهاز الماسح الخطي Rectilinear Scanners

In the 1950s probe systems were adapted into electromechanical devices called *rectilinear scanners.* The geometric field of view of the probe was focused or restricted through the application of collimating devices, and the probes were mounted on mechanical transport systems to systematically traverse back and forth over an organ of interest.

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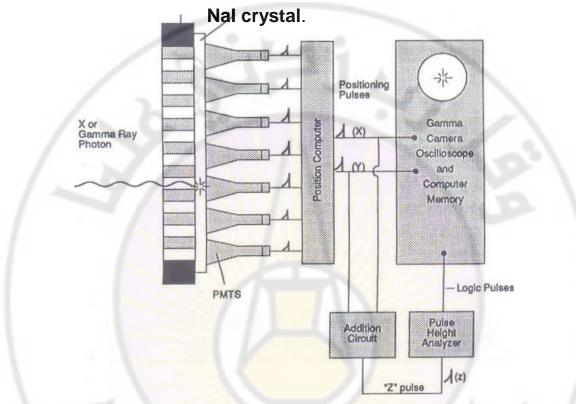
## Gamma Scintillation Cameras جهاز الغاماكاميرا الومضاني

By the late 1960s the rectilinear scanners were progressively replaced by the gamma scintillation camera invented by Hal Anger and also known as the Anger camera. The gamma camera offers far more flexibility than the rectilinear scanner and has been developed into a very sophisticated series of imaging devices that permit dynamic and tomographic imaging, as well as conventional static planar imaging..

The major components of the gamma scintillation camera are illustrated in Figure 2-1. Perhaps the easiest way to understand the way gamma cameras work is to follow a photon through the entire radiation detection and spatial localization process, beginning with the origin of photons in the patient.

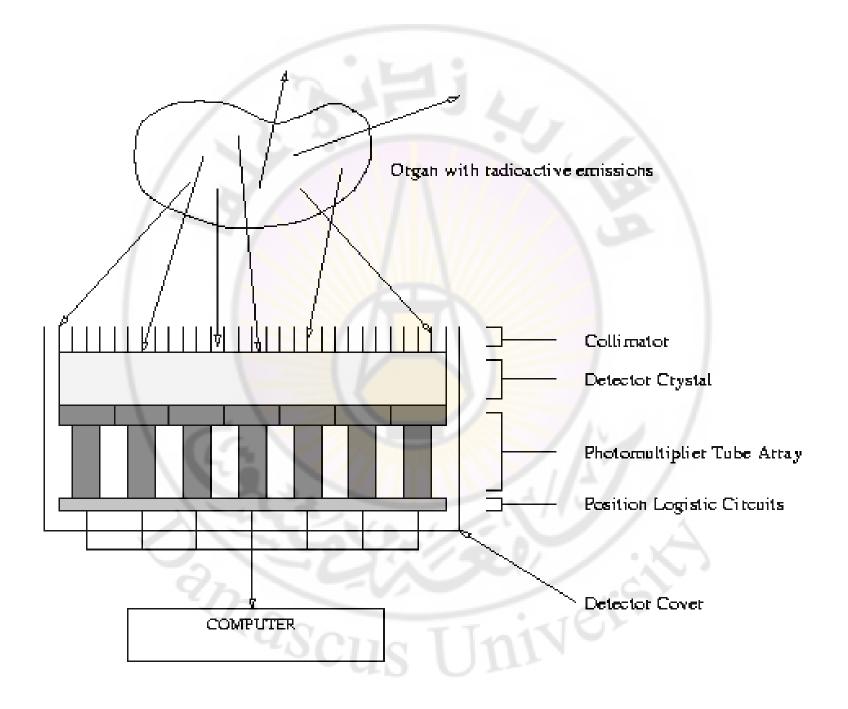


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#### Simplified schematic of gamma scintillation camera.

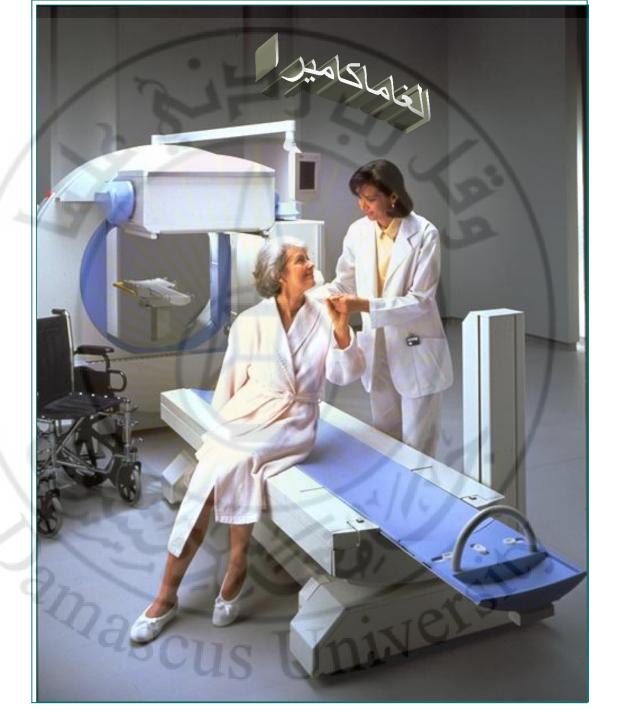
The diagram shows a photon reaching the crystal through the collimator and undergoing photoelectric absorption. The photomultiplier tubes (PMI's) are optically coupled to the NaI (to crystal). The electrical outputs from the respective photomultiplier tubes are further processed through positioning circuitry to calculate x, y coordinates and through addition circuitry to calculate the Z pulse. The Z pulse passes through the pulse height analyzer.

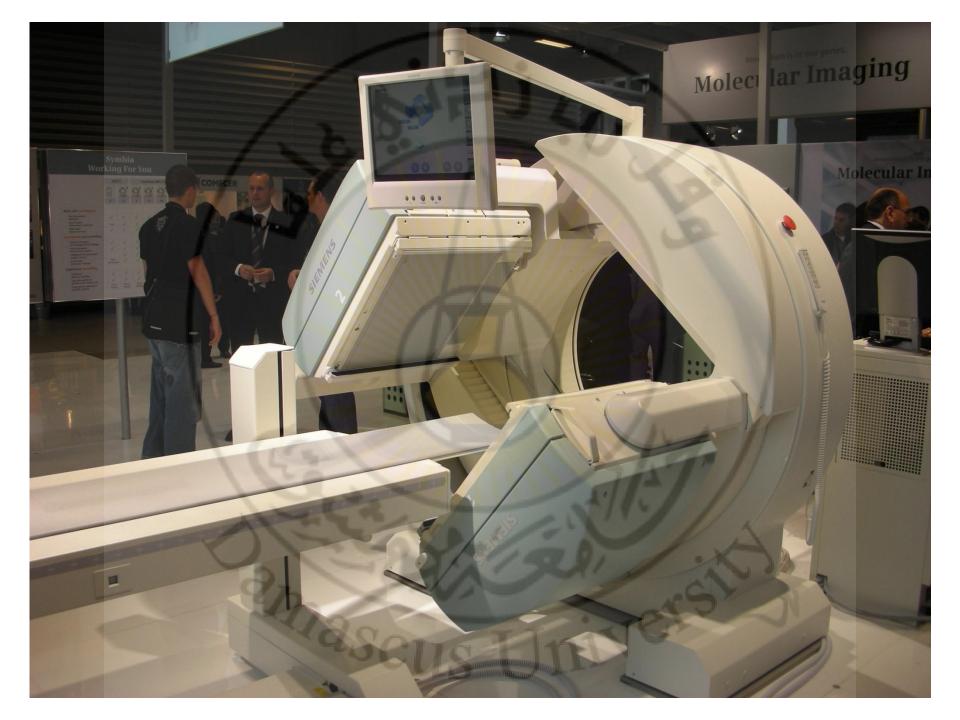




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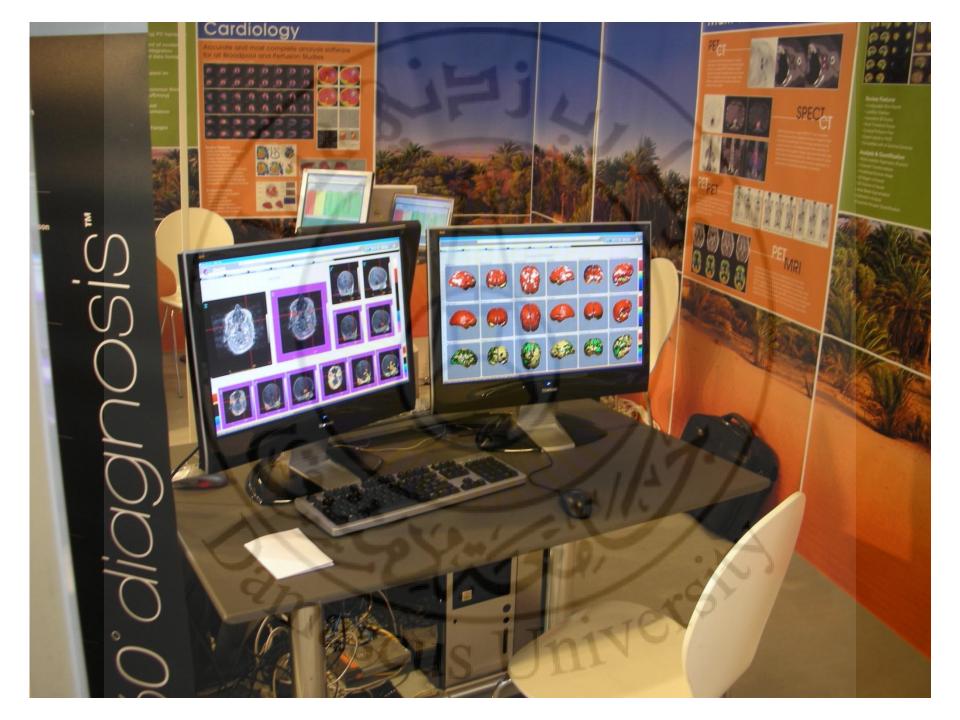












#### COMPUTERS IN NUCLEAR MEDICINE

- **1- Creation of the Digital Image**
- 2- Data Analysis
- **3- Data Display and Formatting**
- 4- RADIONUCLIDE TOMOGRAMY

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**\*** Rotational SPECT

# Nuclear Pharmacy الصيدلانيات الشعاعية النووية ( المواد المشعة)

## RADIOPHARIVIACEITTICALS, RADIOCHEMICALS, AND RADIONUCLIDES

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The term *Radionuclide* refers only to the radioactive atoms. When a radionuclide is combined with a chemical molecule to confer desired localization properties, the combination is referred to as a *Radiochemical*.

The term *Radiopharmaceutical* is reserved for those radioactive materials that have met legal requirements for administration to patients or subjects. This often requires the addition of stabilizing and buffering agents to the basic radiochemical and requires approval in the United States by the Food and Drug Administration (FDA) before an agent is acceptable for routine clinical use.

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## PRODUCTION OF RADIONUCLIDES إنتاج النظائر المشعة

All radionuclides in clinical use today are produced in either nuclear reactors or cyclotrons or other types of accelerators

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## RADIONUCLIDE GENERATORS مولدات النظائر المشعة

These systems consist of a *longer-lived parent* and a shorter-lived daughter.

This combination of half-lives allows for the logistics of shipping the generator from a commercial vendor while still being able to use a daughter product with a reasonable half-life for clinical applications.

مولد الموليبدينيوم ٩٩ - تيكنيسيوم ٩٩ م

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The Mo-99/Tc-99m system, which is ubiquitous in the practice of clinical nuclear medicine.

## MOLYBDENUM-99/TECHNETIUM-99m

## TECHNETIUM CHEMISTRY AND • RADIO- PHARMACEUTICAL PREPARATION

Technetium-99m has become the most commonly used radionuclide based on its ready availability, the favorable energy of its principal gamma photon (140 kev), its favorable dosimetry with lack of primary particulate radiations, and its nearly ideal half life for many clinical imaging studies (6 hours).

### **Technetium-99m labeled radiopharmaccutical**

#### AGENT

Tc-99m-Sodium pertechnetate

Tc-99m-Sulfur colloid

Tc-99m-Pyrophosphate Tc-99m-Diphosphonate Tc-99m-Macroaggregated albumin

Tc-99m-Red blood cells

Tc-99m-Human serum albumin` Tc-99m-DTP.A (pentetate), (diethylenetriamine-pentaacetic acid)

Tc-99m MAG<sub>3</sub> (mercaptoacetyltniglycine) Tc-99m-DMSA (di mercaptosuccinic acid). Tc-99m-HIDA and derivatives(hepatic iminodjacidic acid). Tc-99m-Sestamibi 1'c-99m-Teboroxime TC-99m-HMPAO (hexamethyl propyleneamineoxirne) Meckel's diverticulum detection Salivary gland scintigraphy

### Thyroid gland scintigraphy

APPLICATION

(Brain scintigraphy)Liver/spleen scintigraphy (RES) GI bleeding detectionBone marrow scintigraphyAcute myocardial infarction detection(Skeletal scintigraphy)

### Skeletal scintigraphy

Pulmonary perfusion scintigraphyPeriperal and regional (e.g., liver) arterial perfusion scintigraphy Radionuclide ventriculographyGI bleeding detectionHepatic hemangiOma detectionBlood pool imaging (e.g., radionuclide ventriculography)Renal and urinary tract scintigraphy(GFR)(Brain scintigraphy)Renal scintigraphyRenal cortical scintigraphy Hepatohiliary scintigraphy Myocardial perfusion scintigraphy' Myocardial perfusion scintigraphy Cerebral perfusion scintigraphy

### Radiopharmaceuticals for Single Photon Imaging (Non-Tc-99m)

### AGENT

T1-201 Thallious chloride Ga-67 Gallium citrate Xe-127 Xenon (inert gas) Xe-127 Xenon (inert gas) Kr-81m Krypton (inert gas) 1-131 Sodium iodide I-123 Sodium iodide I-131 Hippuran I-123 Hippuran In-111-labeled white blood cells. –

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In 111 – I 131 labeled antibodies

131-labeled -

proteins and peptides

1-123 lodoamphetamine

#### APPLICATION

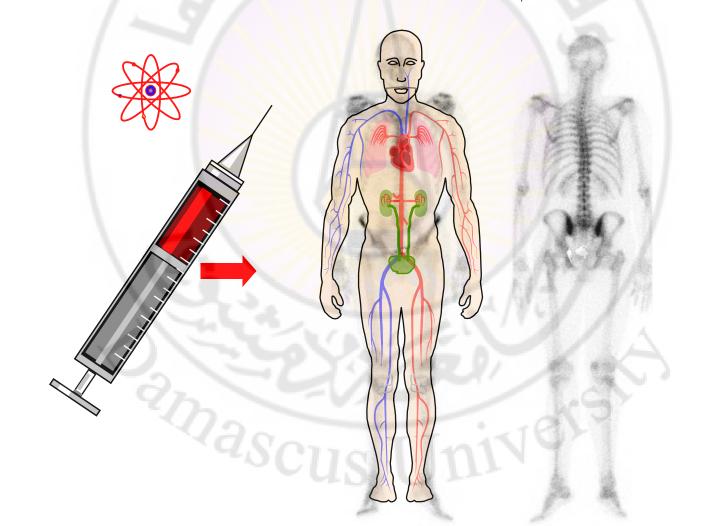
Myocardial perfusion scintigraphy Inflammatory disease

detection

Tumor imaging

Pulmonary ventilation scintigraphy Pulmonary ventilation scintigraphy Pulmonary ventilation scintigraphy Thyroid scintigraphy Thyroid iodine uptake function studies Treatment of hyperthyroidism and thyroid cancer Thyroid scintigraphy Thyroid iodine uptake functions studies Renal imaging and function studies Renal imaging and function studies Inflammatory disease detection Wide variety of Receptor binding and tumor localization studies Cerebral perfusion scintigraphy

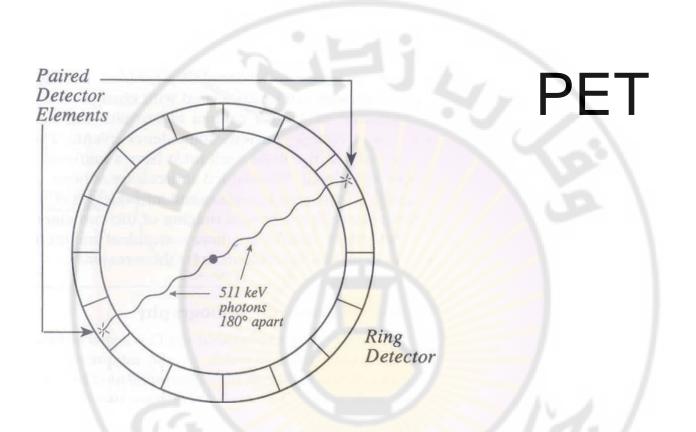
## NM is the Use of Radioactive Isotopes for Diagnosis and Therapy استخدام المنابع المشعة المفتوحة في تشخيص الآفات التي تصيب مختلف أعضاء و أجهزة الجسم و معالجة بعض الآفات الورمية و غير الورمية



## **Positron Emission Tomography**

Positron emission tomography (PET) is a special kind of tomography made possible by the unique fate of positrons. When positrons undergo annihilation by combining with negatively charged electrons, two **511** keV gamma rays are given off in opposite directions 180° apart. In PET imaging, instead of detecting single events, two detectors on opposite sides of the subject are used to detect these paired annihilation photons (Figure 2-28). PET imaging cannot be performed with conventional gamma cameras; specially designed instrumentation is required.

**Instrumentation** Instrumentation for PET has undergone several generations of development. Current clinical systems have multiple rings of detectors so that multiple tomographic planes over a continuous volume of tissue in the patient can be imaged simultaneously. Detectors on opposite sides of the patient are paired (Figure 2-28). Special circuitry allows detection of coincidence events from the two gamma ray photons given off by a single annihilation event. Thus the geometry of the detector ring defines a tomographic plane of interest. This detector geometry suppresses contribution from extraneous and scattered radiation. The detectors are also shielded from the sides to further reduce activity from outside the plane of interest. Even if such activity is not recorded as a coincidence event, it requires electronic processing and potential dead time in the system.



Simplified schematic of a ring detector system for positron emission tomography. The detection of two 511 keV annihilation photons is illustrated.

## RADIOPHARMACEUTICALS FOR POSITRON EMISSION TOMOGRAPHY

#### PERFUSION AGENTS

O-15 Carbon dioxide O-15 Water N-13 Ammonia Rb-82

#### BLOOD VOLUME

O-15 Carbon Monoxide C-11 Carbon Monoxide Ga-68 EDTA

#### METABOLIC AGENTS

F-18	Fluorodeoxyglucose			
O-15				
C-11	Acetate			
C-11	Palmitate			
N-13	Glutamate			

#### TUMOR AGENTS

F-18 Fluorodeoxyglucose

#### RECEPTOR-BINDING AGENTS

F-18 Spiperone

C-11 Carfentanil

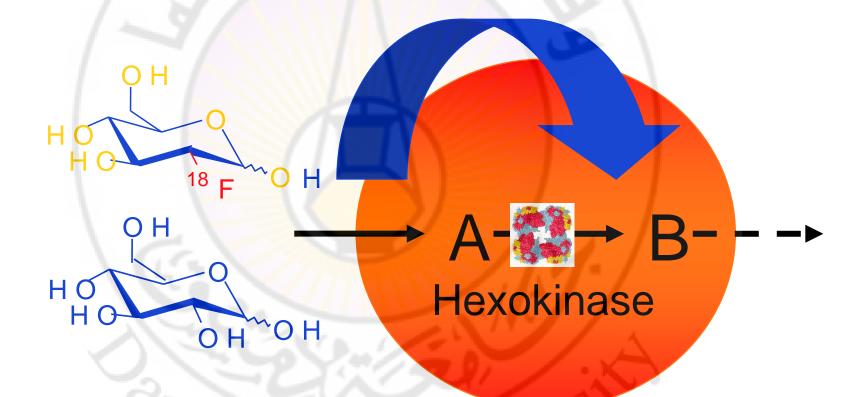
F-18 Fluoro-L-Dopa

*Fluorine-18* has the advantage of a longer half-life than C-11, N-13, or 0-15 (112 minutes) and has found use as a label for the glucose analogue

### F-18 fluorodeoxyglucose.

This pharmaceutical has found widespread application in imaging of the brain, the heart, and a wide variety of tumors throughout the body. Tumors derive their energy from glucose metabolism, and the uptake of F-18 fluorodeoxyglucose is a marker of tumor metabolism and viability.

## **FDG-PET - Glucose Metabolism**



FDG = Fluor-18-Deoxyglucose

# PET/CT- The Future for NM = Fusion PET



# Nuclear Medicine in Endocrine System الطب النووي في الغدد الصم

### Dr. Majdi Zein

M.D. PhD in Nuclear Medicine Damascus University Al-Assad University Hospital Head Department of Nuclear Medicine

### Thyroid Imaging and Function Studies

Radiopharmaceuticals

### Technique Radiopertechnetate imaging Radioiodine-123 Thallium-201 Iodine-131: Postoperative and follow-up imaging for thyroid carcinoma Clinical applications Appearance of the normal thyroid scintigram Interpretation of the abnormal thyroid scan Scintigraphic detection of thyroid cancer metastases Thyroid function studies **Radioiodine Treatment of Hyperthyroidism and Thyroid Cancer** Adrenal Scintigraphy Adrenal cortical scintigraphy Radiopharmaceuticals Technique Interpretation of the normal adrenal cortical scintigram Clinical applications Adrenal medullary scintigraphy Radiopharmaceuticals Technique **Precautions** Interpretation of the normal MIBG scintigram **Clinical applications Parathyroid Scintigraphy**

## THYROID IMAGING AND FUNCTION STUDIES

## ومضان الدرق و الدراسات الوظيفية

Thyroid scintigraphy remains uniquely suited to 1- The determination of the functional status of thyroid nodules,

2- the detection of extra thyroidal metastases from differentiated thyroid carcinoma,

3- and in establishing the thyroid as the tissue of origin of mediastinal masses.

The thyroid scintigram has the advantage over cross sectional techniques of *depicting the entire gland in a single image* and *allows physical findings to be correlated with specific abnormalities in the image.* 

# Radiopharmaceuticals النظائر المشعة المستخدمة للتصوير الومضاني للدرق

The principal radiopharmaceuticals employed for thyroid imaging include **Iodine-131**, (I-131) Iodine-123, (I-123) Technetium-99m. (Tc99m) Thallium-201 (Tl 201) has also been used selectively in studies of thyroid cancer

#### Xe131\*\* Xe123 Xe124 Xe125\*\*\* Xe126 Xe129\*\* Xe130 Xe128 Xe127 57.1 11.9d 2.00 h 17.1h 1.15 m 36.4 d 5.89 d 0.10 0.09 1.91 4.1 21.2 26.4 8-1.51, 17 1.40 17 172.5. 4 11.196.6. T-163.8. 148.9, 178.0. + 112 #\* 475 V 202 8. . . -. 39 6. \* 330.7. 1247 1721. + 188.4. - 28-1.4E2L 10 - 01 Jr - 21, 4.4.25 F. LS+41, (4E1+7) ~ L4\*SL [18+7] 243.4. 882+3831 B - SE 11 -25E1 7 3 7 03 82.68 23 905854 E 1.855 125.80427 1 643 127.903531 124.003505 130 905049 128.904780 1122 14 1123 5.10 1124 1129 1130 \*\* 1126 1127 \*\* 1125 1128 2+ 3.6 m 13.2 h 4.18d 60.1 d 9.0 m | 12.36 h 13.0 d 25.00 m 1.57E7 a 100 e. A- 2 14, 1.83, IT 48.2. Ceal. # 2.12. 30.8.8 # 1.04. - 15-R.D. 442.9. 1.1 10.0 ..... 100.0 1:25. 戰 1.1.Marile 8E2, 1.4E4 0, 62, -1.5082 - (20410), MET × 538.1. . 16.2 \$ 4.23 81234 6 3 157 8.178 E\*2.181 611.21 £12.125 E-1.258 8.191 22.64 124.904475 Te123 1V- Te121 Te129 \*\* Te122 le12. Te125 \*\* Te127 \*\* 6128 Te126 \$2/--154d 16.8d 58 d 33.6d 1.16h 109d | 9.4h 4.79 2.59 7.12 18.93 31.70 17 109 3. 159.0 13E13 121.8.4 TRA. 3. 0 49. 105.5. 1 1.45. 17127 \$ 673.1 . × #12.8. ñ 1 35.5 \$07.8. 8" 1.81. SHO T who + 459.8. ¥ 37.6. 1102.2. · (1+3), 8E1 LO4+TL B \*\* (13+.8% (874+-1.44) 27.8. 4212,8863 . 1.8. 21 . 855.9. 17.11a L OS mil 121.903053 127.804464 E1.04 E D42 122 90437 123.002818 124.904429 125.000310 E.494 1.501 Sb121\*\* Sb12 Sb120 ' Sb122 Sb123 7\*\* \*\* Sb124 Sb125 Sb126 5.4 Sb128 \* 100 4.21 m 2.70 d 5.76 d 15.89m 20.3 m 60.20d 2.758 # -11s 12.4d 3.84 d 10.1 m | 9.1 h 57.4 1770 ... 42.6 1.0 K. 8 1.72. 1263. 8 1.414 10.90,# 302, 13, 427 8, 600 ## 1.1C 1 2.6. 1 23. 1001 7 STO. 6 m 644.4. 743.4 1171.4 8852, 475.8. 7 743.A. 61.4D, 9.564.1e 19.0 m t. 634.9. (05+5.95 1023.1, + 1171.4, 102+04+4.01 784.0.1 635.9, 463.4. 754.0, 部 197.30, 2.062 1.362 414.4. 314.1. ..... A+ 82. 2112 £"1.380 E\*1.619 22.68 120.900820 122.904215 8.762 13.43 E 1.58 115 E 4.58,

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# **Isotopes of Iodine**

Isotope	Emissions	Half-life	Uses	
I-123	EC	13.2 hr	Diagnostic Scanning	
I-124	Positron (B+) Auger, EC	4.2 d	Diagnostic Scanning	
I-125	EC	59.4 d	Immunoassays	
I-129	Beta -	15M yrs	none	
I-131	Beta - Gamma	8d	Diagnostic and Therapuetic	



### اليسود المسلح ١١، ١ لمواصفات و الخصائص و طريقة الإعطاء

Mode of decay: Beta minus + Gamma rays. Physical half-life : 8.1 days Photon energy: 364 keV DOSIMETRY\*: SODIUM IODIDE -131 ADMINISTERED ORALLY

### Box 13-2 Iodine-123: Summary of Physical Characteristics and Dosimetry

PHYSICAL CHARACTERISTICS

Mode of decay: Electron capture (Gamma rays). Physical half-life : 13.2 hr. Photon energy: 159 keV **DOSIMETRY\*:** SODIUM IODIDE CAPSULES ADMINISTERED ORALLY

### Box 13-3 Technetium 99m: Summary of Physical Characteristics and Dosimetry

## التيكنيسيوم المشع ٩٩م 99mTc لمواصفات و الخصائص و طريقة الإعطاء

Mode of decay: Isomeric transition. (Gamma rays). Physical half-life : 6 hr. Photon energy: 140 key.

# DOSIMETRY':

SODIUM PERTECHNETATE ADMINISTERED INTRAVENOUSLY





**PATIENT PREPARATION:** Discontinue any medications that interfere with thyroid uptake of radioiodine, **DOSAGE AND ROUTE OF ADMINISTRATION** 100-400 ILO administered orally in capsule form. TIME OF LM AGING Image at 6 and/or 24 hr. **PROCEDURE** Use a gamma camera with pinhole ollimator Position the patient supine

## Box 13-4 Tc-99 Pertechnetate Thyroid Imaging: Protocol Summary

### **PATIENT PREPARATION**

Discontinue any medications that interfere with thyroid uptake of Tc-99m pertechnetate. DOSAGE AND ROUTE OF ADMENTISTRATION 1-10 mCi (37-370 MBq) Tc-99m pertechnetate -administered IV. TIME OF IMAGING 20 min after radiopharmaceutical administration. PROCEDURE Use a gamma camera with a 3-6-mm-aperture- pinhole collimator and a 20% energy window centered at 140 key. Position the patient supine with the chin up and neck extended.

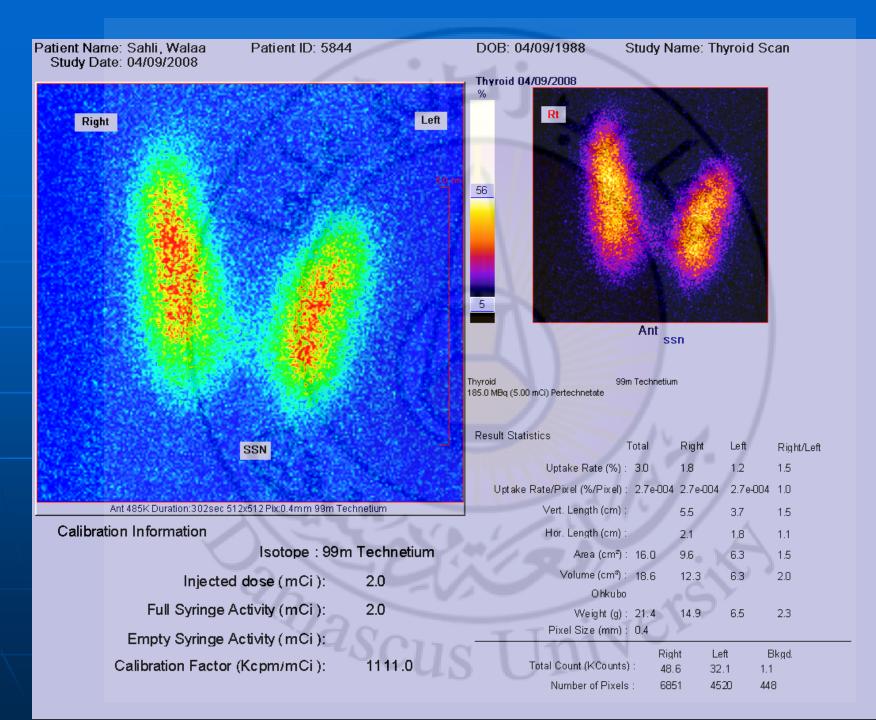


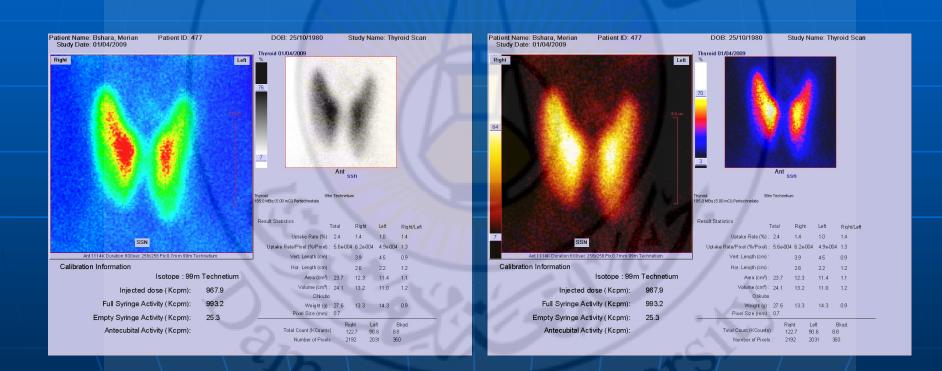




Normal thyroid scintigram obtained with 1-123. The sternal notch is indicated,

## THYROID Uptake: 25%





### استطبابات التصوير الومضائي للدرق Indications for Thyroid Scan

1-Further evaluation of physical examination findings.

2- Detection of metastases in patients with thyroid carcinoma.

3-Follow-up after radioiodine therapy for differentiated thyroid cancer.

4-Determination of functional status of thyroid nodule.

5-Differential diagnosis of mediastinal masses. 6-Detection of extrathyroidal tissue (lingual thyroid).

7-Screening after head and neck irradiation.



Patient Name: Badreia, Saaied Study Date: 14/05/2009 Patient ID: 7476

Calibration Information

Empty Syringe Activity (mCi): Calibration Factor (Kcpm/mCi ):

Right

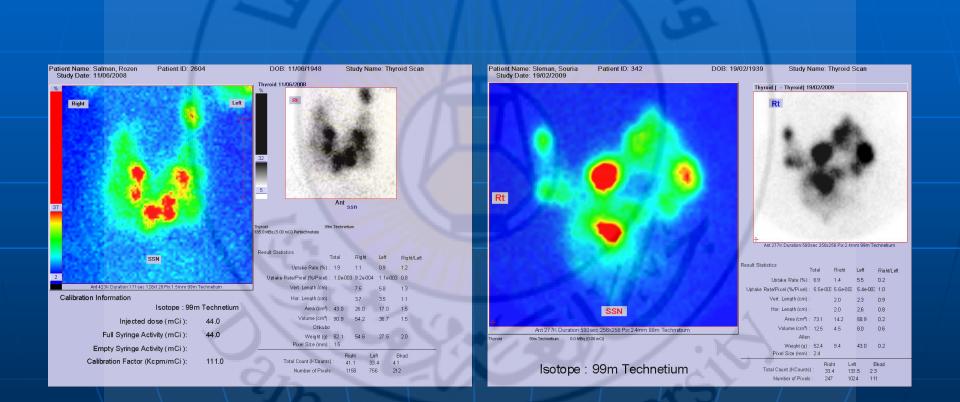
DOB: 14/05/1969 Study Name: Thyroid Scan

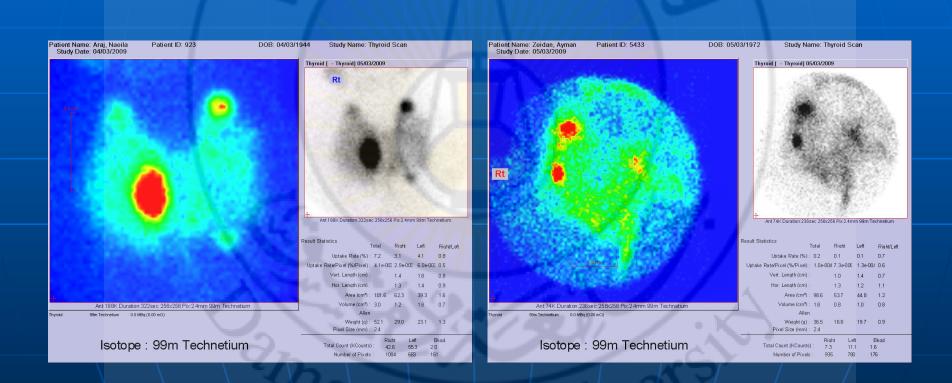
Thyroid 14/05/2009 Ant Thyroid 185.0 ME Result Statistics Ant 306K Duration:140sec 256x256 Pix0.7mm 99m Technetium Isotope : 99m Technetium Injected dose (mCi): 10.0 Full Syringe Activity (mCi): 10.0

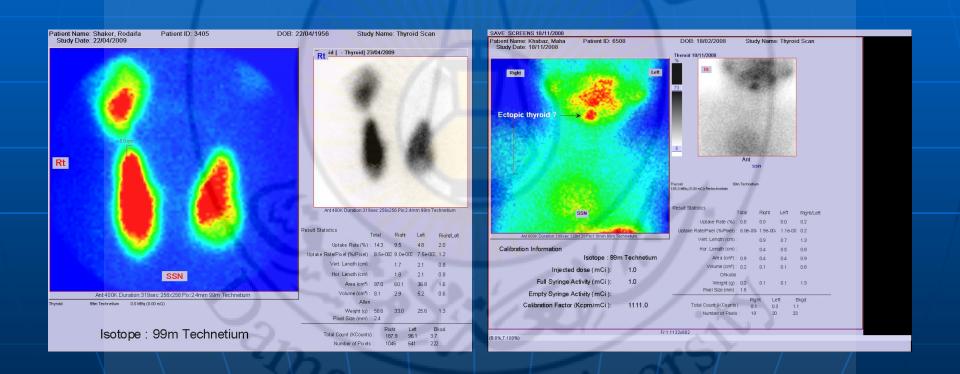
666.0

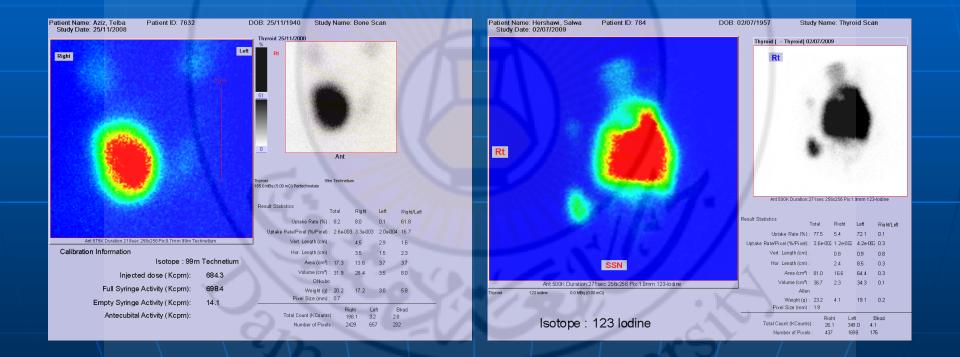


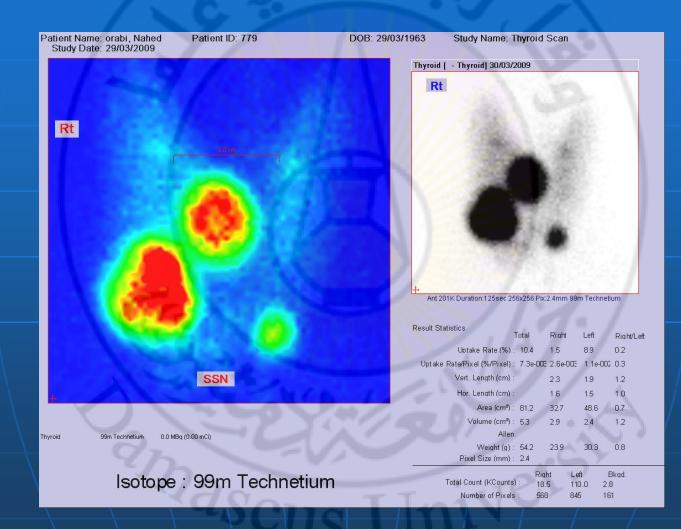
Optake Rate (%) :	3,5	1.9	1.4	1.4	
Uptake Rate/Pixel (%/Pixel) :	6.7e-004	6.0e-004	4 8.0e-0	04 0.7	
Vert. Length (cm) :		5.2	4.0	1.3	
Hor. Length (cm) :		3.5	0.5	6.6	
Area (cm²) :	27.4	17.7	9.7	1.8	
Volume (cm <sup>®</sup> ) :	34.7	34.1	0.6	57.5	
Ohkubo					
Weight (g):	36.9	26.0	11.0	2.4	
Pixel Size (mm) :	0.7				
Total Count (KCounts)	Rig		.eft	Bkgd	
Total Count (KCounts)	° 58.			2.2	
Number of Pixels	: 315	0 1	728	318	

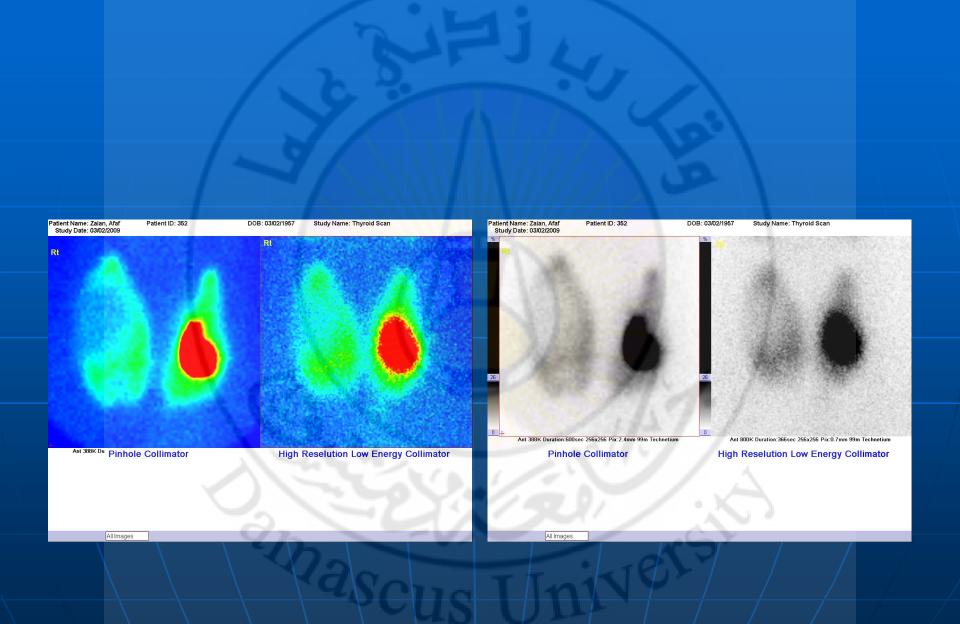


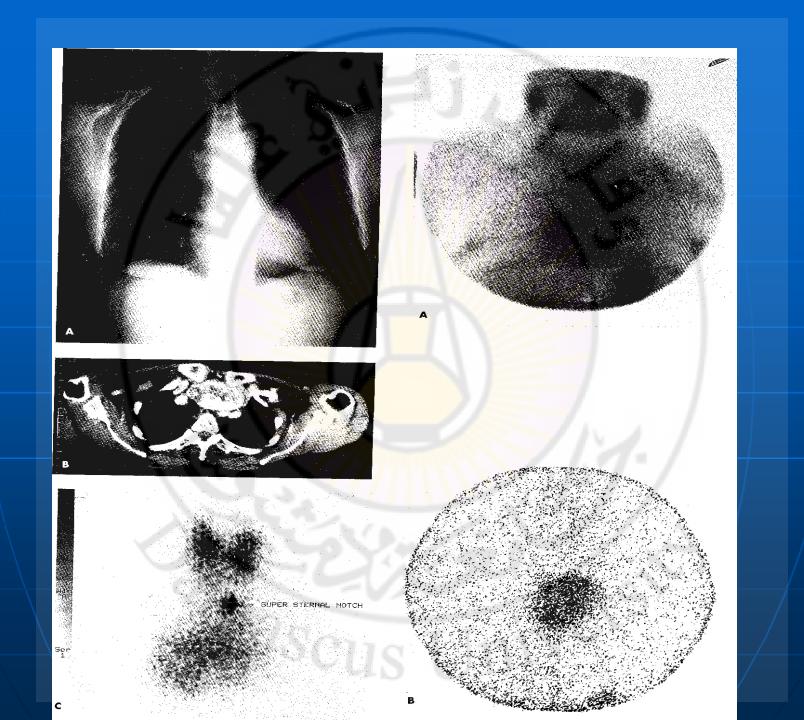


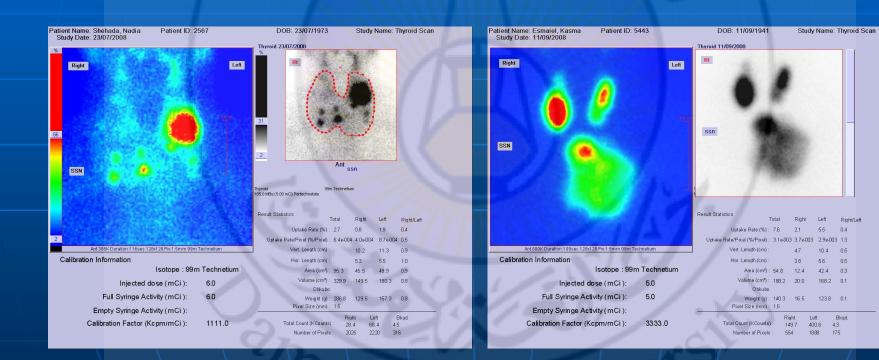


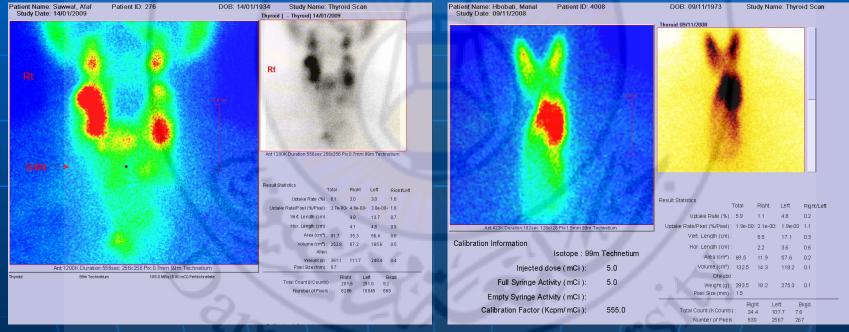






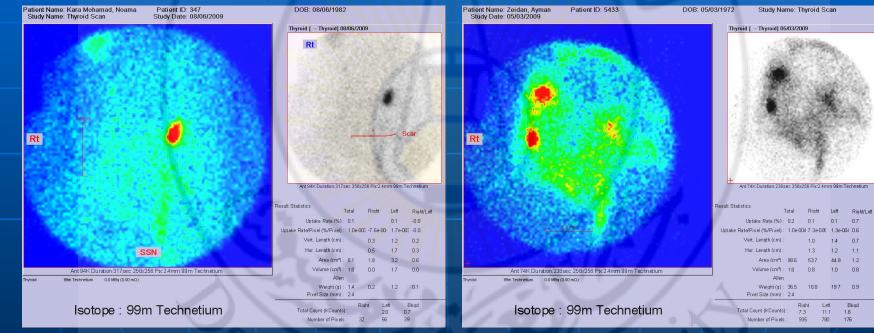




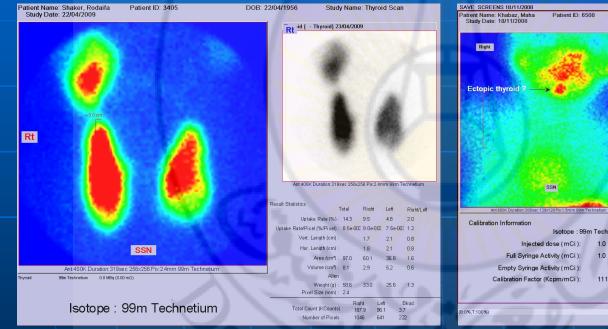


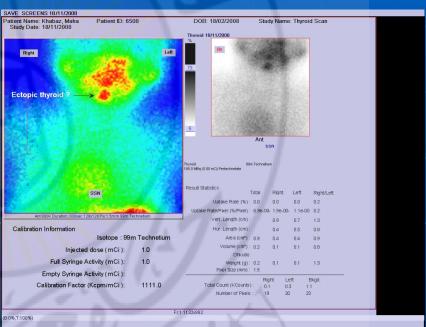
DOB: 09/11/1973

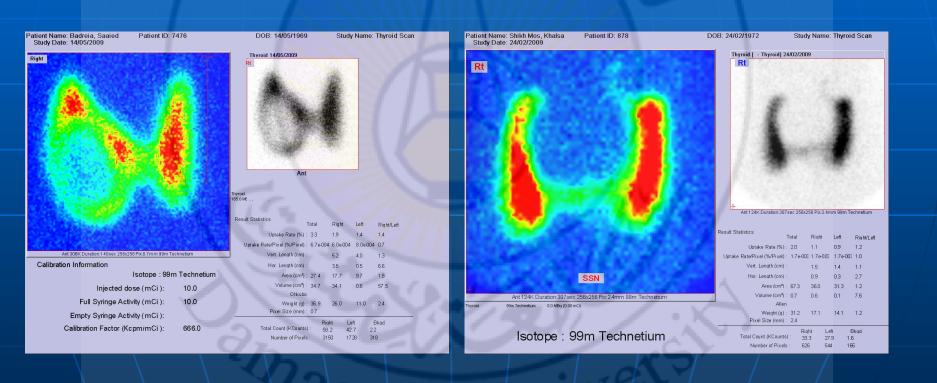
Study Name: Thyroid Scan



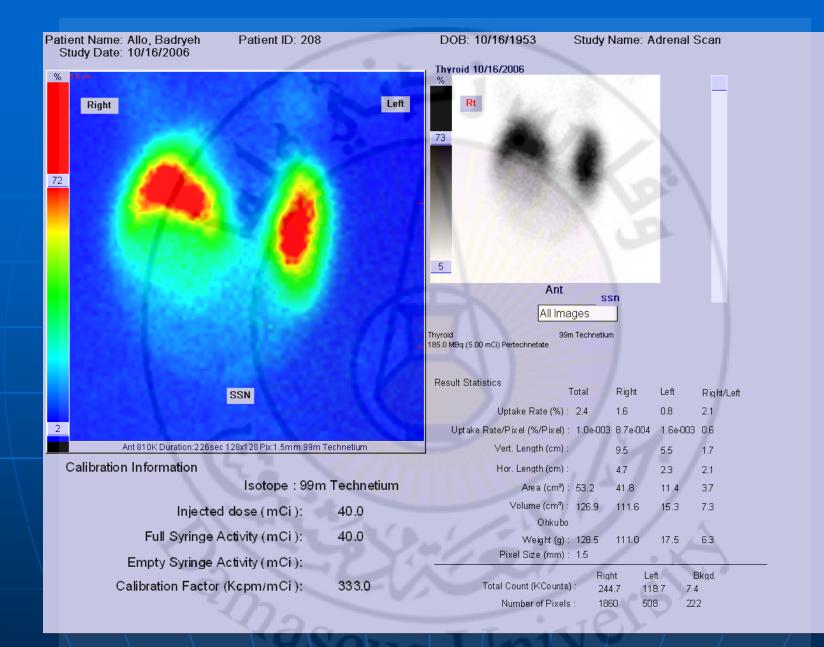
Study Name: Thyroid Scan

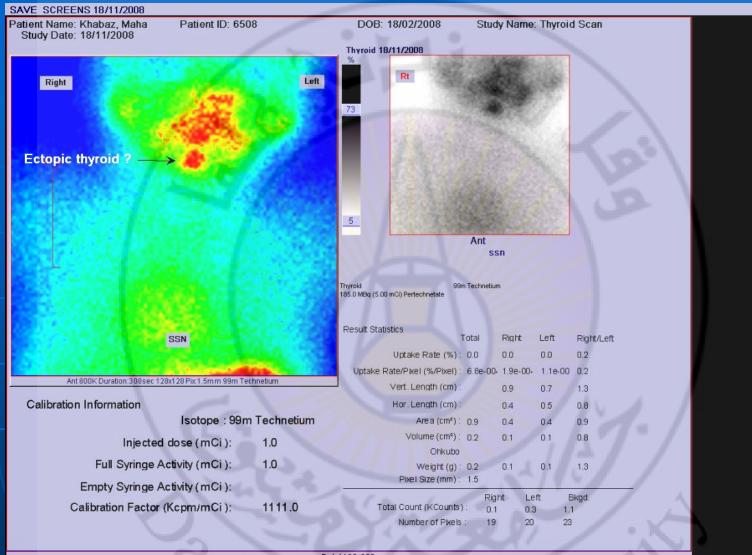






Retiset Name: Thyroid Scan	Patient ID: 1066 Study Date: 7/20/2004	DOB: 7/20/1962					
*7/20/1962		d 7/20/2004					10.
M 42Y 7/20/1962, M, 42Y			12.234		10.00		
STUDY 1	Stand Real			1			_
	70		. 33				_
1 IMA 3	2 01 m		ł	5.1			_
83							
RI	6	11111	1224				
		Ant	t 301K Duration	n:255sec 1 :hnetium	28x128 99m		
		1.1///////	100	inicuditi			
	Thyroid 185.0 MBc	.99m Tec (5.00 mCi) Pertechnetate	hnetium				
SSA.	The state of the s						
CALL STREET, ST	AND ALL	Result Statistics		Total	Right	Left	Right/Left
8	BBB AND	Lintal	ke Rate (%) :		0.9	0.7	1.3
		Uptake Rate/Pixe					
Ant 301K Duration 265 sec 128×128 Pix:1. Calibration Information	5mm 99m Technetium		Length (cm) :		6.7	6.6	1.0
	ope : 99m Techne <mark>tium</mark>		_ength (cm) :		3.7	2.7	1.4
Injected dose (Ko	:pm): 952.6		Area (cm²) :	34.2	20.8	13.5	1.5
Full Syringe Activity (Ko	:pm): 961.5	Va	olume (cm³) :	74.4	49.0	25.4	1.9
Empty Syringe Activity (Ko	:pm): 8.9		Allen				
			Weight (g) :				
	2-01	Pixel	l Size (mm) :		<u> </u>		
		Total Count	t (KCounts) :	35			3kgd. 1.1
	Pascus	Numb	er of Pixels:	92	26 5	599 1	<sup>33</sup> 895*1132
		id Results					





(B:0%,T:100%)

Fr:1 1132x882

#### Box 13-8 Differential Diagnosis of Thyroid Nodules

#### BENIGN

Colloid nodule Simple cyst Hemorrhagic cyst Adenoma Thyroiditis (focal) Abscess . Parathyroid cyst or adenoma

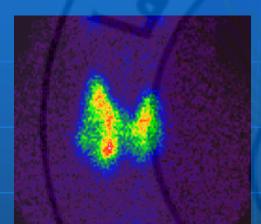
### MALIGNANT

Thyroid cancer Papillary Follicular Anaplastic Medullary Lymphoma Metastatic carcinoma Lung Breast Melanoma Gastrointestinal Renal

### 10-15% OF

# COLD NODULES ARE MALIGNANT

## Thyroid Scanning with Tc-99m-Pertechnetate Well Established, Unequaled Performance



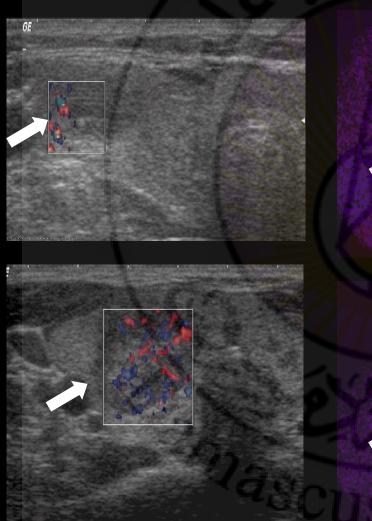
### Thyroid Ca

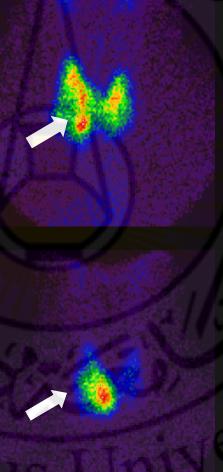
### Autonomous Adenoma

<u>Indications</u>: Hyperthyroidism, Dx. of autonomous nodules <u>Competitor</u>: Practically none, ultrasound complementary <u>Advantage</u>: Information on rate of hormone synthesis

# Nuclear Medicine versus Radiology Suspicious Thyroid Nodule







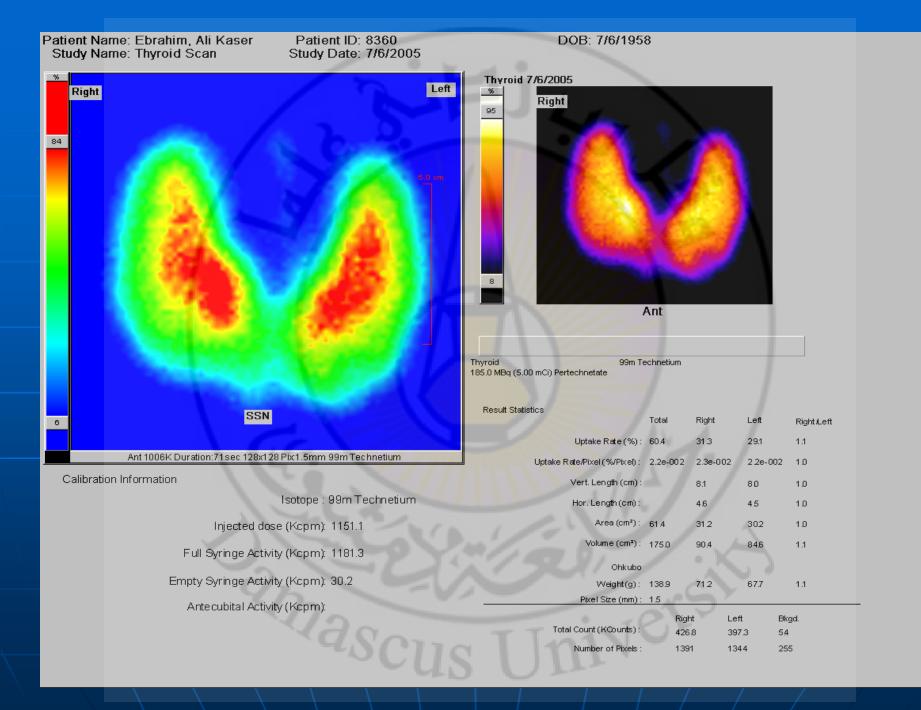
"Cold lesion": Malignancy ?? => biopsy or surgery

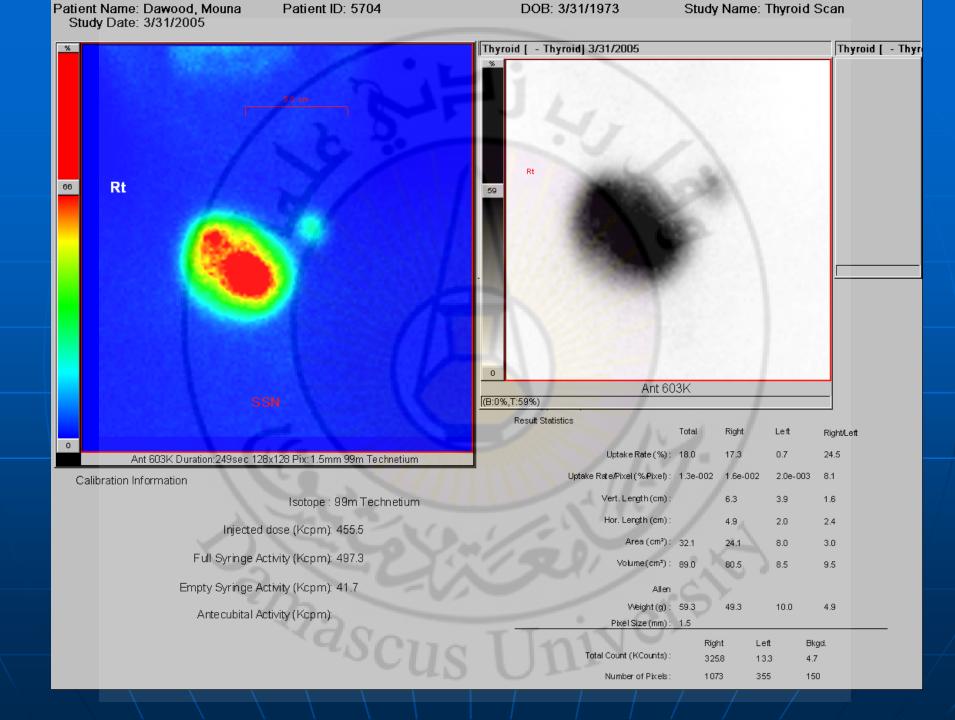
"Hot lesion": => antithyroid drugs, lodine-131 or surgery

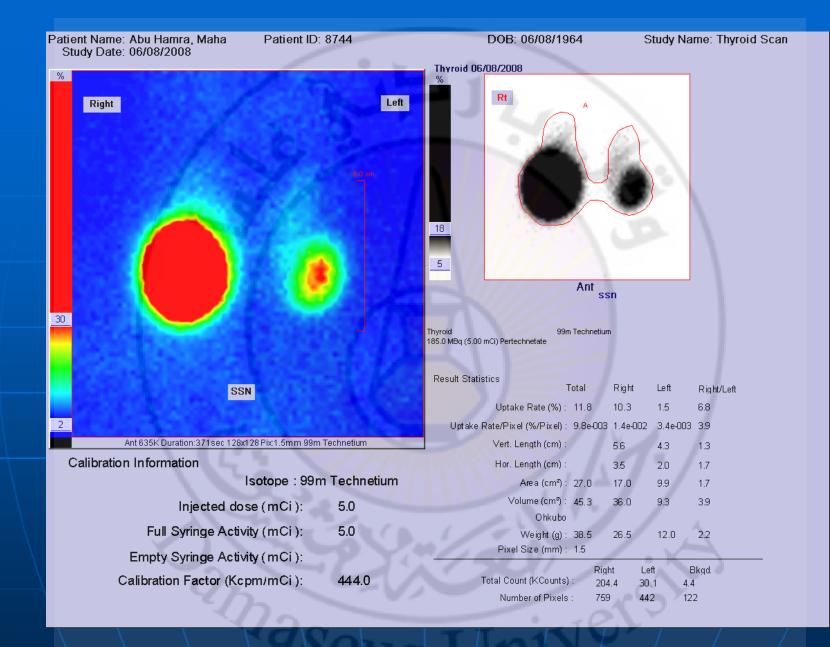
# معالجة فرط نشاط الدرق باليود المشع ١٣١

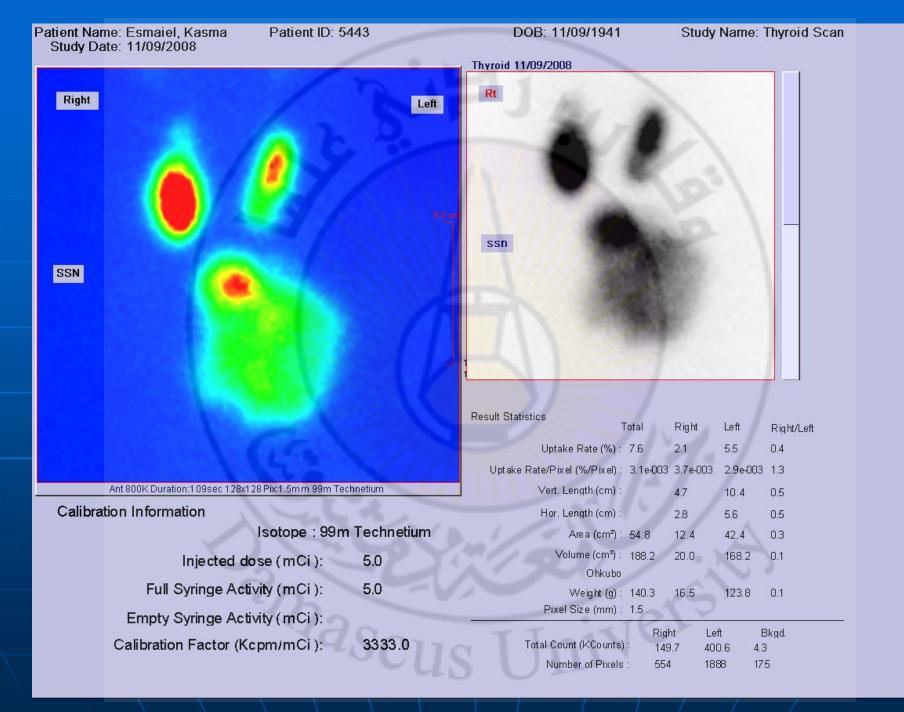
# RADIOIODINE TREATMENT OF HYPERTHYROIDISM

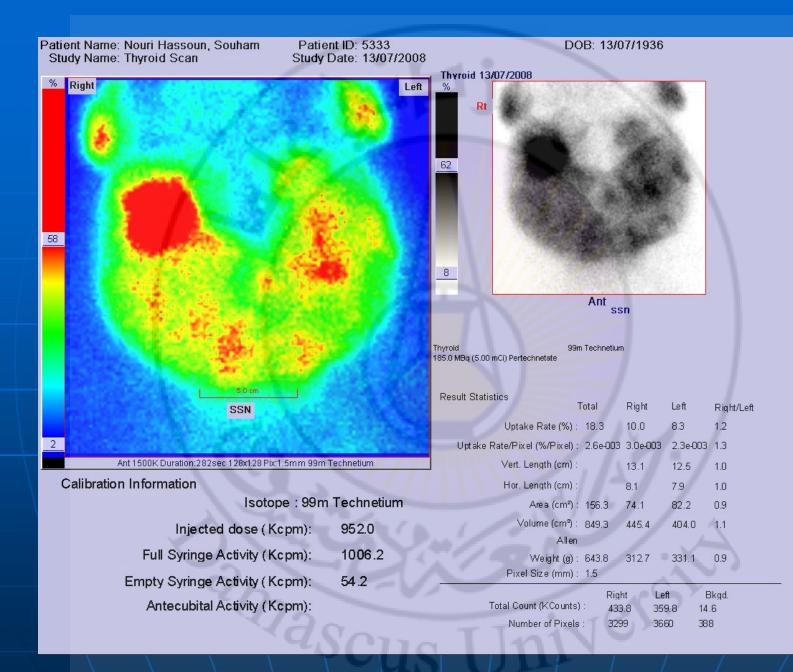
## Dose: 8 - 29 mCi -

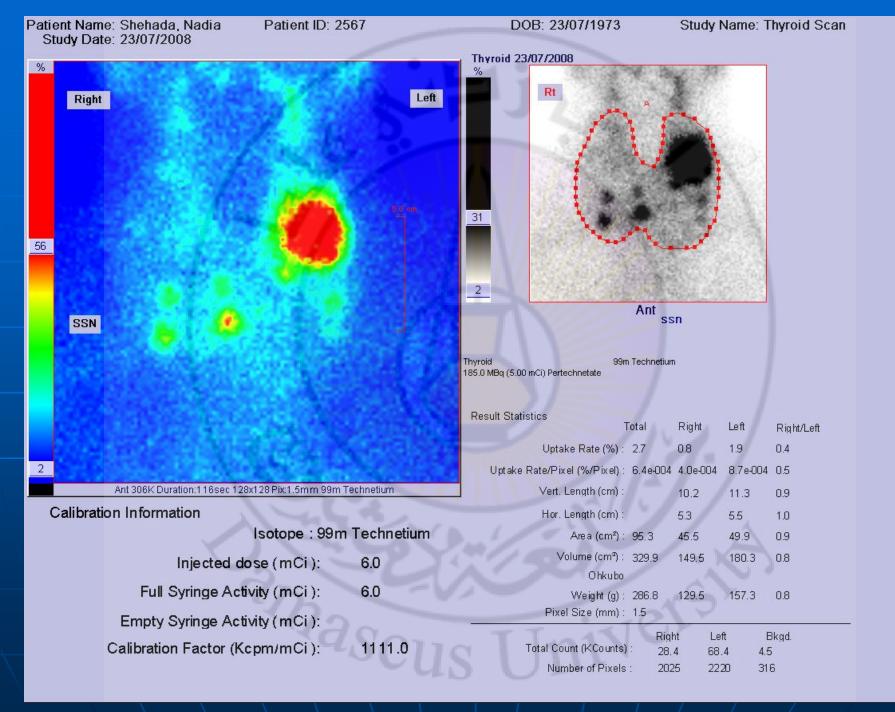


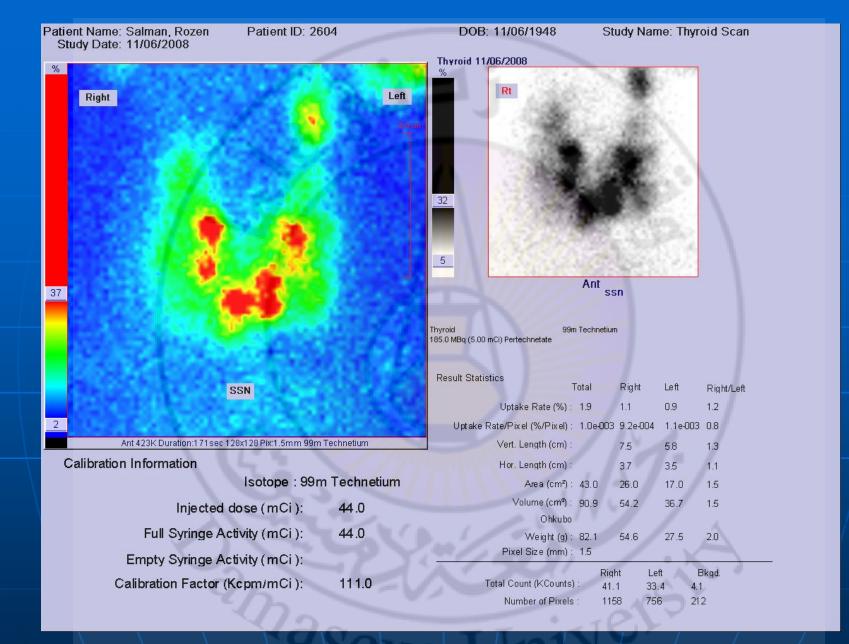


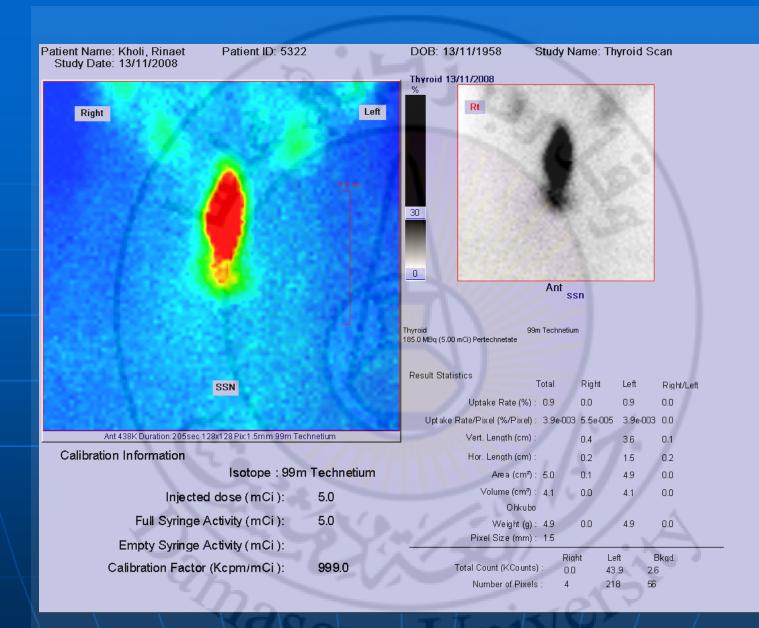


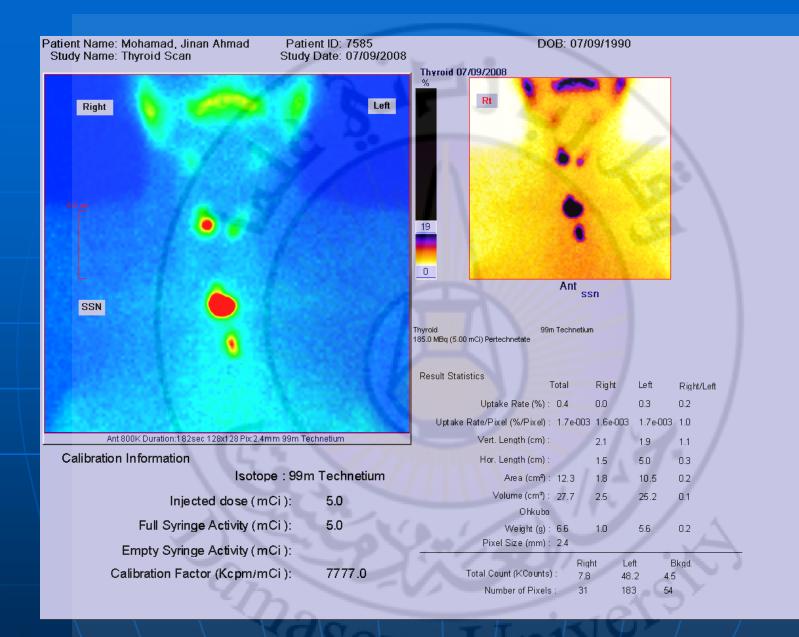




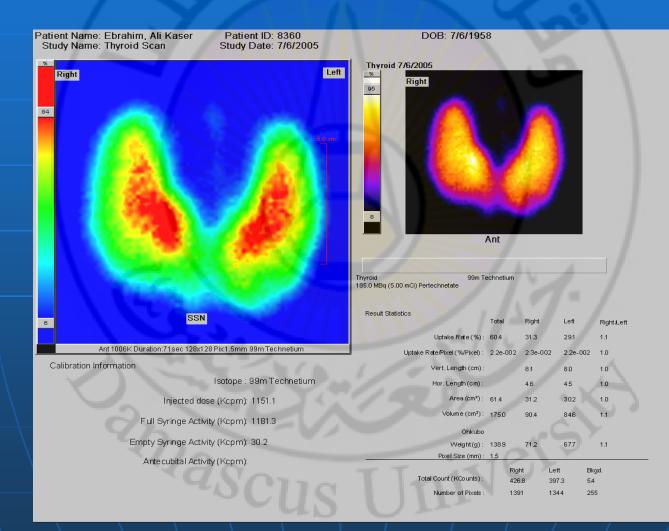








# معالجة فرط نشاط الدرق باليود المشع ١٣١



#### معالجه الا 2 011 الدرقي السنام المشع ١

Study Name: Thyroid Scan Patient Name: Dawood, Mouna Patient ID: 5704 DOB: 3/31/1973 Study Date: 3/31/2005 Thyroid [ - Thyroid] 3/31/2005 Thyroid [ - Thyr - 96 Rt 66 59 0 Ant 603K (B:0%,T:59%) **Result Statistics** Total Right Left Right/Left Uptake Rate (%): 18.0 17.3 0.7 24.5 Ant 603K Duration:249sec 128x128 Pix:1.5mm 99m Technetium Uptake Rate/Pixel (%/Pixel): 1.3e-002 2.0e-003 1.6e-002 8.1 Calibration Information Vert. Length (cm): Isotope : 99m Technetium 6.3 3.9 1.6 Hor. Length (cm): 4.9 2.0 2.4 Injected dose (Kcpm): 455.5 Area (cm²): 32.1 24.1 8.0 3.0 Full Syringe Activity (Kcpm): 497.3 Volume(cm3): 89.0 80.5 8.5 9.5 Empty Syringe Activity (Kopm): 41.7 Allen Weight (g): 59.3 49.3 10.0 4.9 Antecubital Activity (Kcpm): Pixel Size (mm): 1.5 Right Left Bkgd. Total Count (KCounts):

325.8

1073

Number of Pixels:

13.3

355

4.7

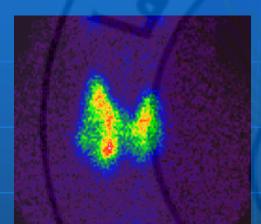
150

# معالجة الكارسينوما الدرقية

# THYROID CARCINOMAS

- treatment of thyroid carcinomas by
  - surgery
  - radioiodide therapy
  - TSH-suppressive T4-application
  - (chemotherapy, external radiation)
- usually good prognosis
- dedifferentiated thyroid carcinomas (~ 30 %) resistant to standard therapy due to loss of thyroid-specific functions
- anaplastic thyroid carcinomas: mean survival  $\leq$  8 m
- alternative therapeutic concepts desirable

## Thyroid Scanning with Tc-99m-Pertechnetate Well Established, Unequaled Performance



### Thyroid Ca

### Autonomous Adenoma

<u>Indications</u>: Hyperthyroidism, Dx. of autonomous nodules <u>Competitor</u>: Practically none, ultrasound complementary <u>Advantage</u>: Information on rate of hormone synthesis RADIOIODINE TREATMENT OF THYROID CANCER المعالجة باليود المشع لسرطان الدرق

Radioactive iodine is also used in the treatment of differentiated thyroid cancer. It is not useful for treating anaplastic and medullary tumors. It is fair to say that there is a vast divergence of opinion on how and when to employ radioactive iodine.

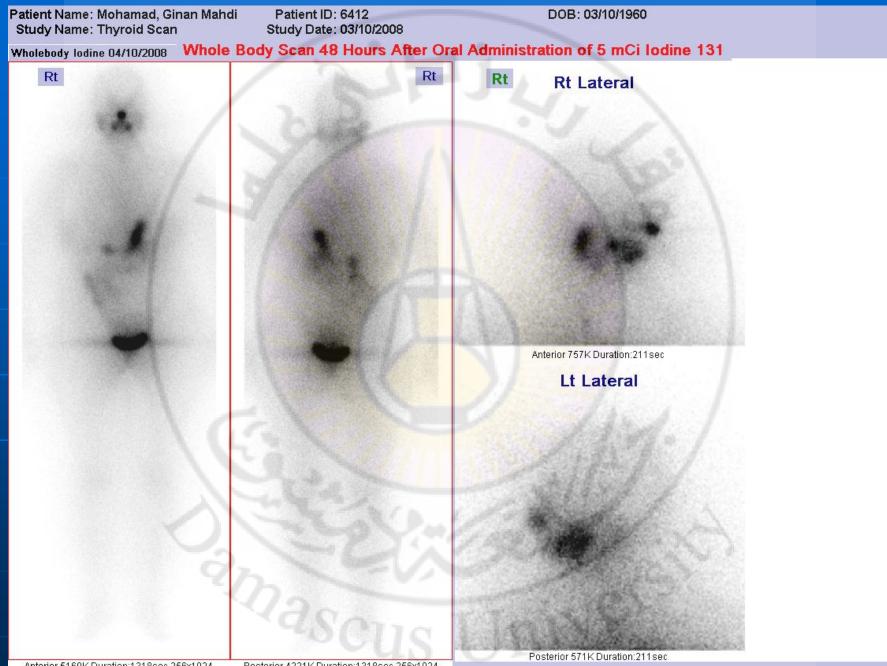
Metastatic disease is most common locally in the neck. Distant metastases are most common in the lung and skeleton. An initial dose of 150 to 200 mCi is administered after appropriate patient preparation. Repeated doses up to a total of 1 Ci may be required. Skeletal metastases are more difficult to eradicate than lung metastases

### المسح الومضانى لكامل الجسم باليود المشع ١٣١

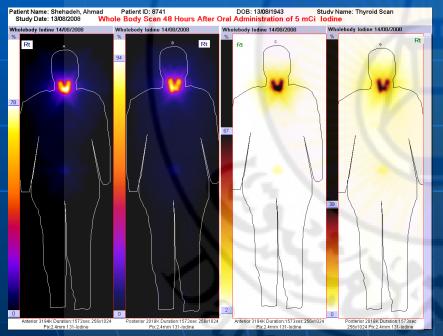
Box 13-6 I-131 Whole Body Imaging in Thyroid Cancer: Protocol Summary

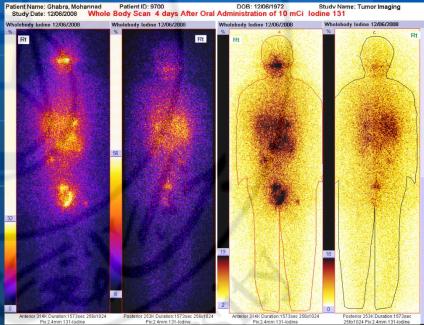
Discontinue thyroid hormone for a sufficient period (Ti for 6 wk, T., for 2-3 wk) to ensure an endogenous TSH response. **DOSAGE AND ROUTE OF ADMINISTRATION** 2-5 mCi (74-185 IVII3q) administered orally. IMAGING TIME Image at 24 hr Repeat at 48 and 72 hr for equivocal findings. PROCEDURE Use a wide field of view gamma camera.





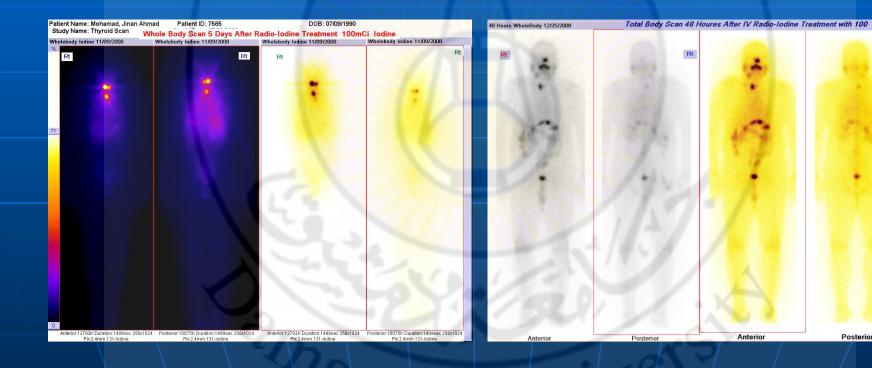
Anterior 5160K Duration:1318sec 256x1024 Pix:2.4mm 131-lodine Posterior 4221K Duration:1318sec 256x1024 Pix:2.4mm 131-lodine



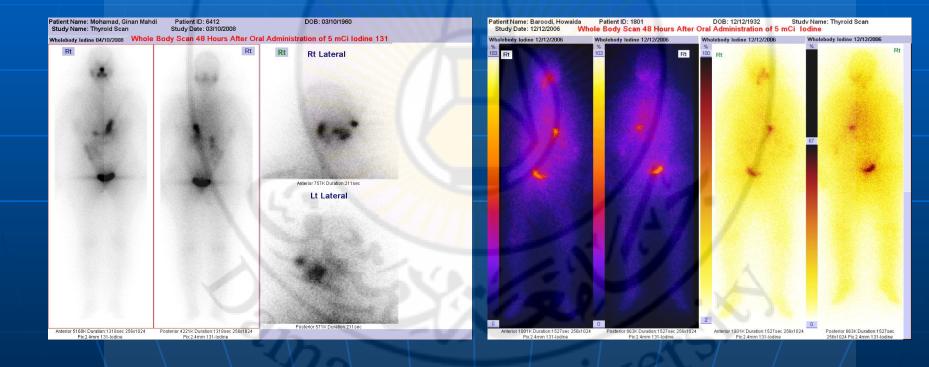


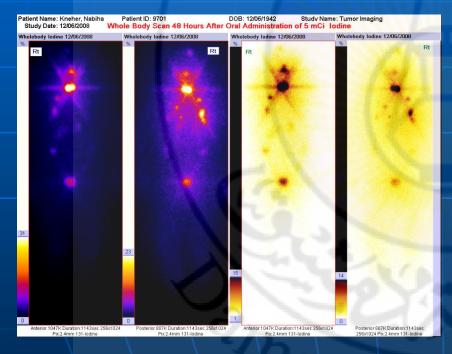
Study Name: Tumor Imaging

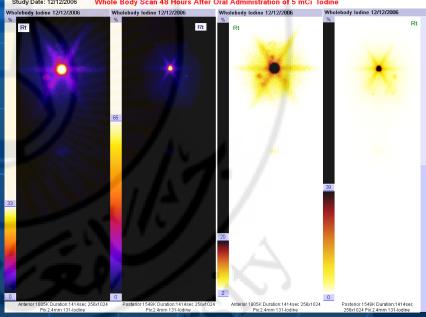
Patient Name: Ghabra, Mohannad



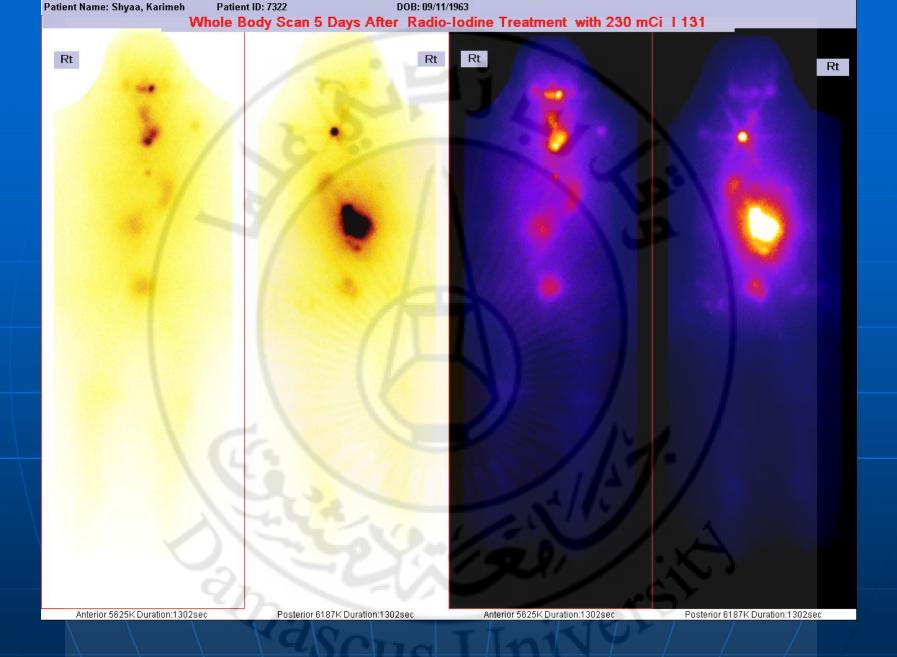
Posterior

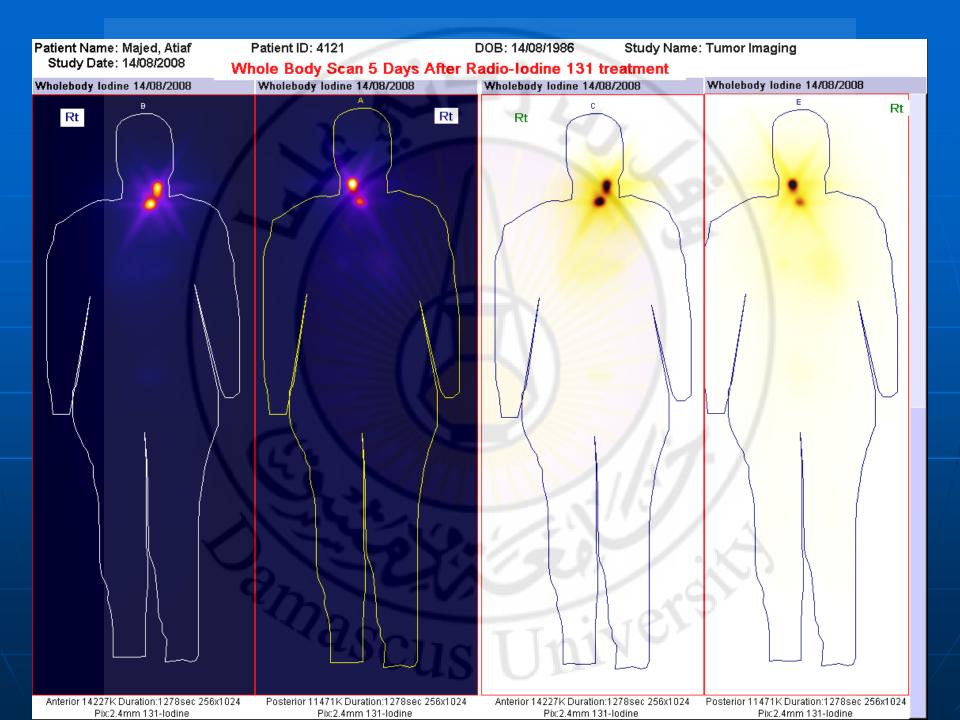


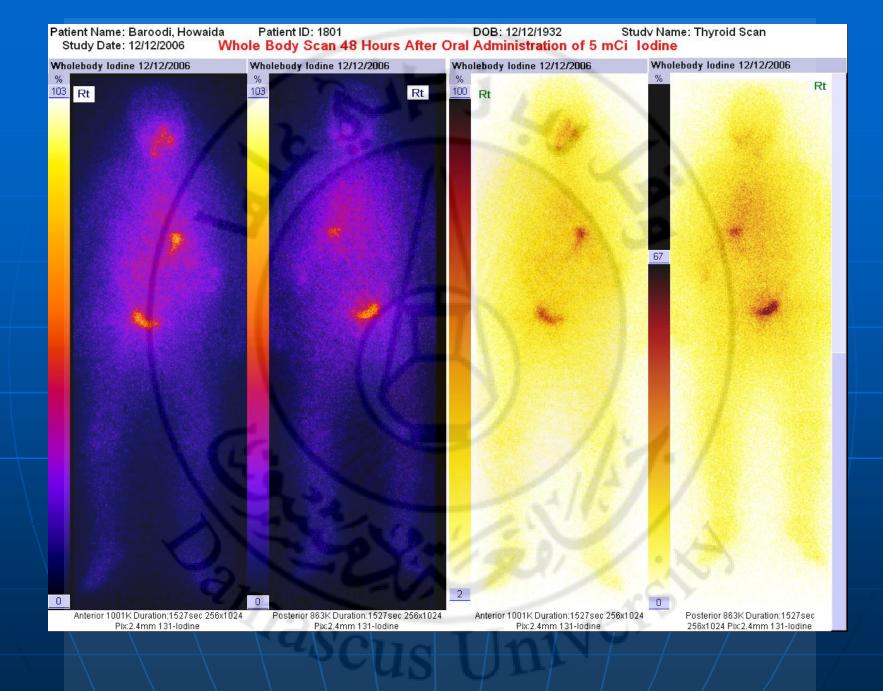




Patient Name: Darwish, Karimeh Patient ID: 1800 DOB: 12/12/1942 Study Name: Tumor Imaging Study Date: 12/12/2006 Whole Body Scan 48 Hours After Oral Administration of 5 mCi Iodine







#### Isolation Ward – Controlled Area (cont)





#### **Bed shield in position**

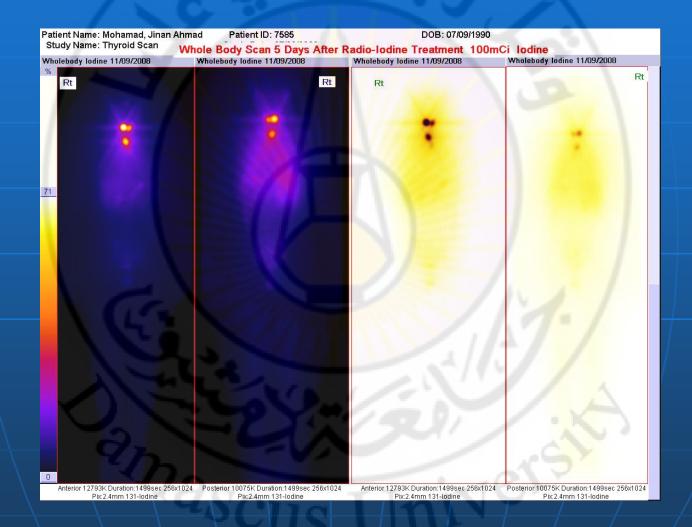
Areas are covered with plastic backed absorbent material.

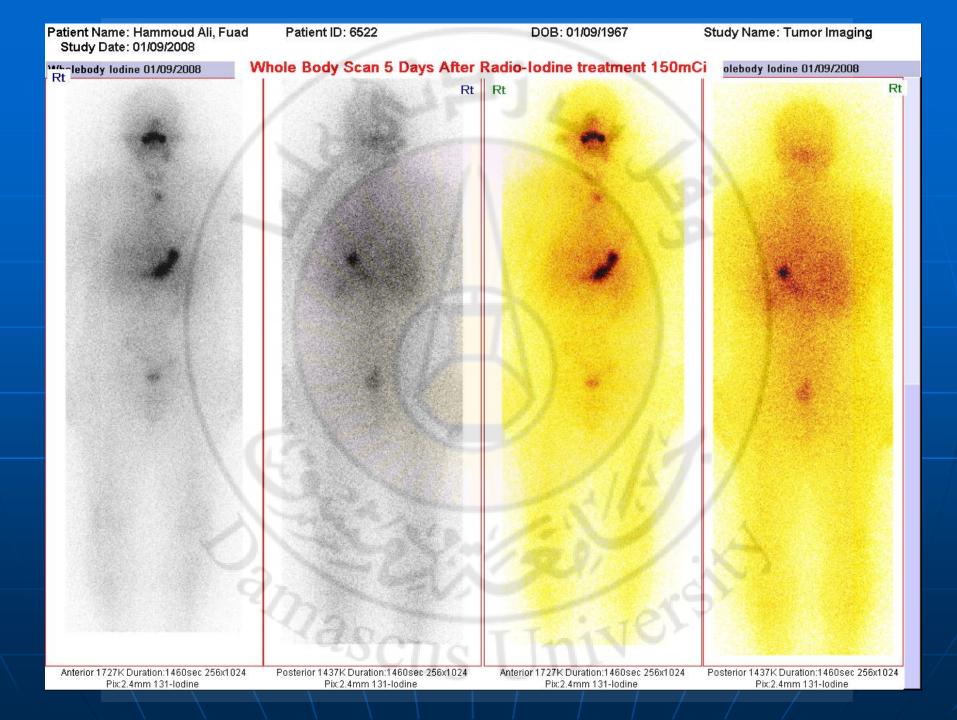
King Faisal Specialist Hospital and Research Center, Riyadh

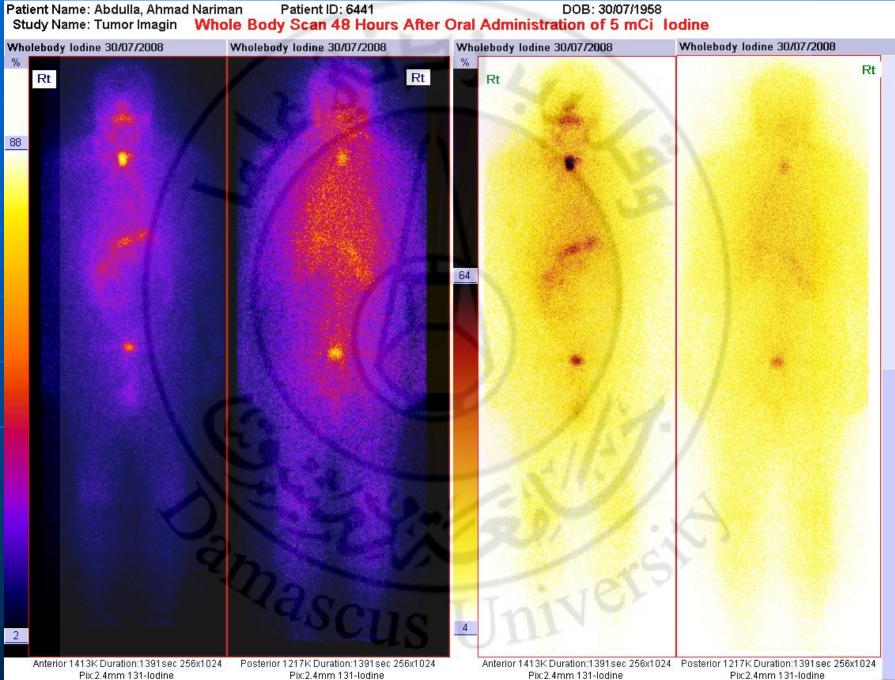
#### **Patient Instructions**

- Stay in the room
- Drink as much as possible.
- Eat lemon slices.
- Use only the private toilet and flush 3 times. (Males should sit down to avoid splashing.)
- Wash hands well in soapy water after using toilet.
- Wear footwear when leaving the bed.
- In event of vomiting or incontinence notify the nurse immediately.

# Herthel's cell Ca.







Pix:2.4mm 131-lodine

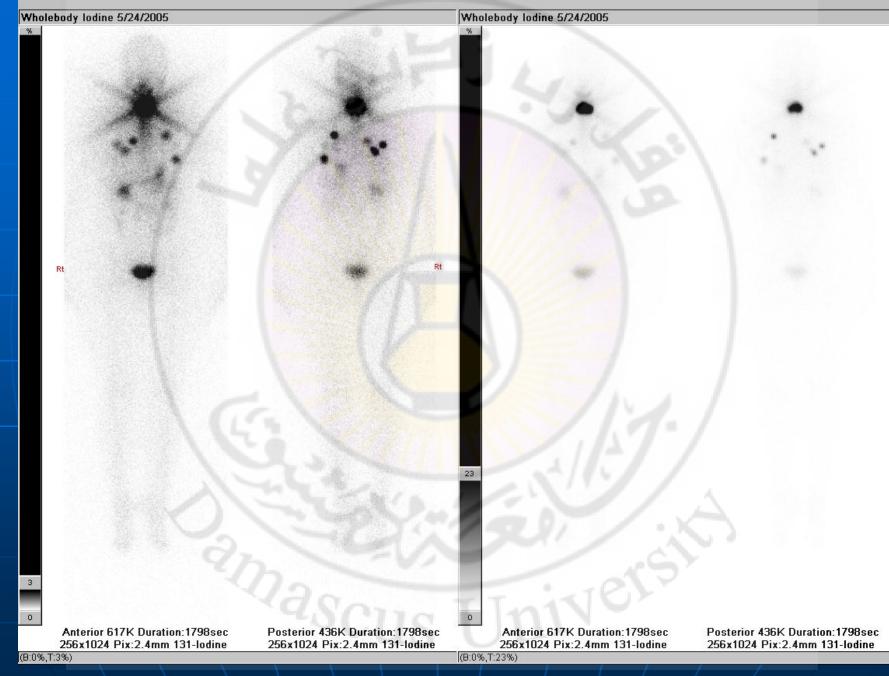
Pix:2.4mm 131-lodine Pix:2.4mm 131-lodine

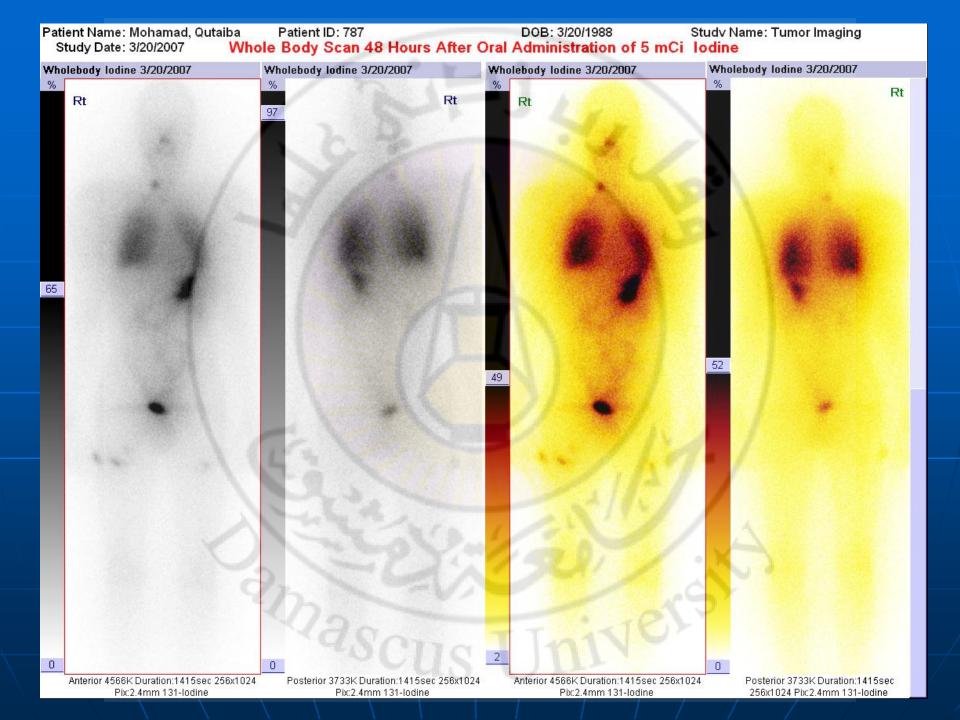
Patient Name: Nehmeh, Samar	
Study Date: 5/24/2005	

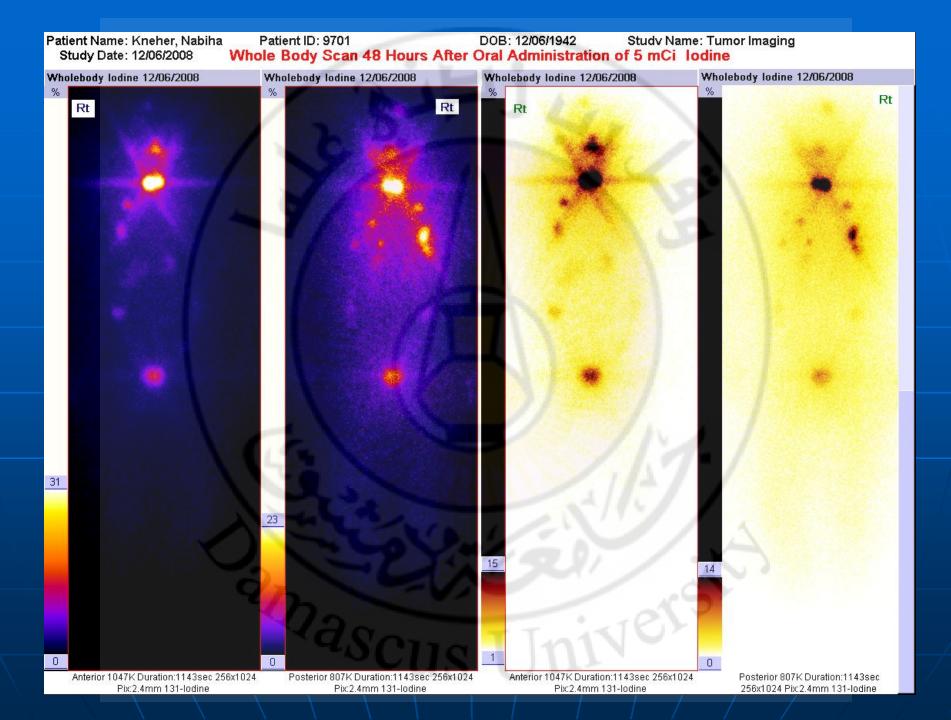
Patient ID: 6559

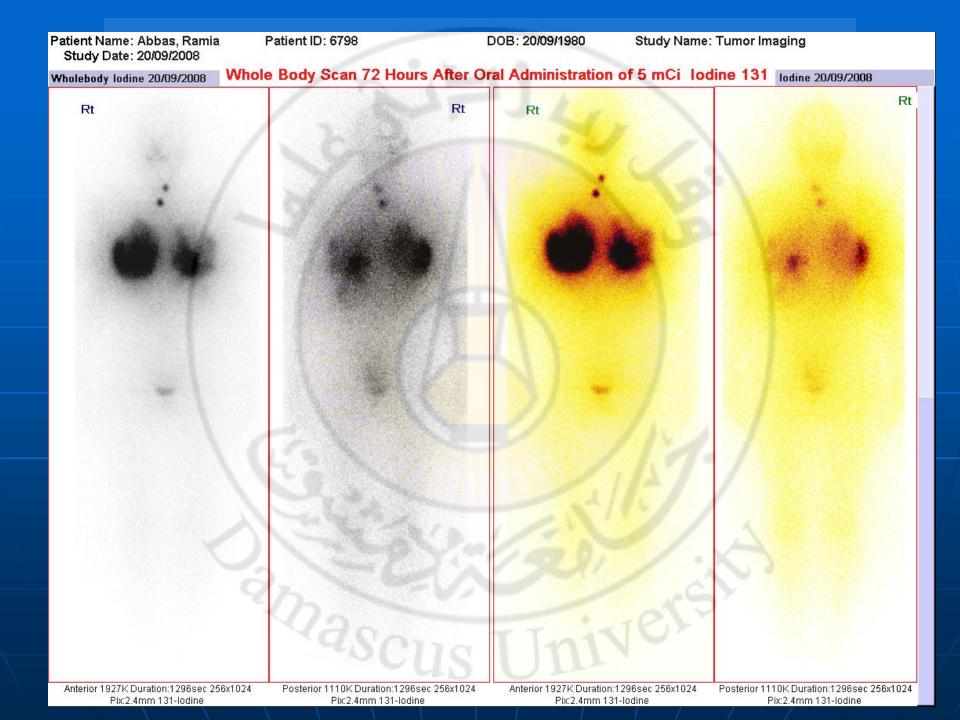
DOB: 5/24/1967

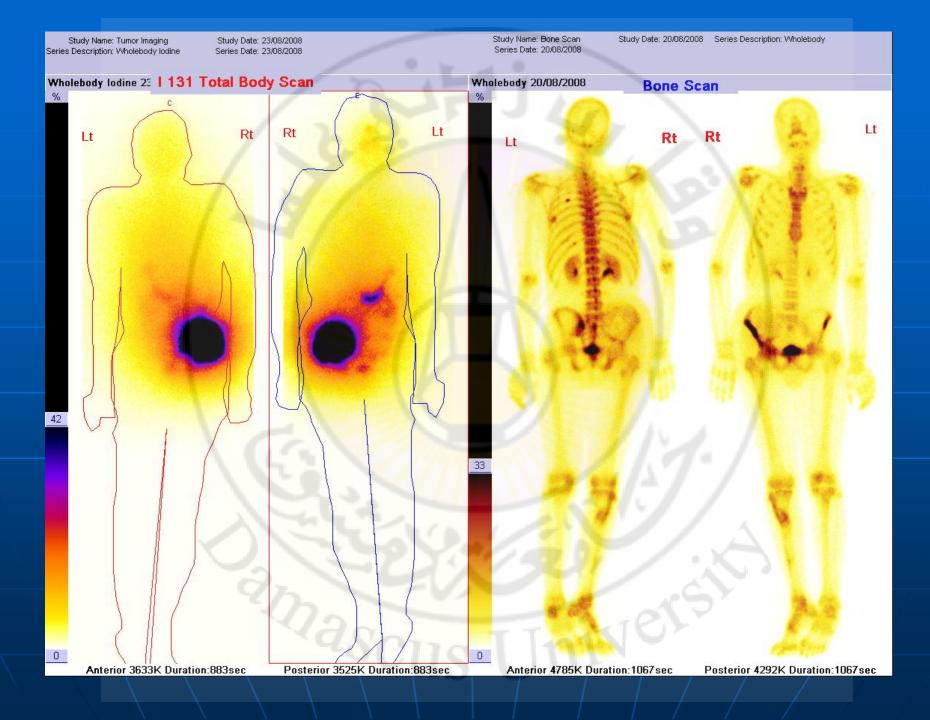
Study Name: Tumor Imaging

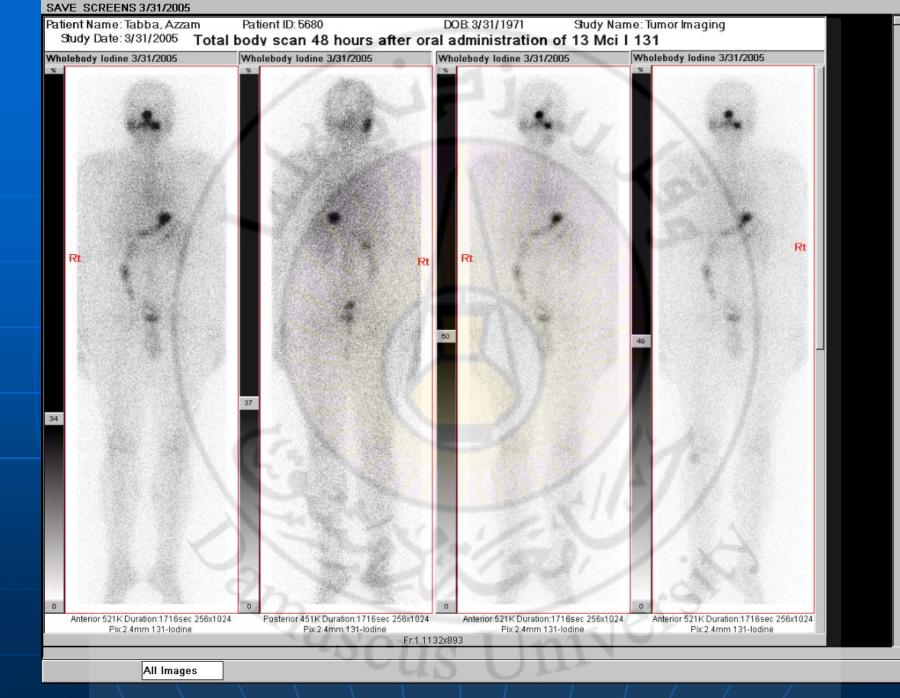


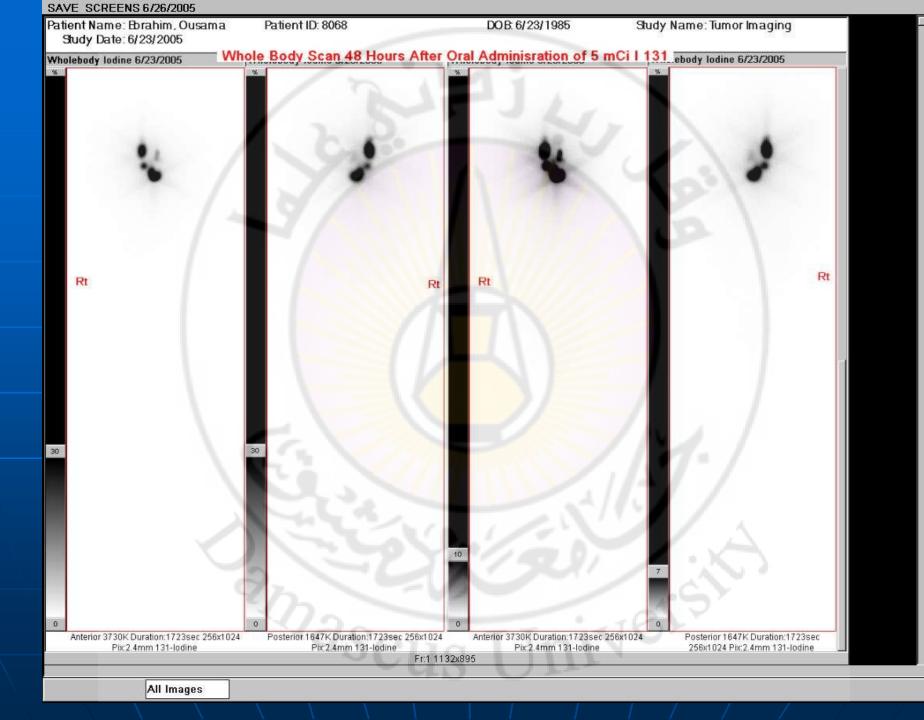






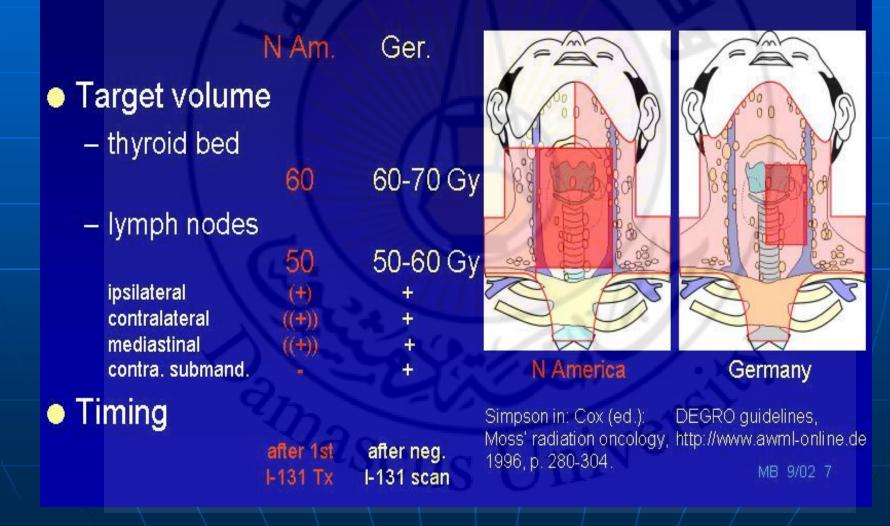






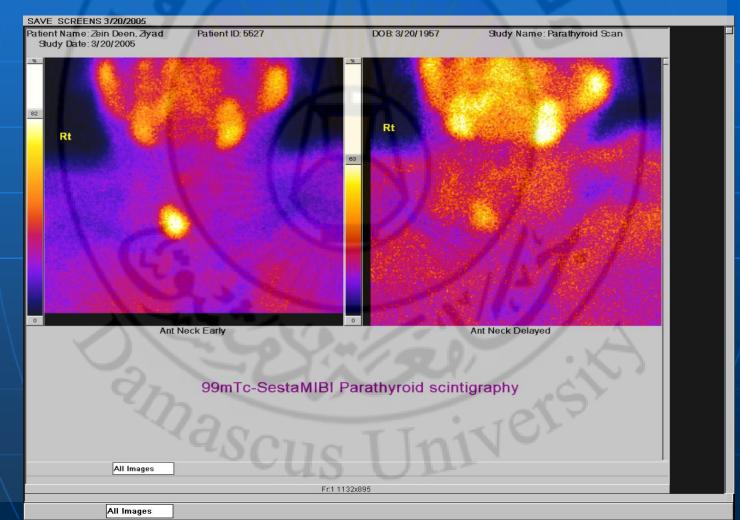
Adjuvant radiotherapy in DTC

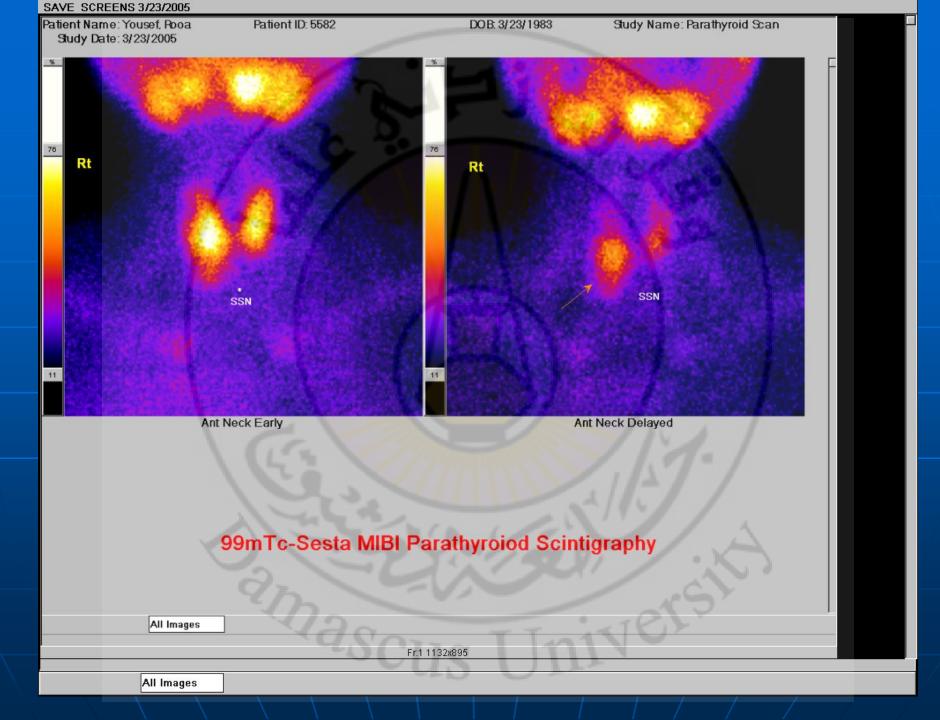
#### Radiotherapy protocols

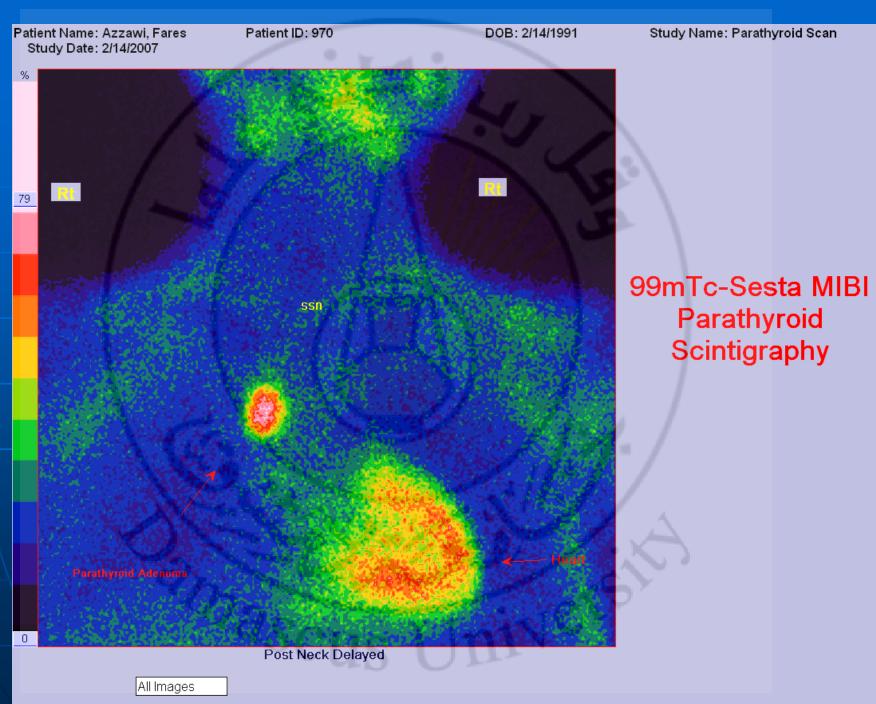


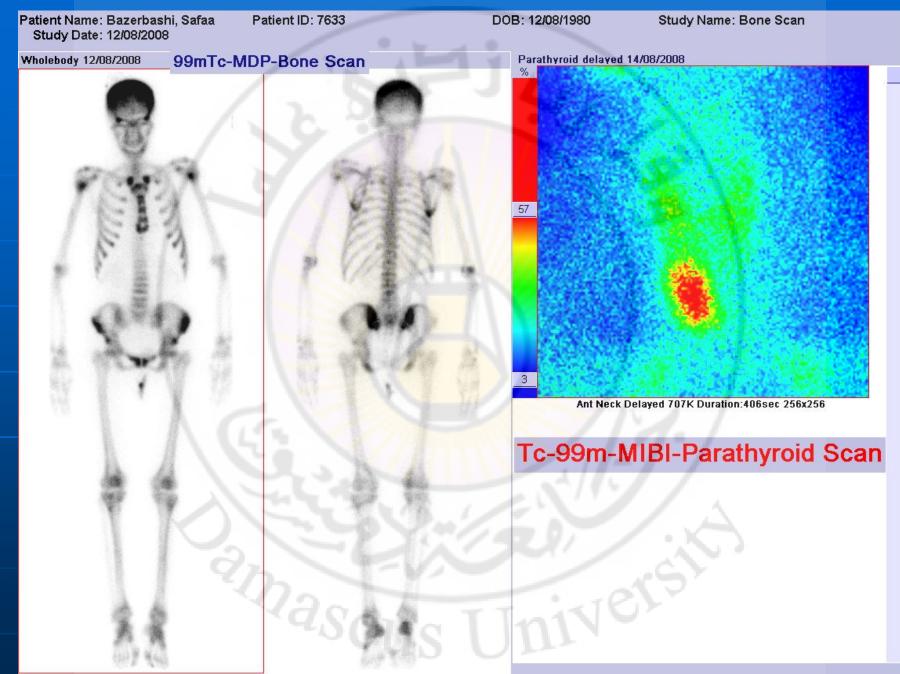
# PARATHYROID SCINTIGRAPHY

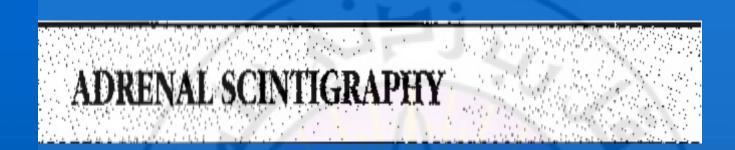
### ومضان جارات الدرق





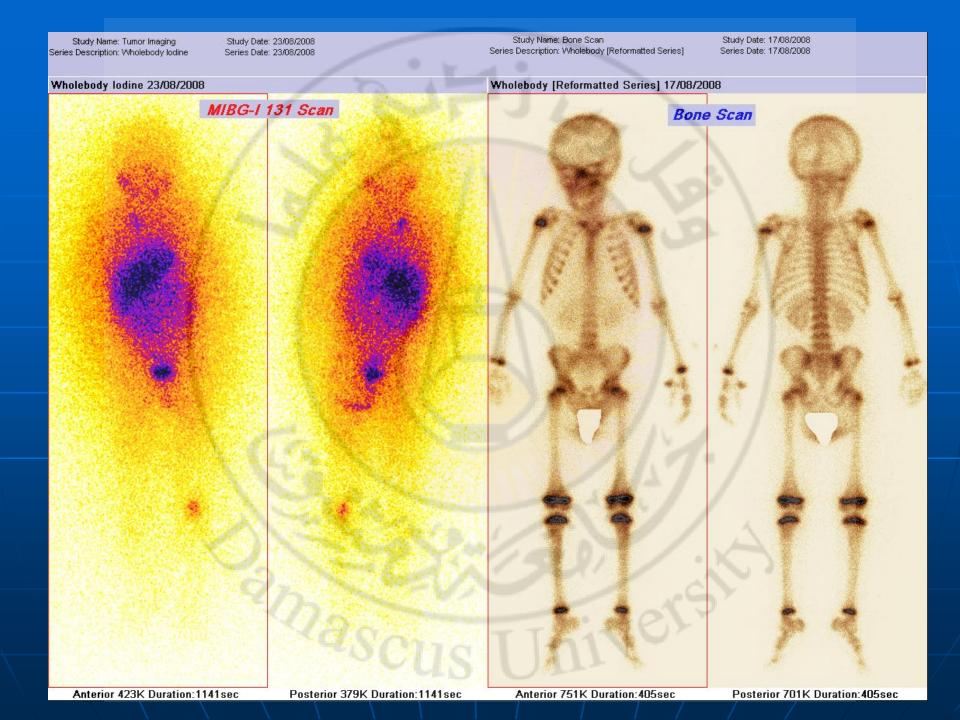


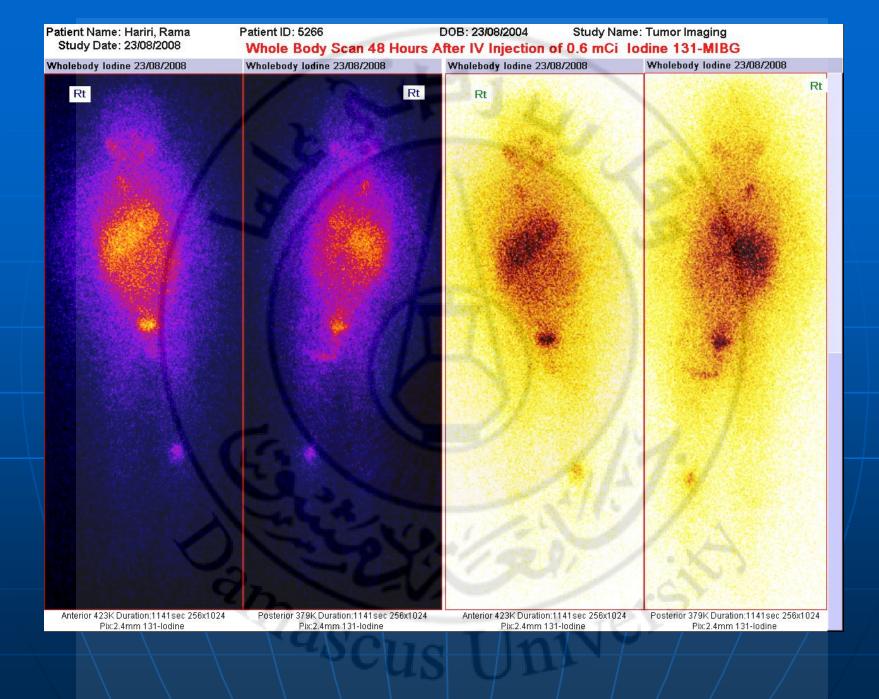


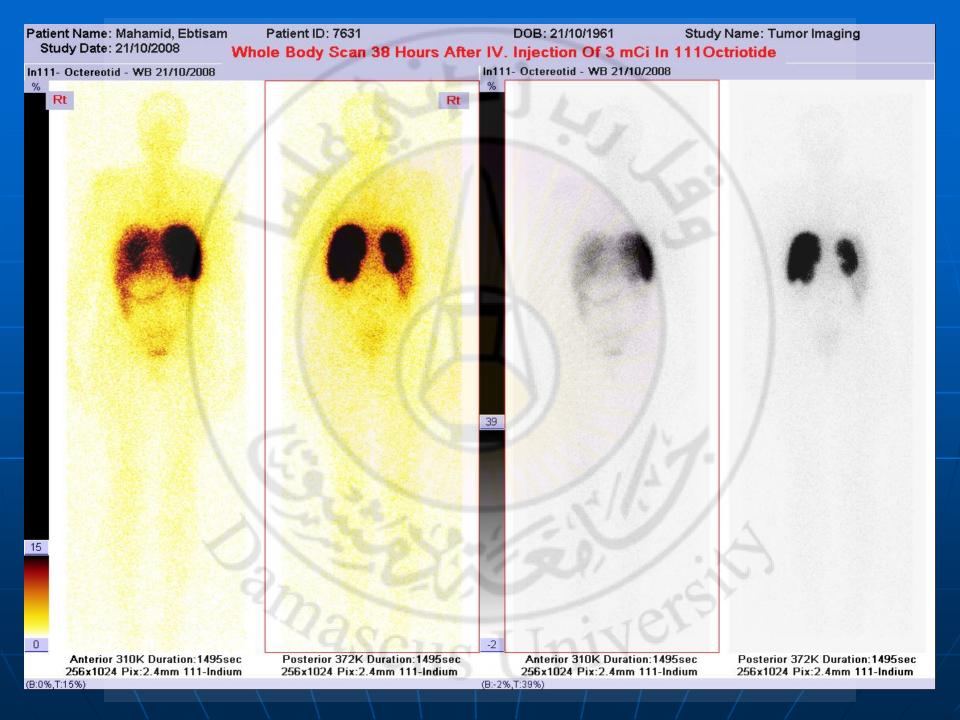


## ومضان الكظرين

To detect pheochromocytoma extraadrenal pheochromocytoma (paraganglioma). With I-123 MIBG or I-131 MIBG

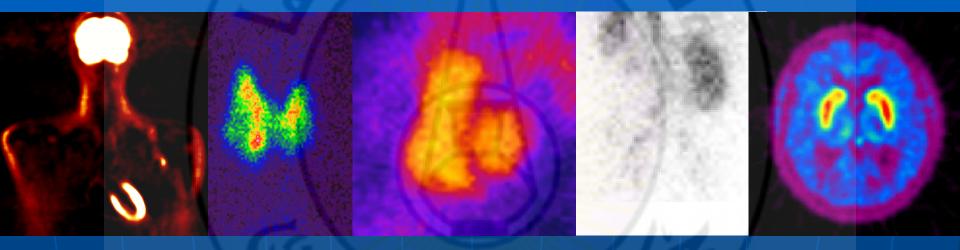






#### **BONE SCAN**

#### Skeletal System



**الدكتور مجدي زين** Ph.D. M.D. in Nuclear Medicine رئيس قسم الطب النووي في مستشفى الأسد الجامعي بدمشق أستاذ في كلية الطب

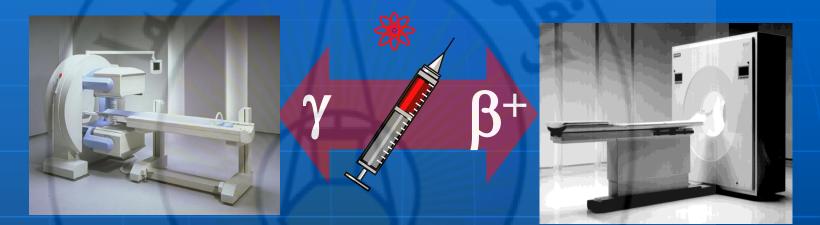
#### Bone Scanning with Tc-99m-DPD: Well Established, Cost Effective

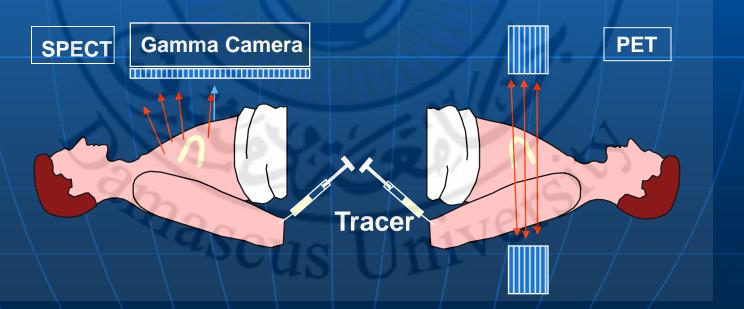


Indications: Screening for bone metastases, inflammation, fractures ...

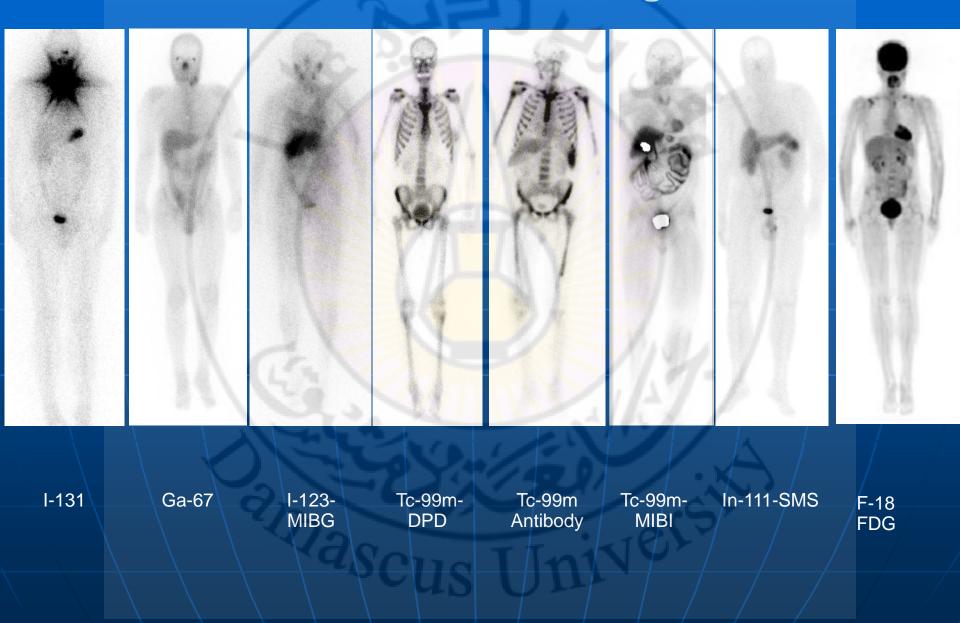
<u>Advantage</u>: Whole body view functional information

#### **Emission (from Patient) - Detection**





#### **Different Tracers - Different Images**



Radiopharmaceuticals Preparation of Tc-99m-labeled bone imaging agents . Pharmacokinetics after intravenous administration of Tc-99m-diphosphonate Mechanisms of tracer localization Dosimetry Technique Clinical Applications of Skeletal Scintigraphy Normal appearance of the skeletal scintigram Metastatic disease Pathophysiology: basis of scitigraphic and radio- graphic detection Scintigraphic patterns Scintigraphy in specific tumors Extraskeletat uptake in soft tissue neoplasms Primary bone tumors Multiple myeloma Benign bone tumors Osteoid osteoma Other benign bone tumors Skeletal trauma Detection of fractures Iatrogenic trauma Athletic injuries Child abuse Bone infarction—osteonecrosis Legg-Calve-Perth.es disease Steroid-induced osteonecrosis Sickle cell anemia Osteomyelitis Three-phase scintigraphy Prosthesis evaluation Metabolic bone disease Osteoporosis Pagers disease Bone dysplasias Arthritis

# RADIOPHARMACEUTICALS

Tc-99m label diphosphonates

Tc-99m -Methyline diphosphonates

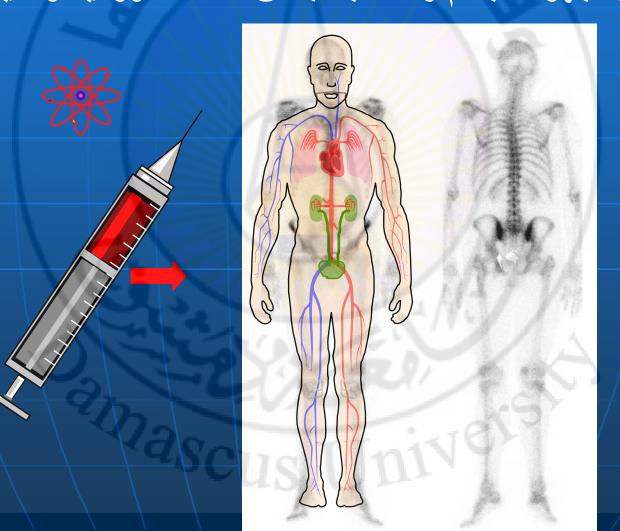
#### Tc-99m -MDP

#### Mechanisms of Tracer Localization

#### For Tc-99m diphosphonates:

1-Adsorption is primarily to the mineral phase of bone, with little binding to the organic phase. The uptake is significantly higher in amorphous calcium phosphate than in mature crystalline hydroxyapatite, which helps explain the avidity of the tracer for areas of increased osteogenic activity.

2-Local blood flow. More radiopharmaceutical is delivered to hyperemic areas **Nuclear Medicine** is the Use of Radioactive Isotopes for Diagnosis and Therapy استخدام المنابع المشعة المفتوحة في تشخيص الآفات التي تصيب مختلف أعضاء و أجهزة الجسم و معالجة بعض الآفات الورمية و غير الورمية





Box 5-1 Skeletal Scintigraphy: Protocol Summary for Whole Body Survey

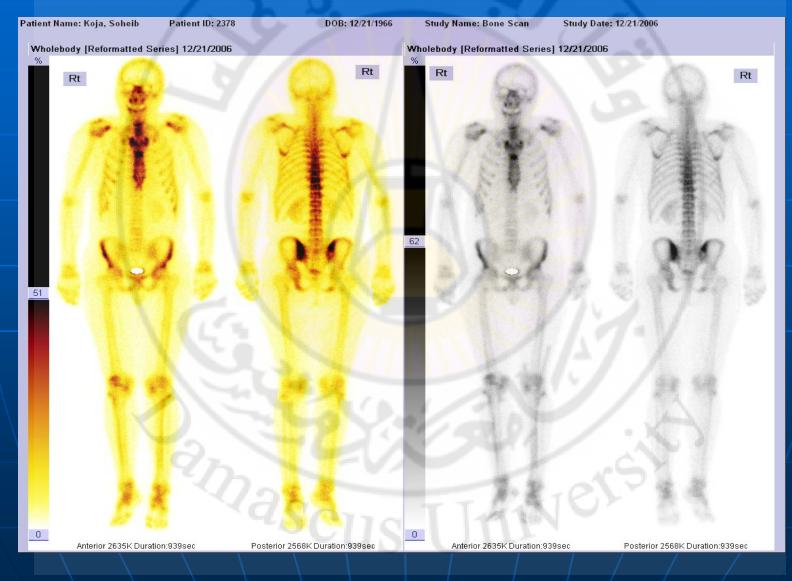
PATIENT PREPARATION AND FOLLOW-UP Patient should be well hydrated. Patient should void immediately prior to study. DOSAGE AND ROUTE OF ADMINISTRATION 20 mCi Tc-99m diphosphonate (adult dose, standard). IV injection. TIME OF INTAGING Begin imaging 2-4 hr after tracer administration. PROCEDURE Obtain anterior and posterior views of the entire skelet, spot views or use SPECT for more detail.

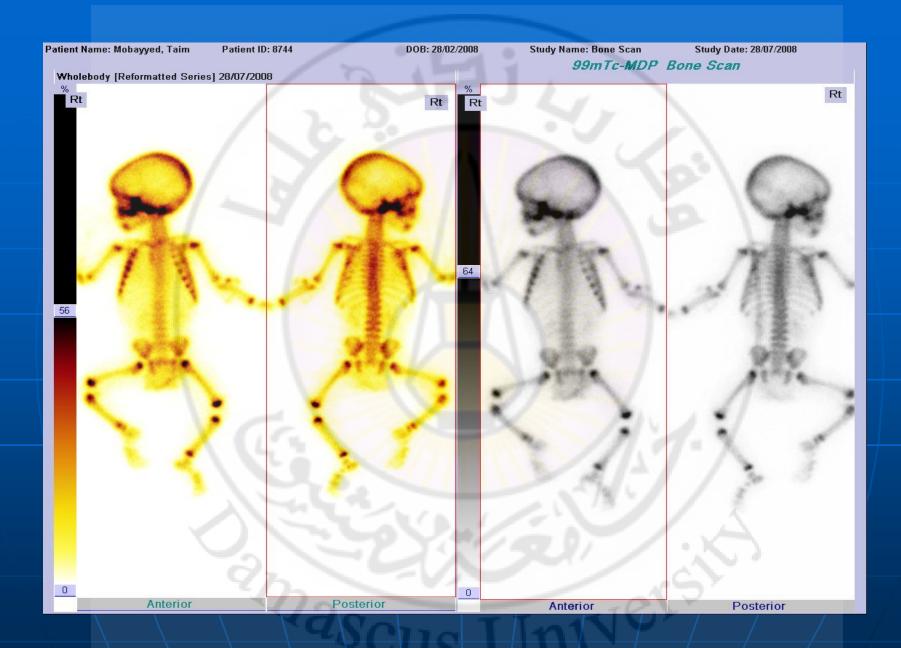
# CLINICAL APPLICATIONS

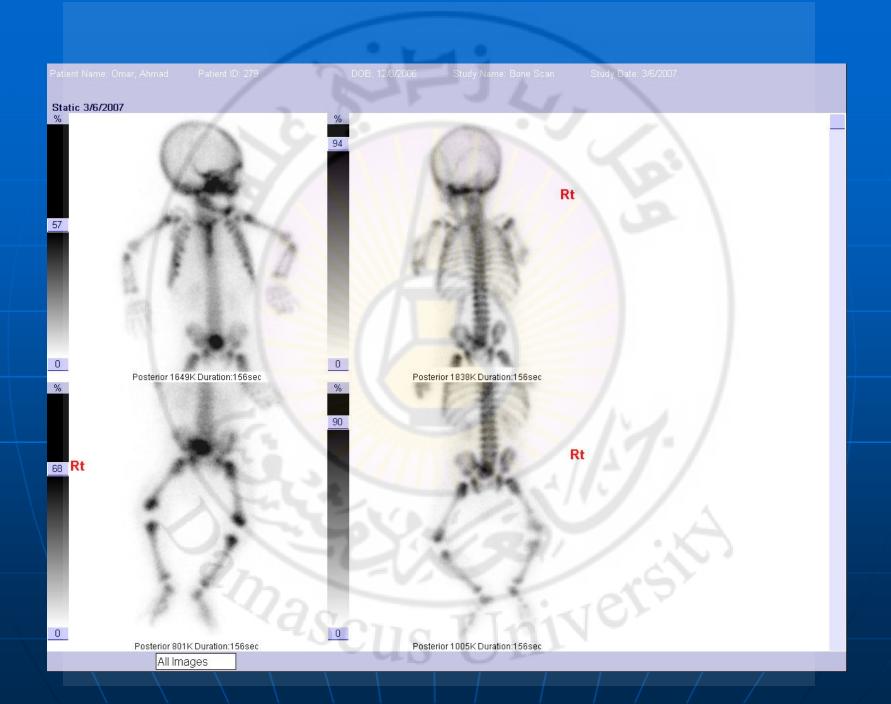
Normal skeletal scintigram :

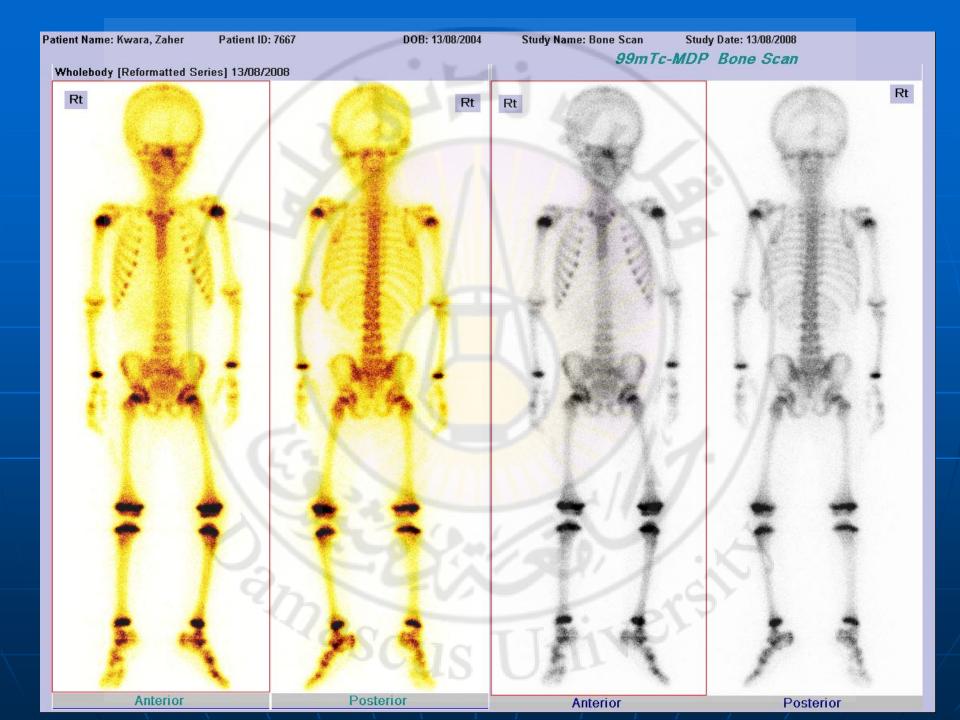
The appearance of the normal skeletal scintigram changes dramatically from infancy to childhood, adolescence, and mature adulthood

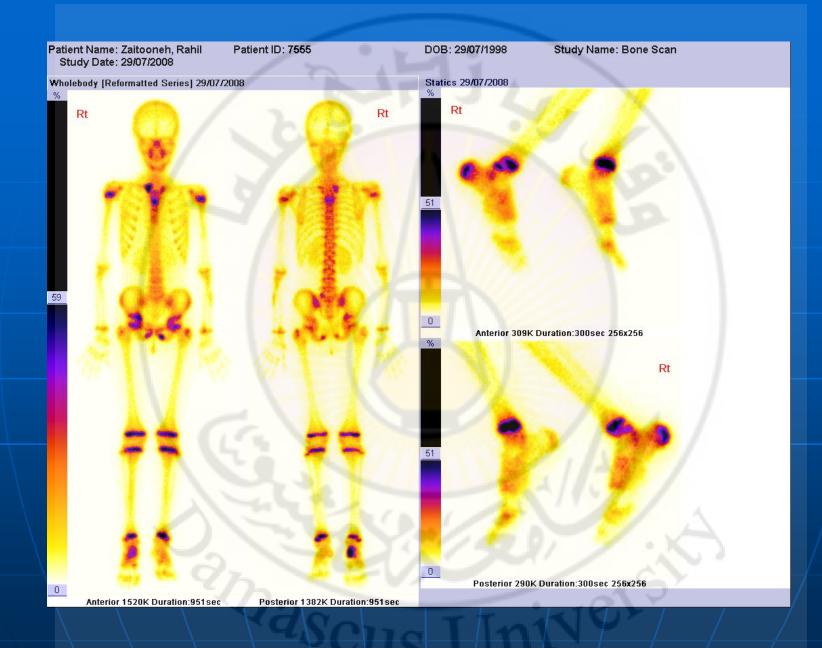
# ومضان العظام الطبيعي

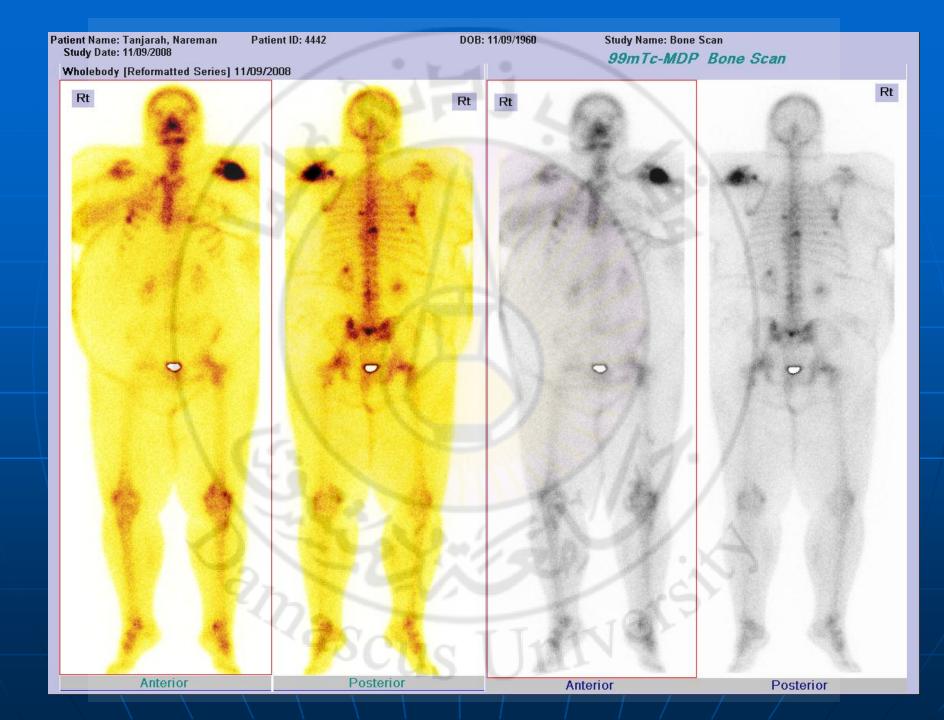












#### Metastatic Disease

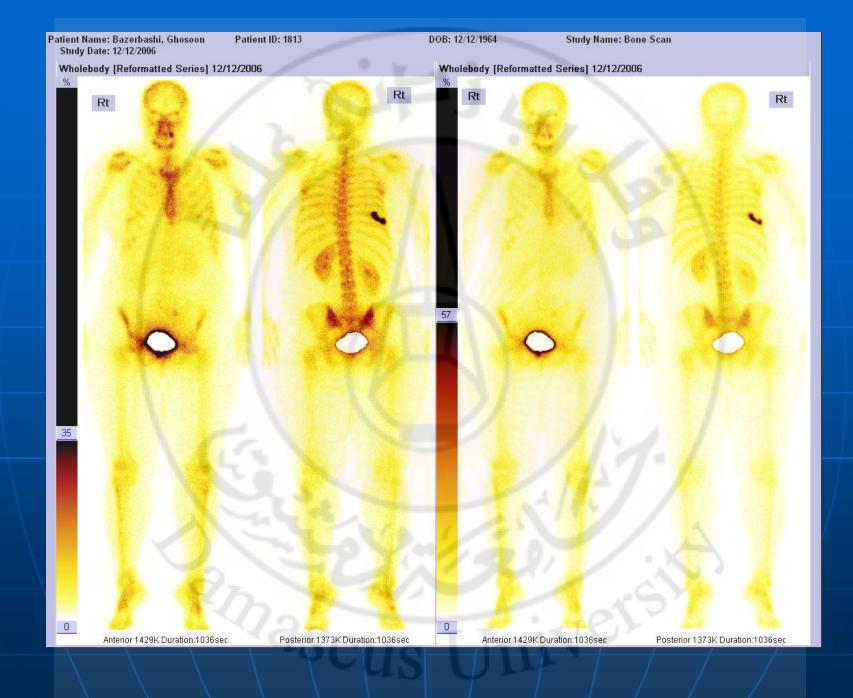
The most common clinical application of skeletal scintigraphy is in the evaluation of patients with extraskeletal primary malignancies for the presence of metastatic disease

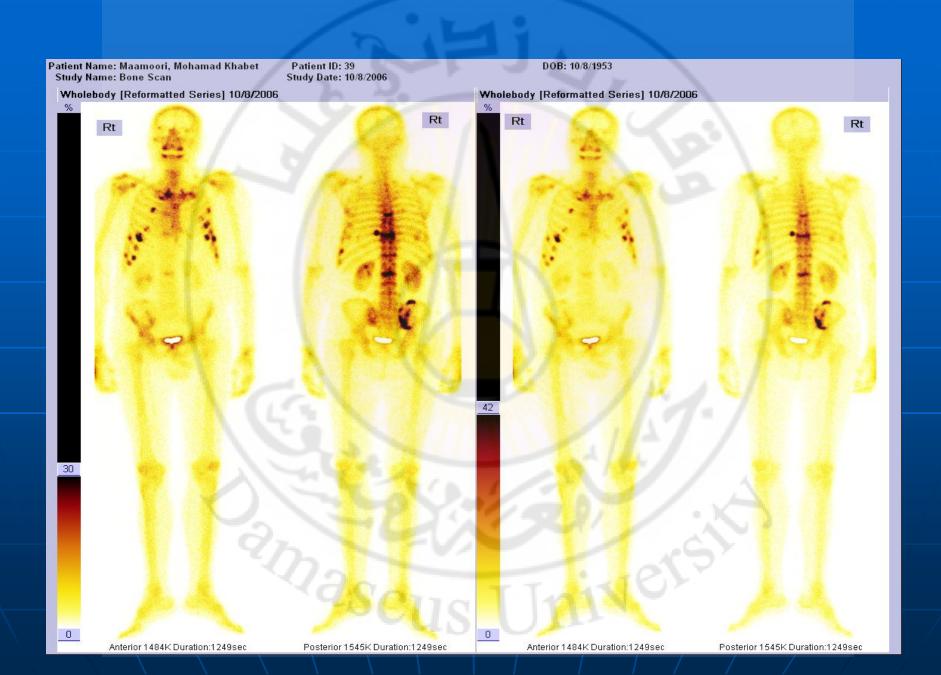
Box 5-3 Skeletal Imaging: Applications in Patients with Extraskeletal Malignancics

1-Initial staging: Metastatic skeletal survey.
2-Protocol monitoring: Response to chemotherapy and decision to change therapy.
3- Radiation therapy treatment field planning and response to radiation therapy.
4- Detection of areas at risk for pathologic fracture. Initial skeletal scintigram in a patient with multiple skeletal metastases

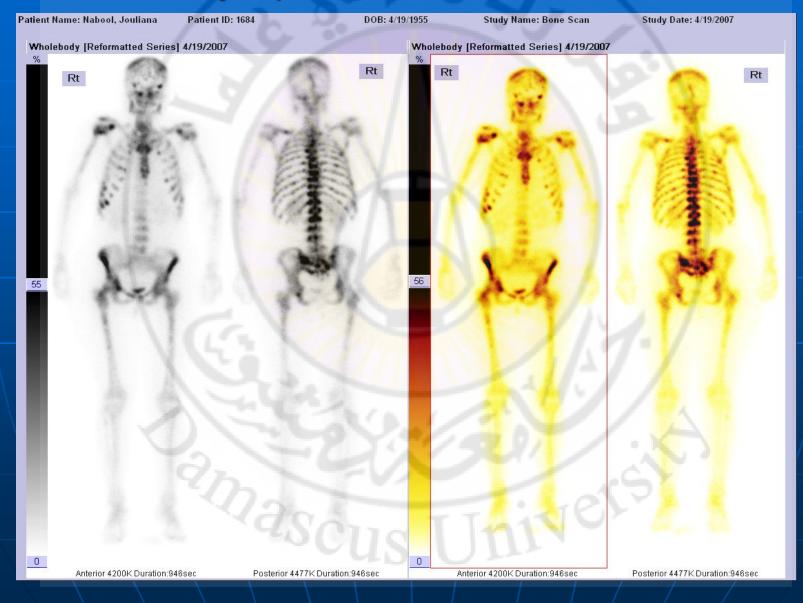
Scintigraphic patterns in skeletal metastatic disease

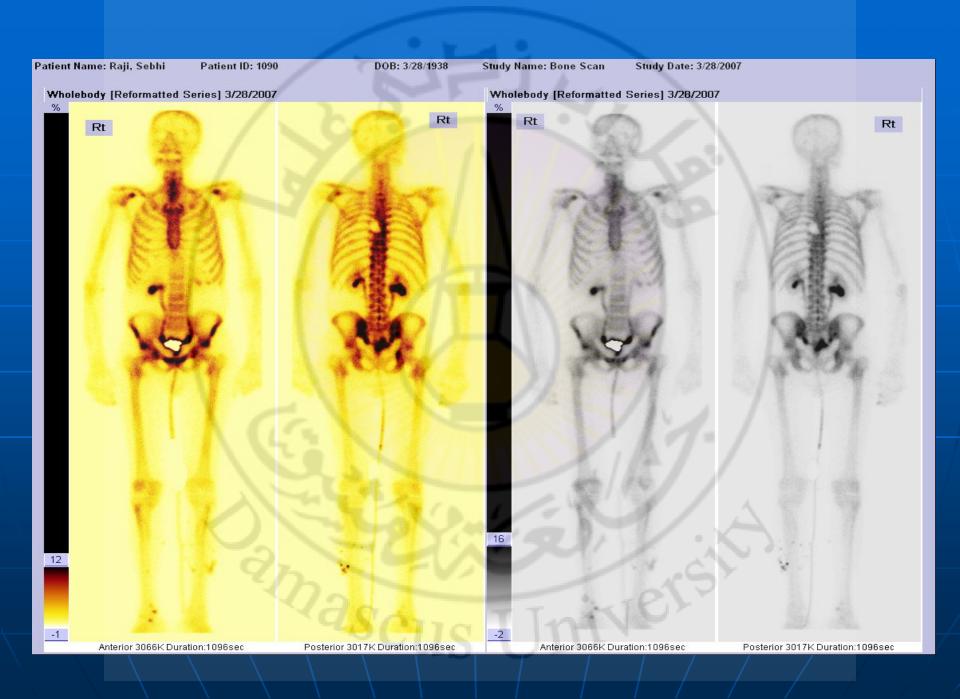
- Solitary focal lesions
- Multiple focal lesions
- Diffuse involvement (super scan).
- Photon-deficient lesions ("cold' lesions)
- Normal (false negative)
- "Flare" phenomenon (follow-up studies) -
- Soft tissue lesions (tracer uptake in tumor

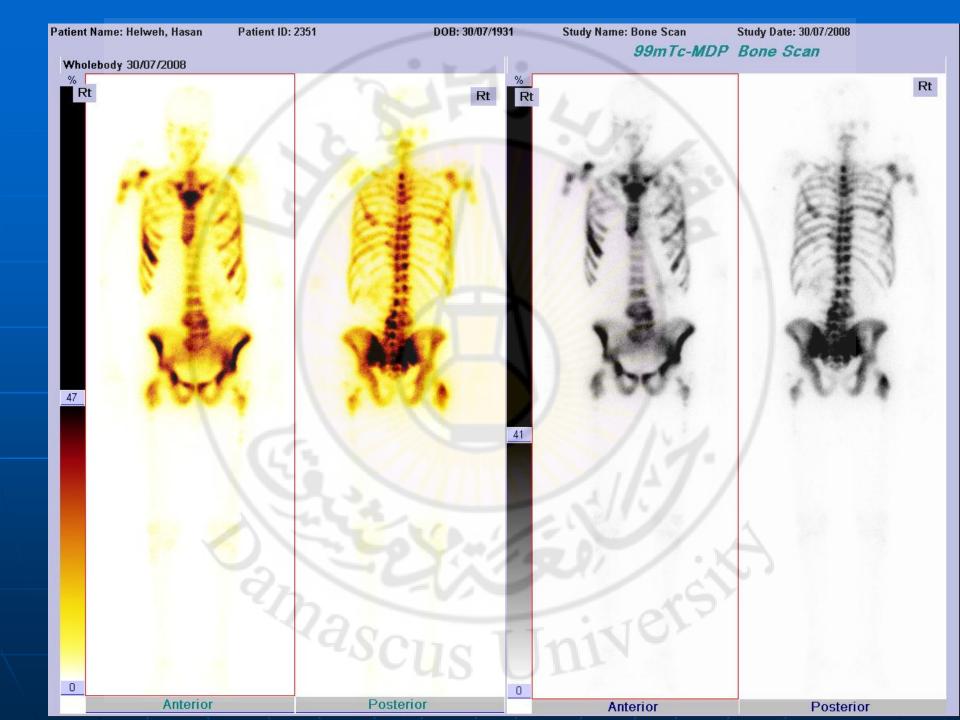




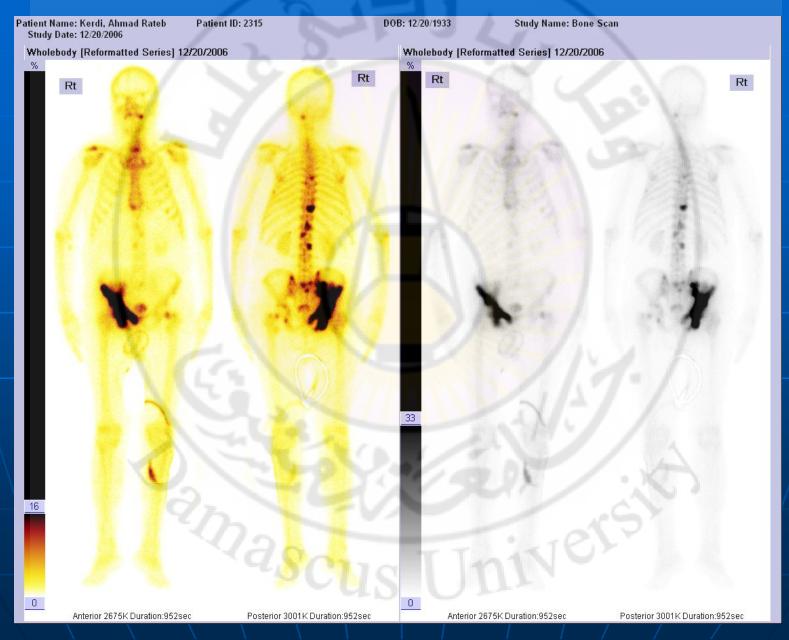
# Diffuse metastasis a case of first symptom breast ca



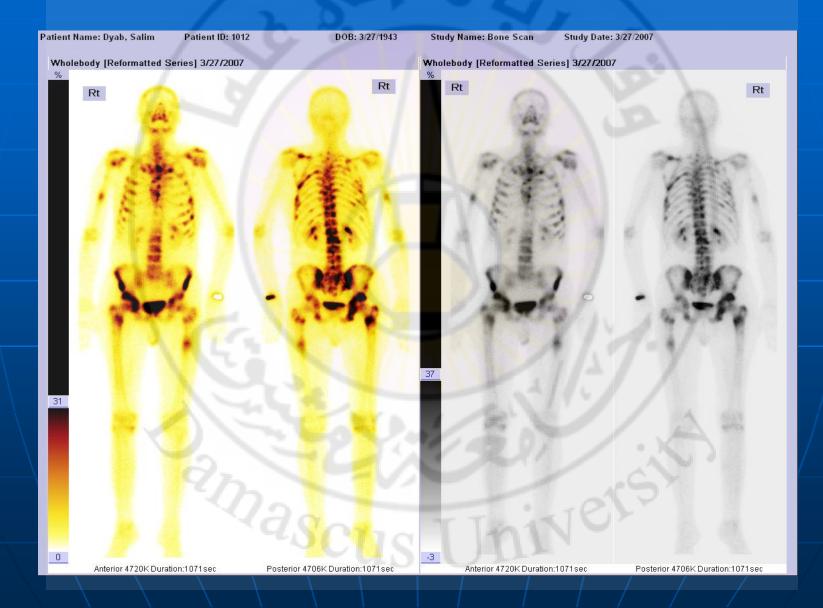


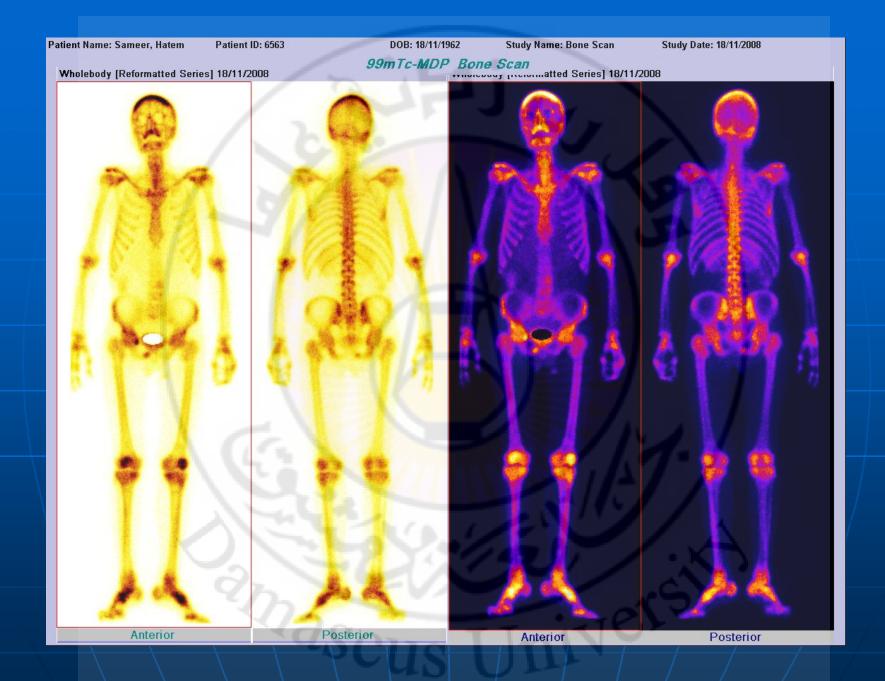


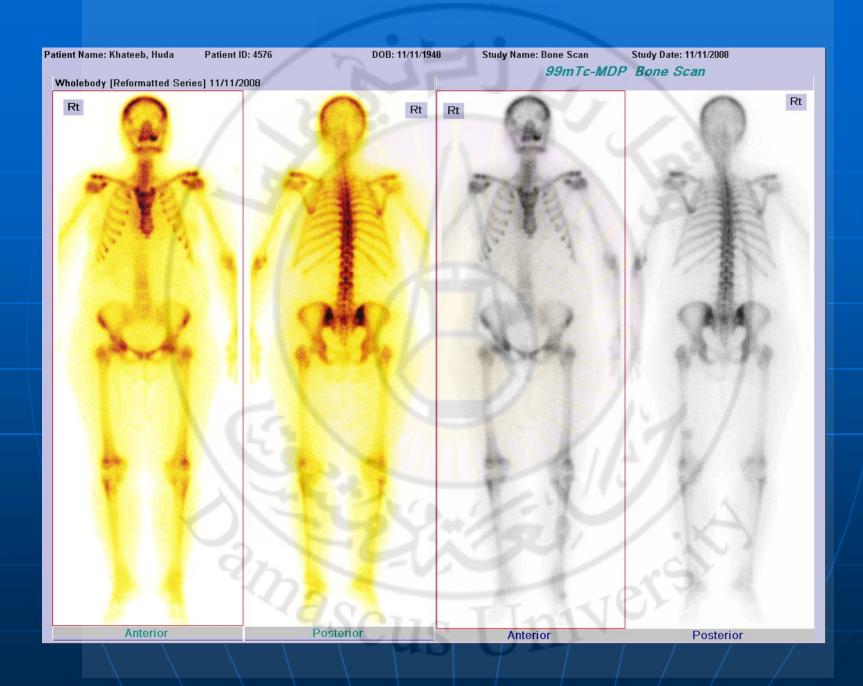




### Prostate Ca





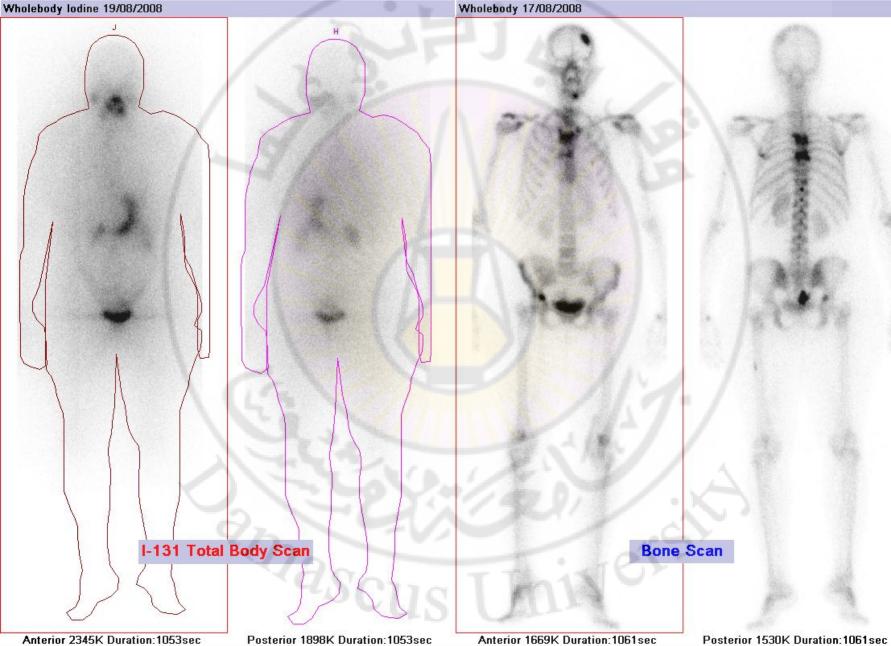


Study Name: Bone Scan Series Description: Wholebody lodine

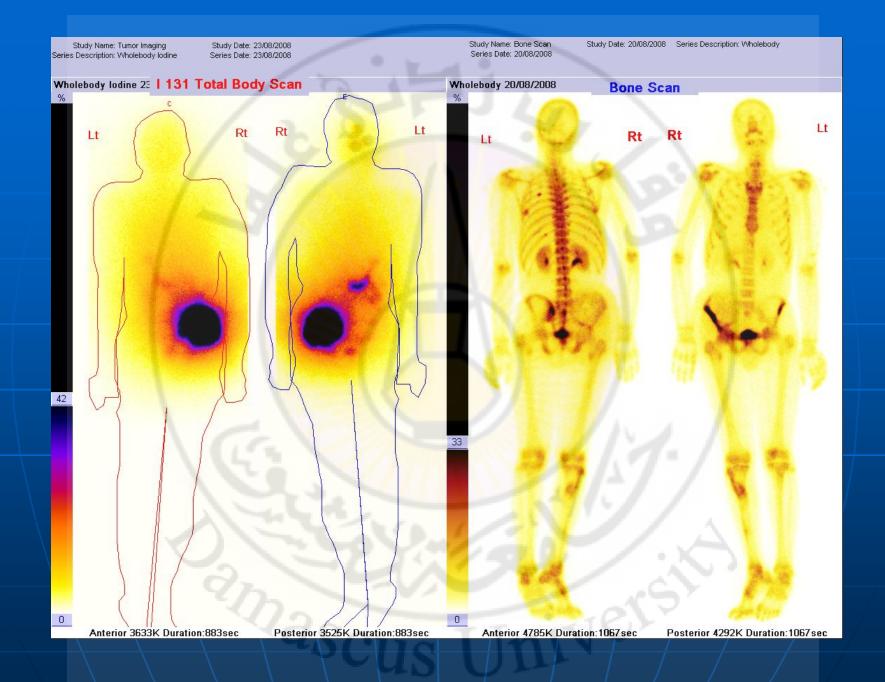
Study Date: 17/08/2008 Series Date: 19/08/2008

Study Name: Bone Scan Series Date: 17/08/2008 Study Date: 17/08/2008 Series Description: Wholebody

#### Wholebody 17/08/2008







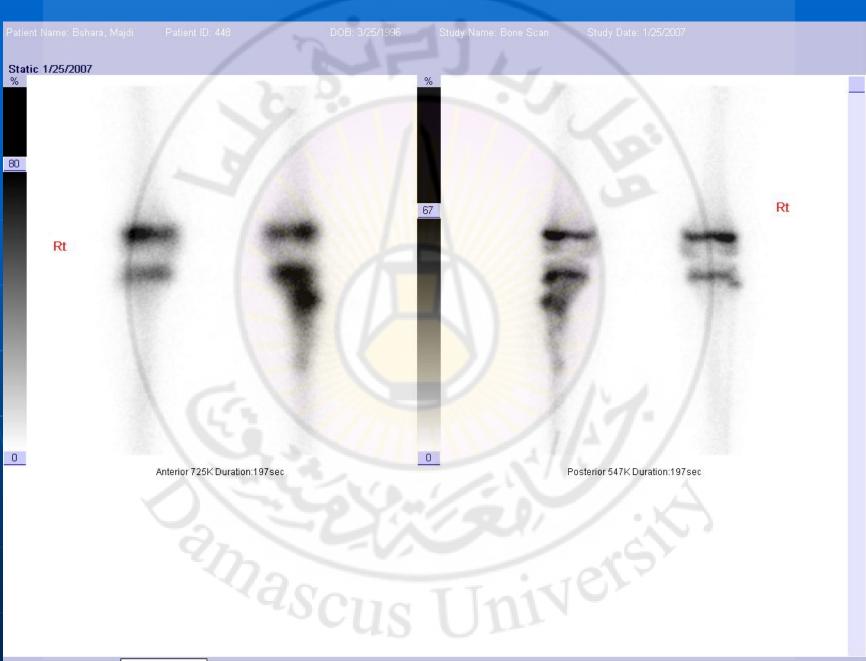
#### **Primary Bone Tumors**

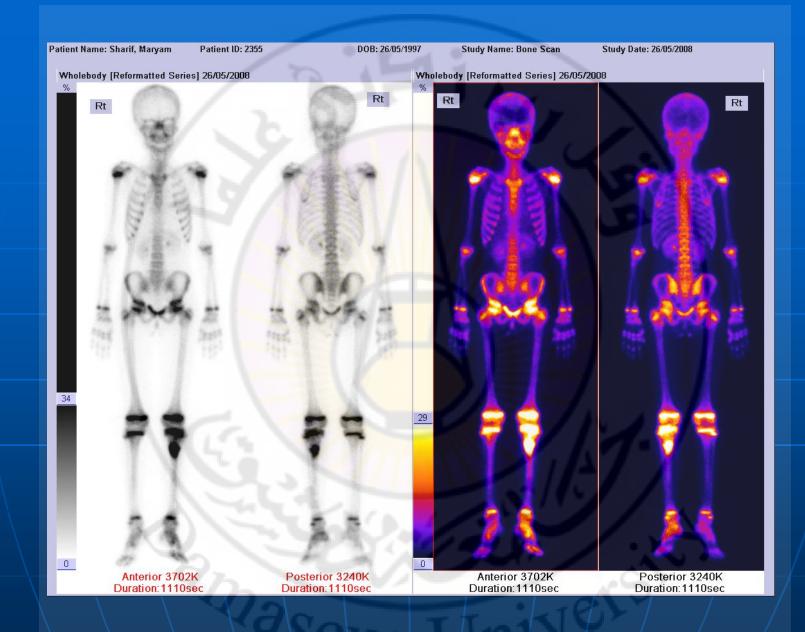
#### osteosarcoma Multiple myelorna

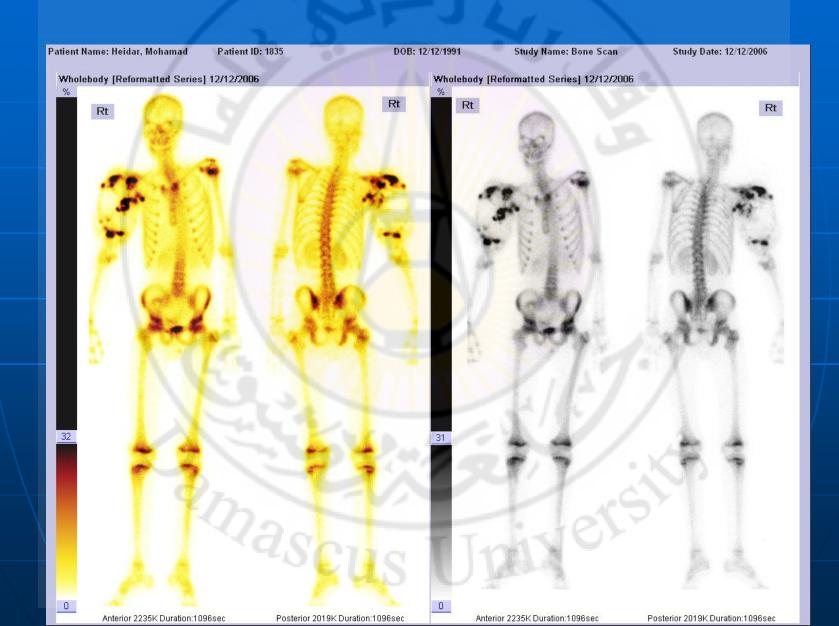
The most common primary malignant disease to involve bone is multiple myeloma.

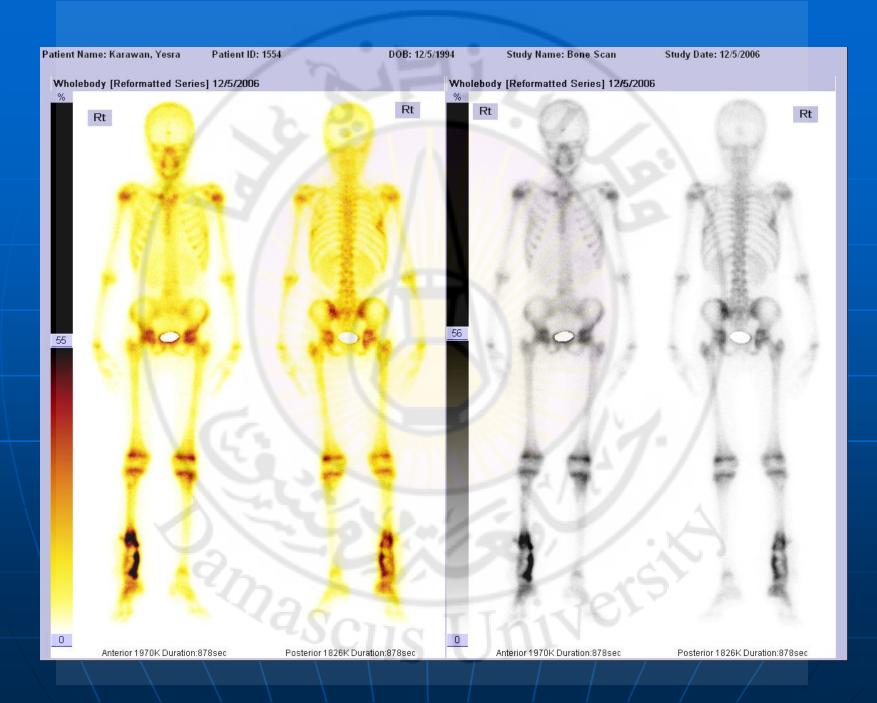
#### Osteoid osteoma

Osteoid osteomas are often associated With excruciating bone pain that classically is greater at night. They are most common in adolescents and young adults Beni



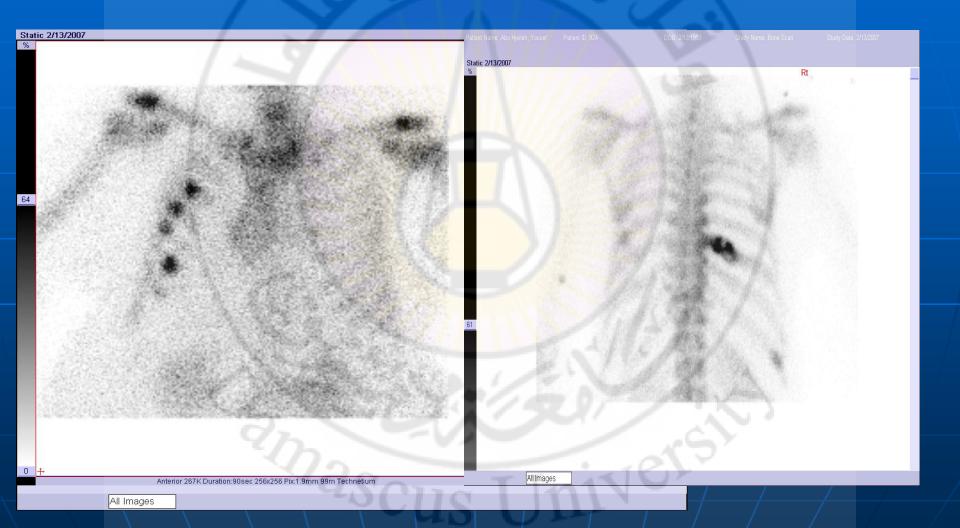


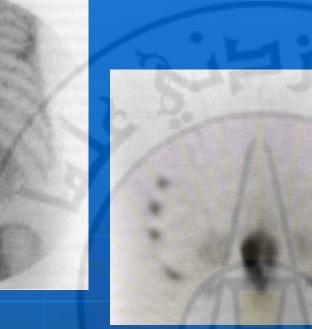




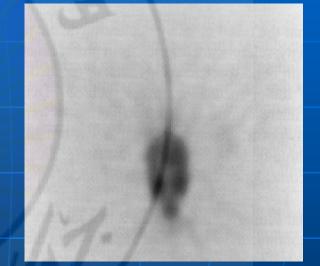


## **Skeletal Trauma**





Prostate Ca (99mTc MDP)



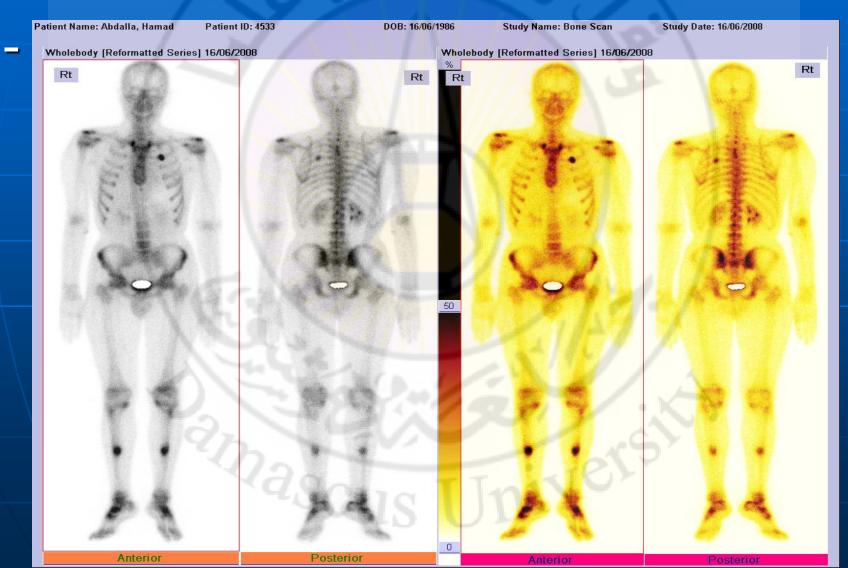
#### Trasaxial L4 Facet joints disease

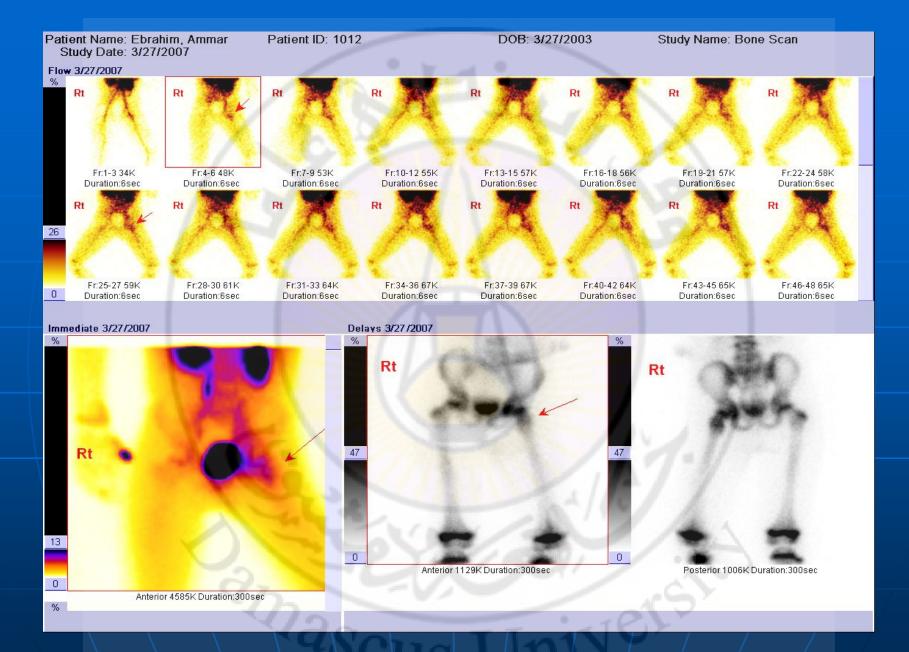




POST

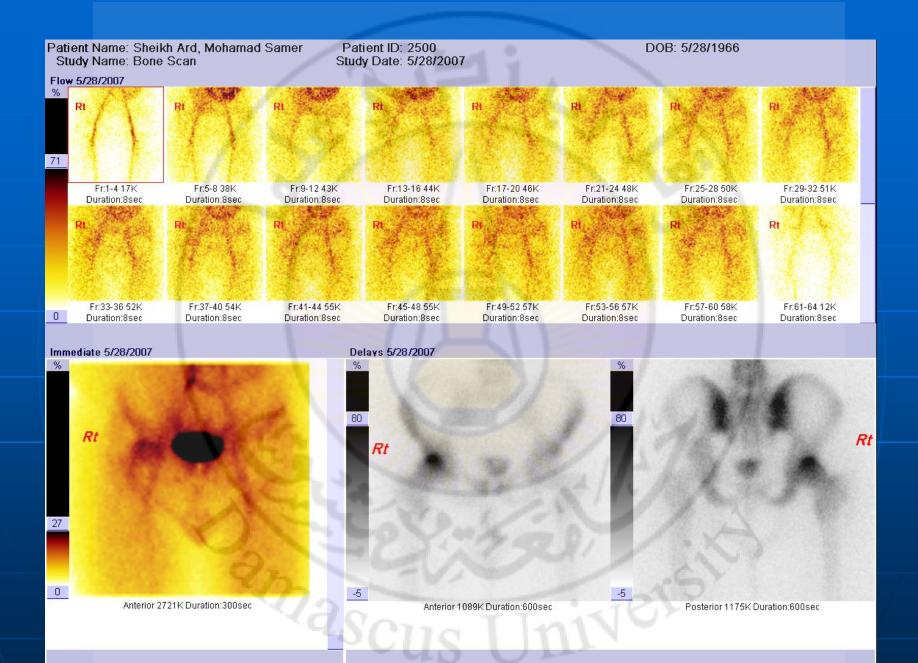
### Athletic injuries : *Stress fractures* Child abuse

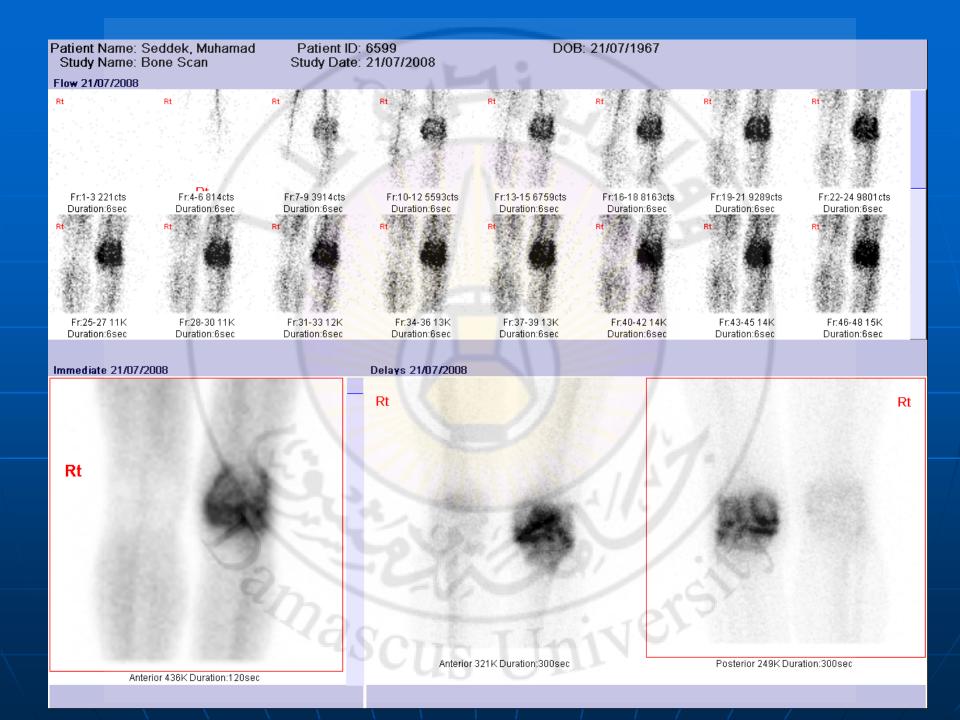




#### **Bone Infarction**—Osteonecrosis

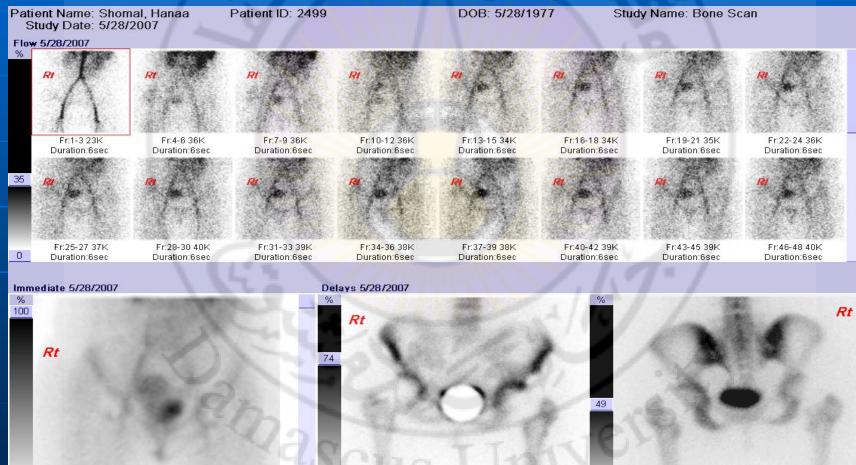
Legg-Calvë-Perthes disease : most commonly affects children between the ages of 5 and 9 years



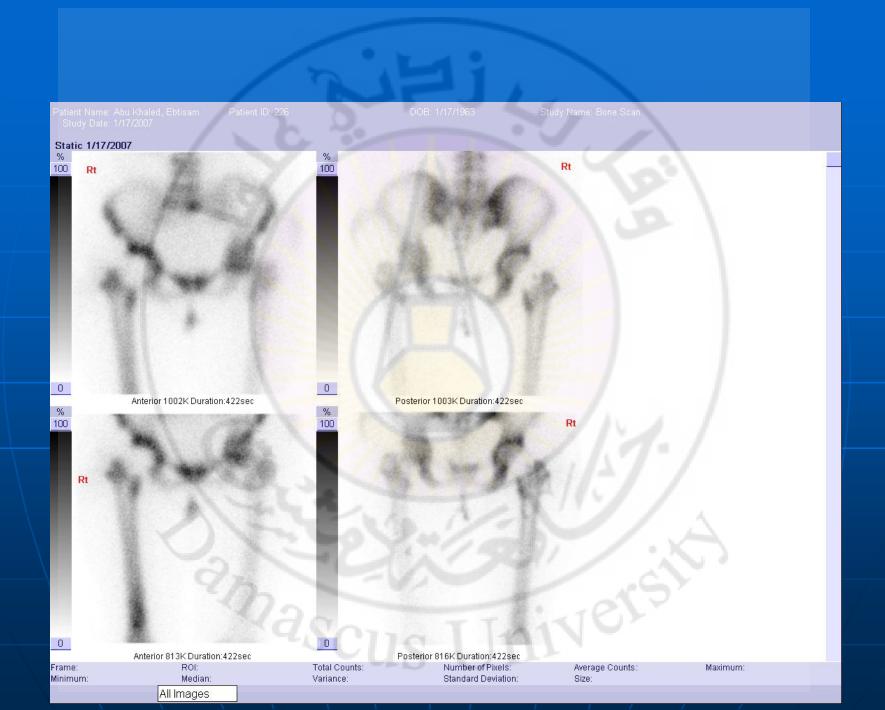


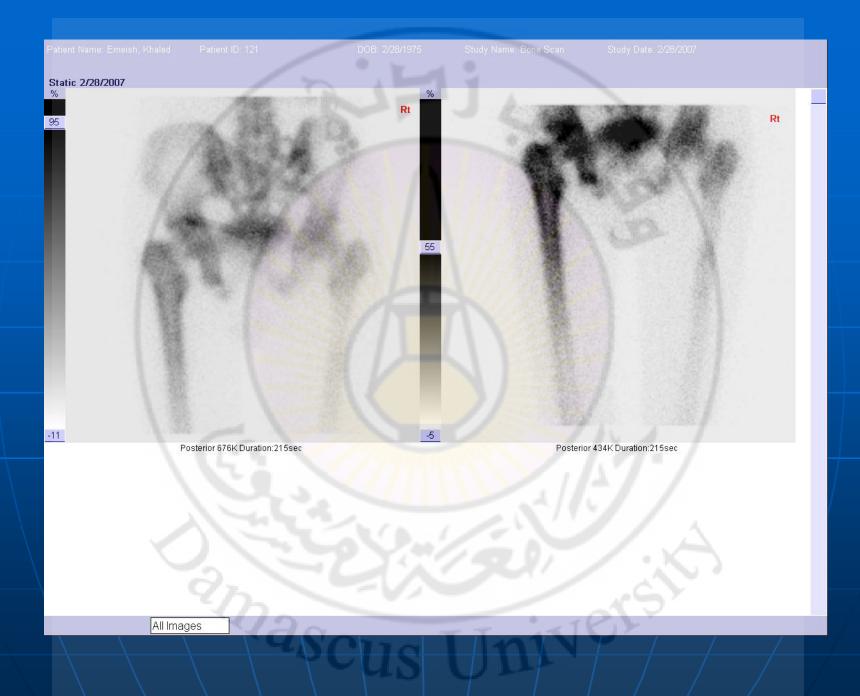
#### Osteomyelitis

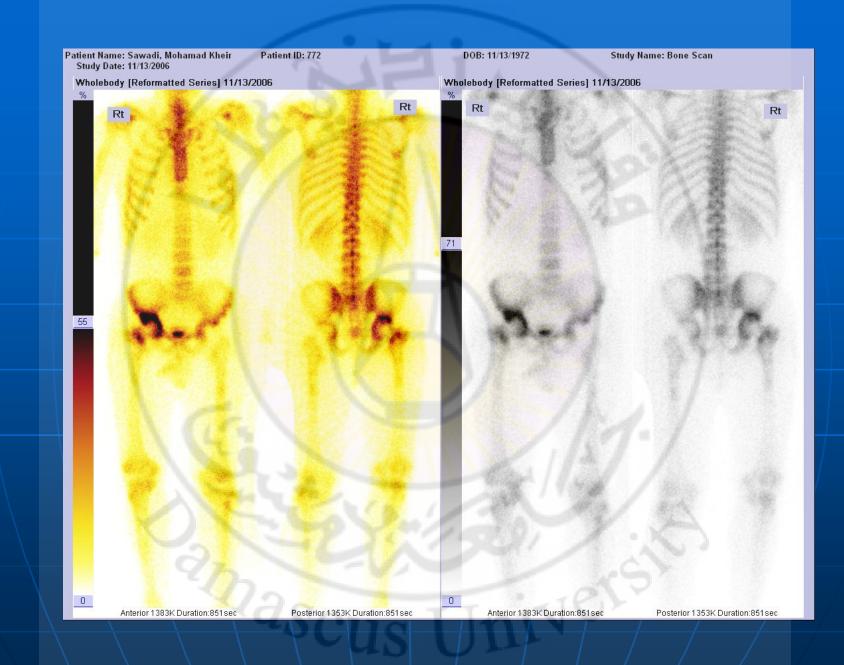
### Three-phase scintigraphy Dynamic

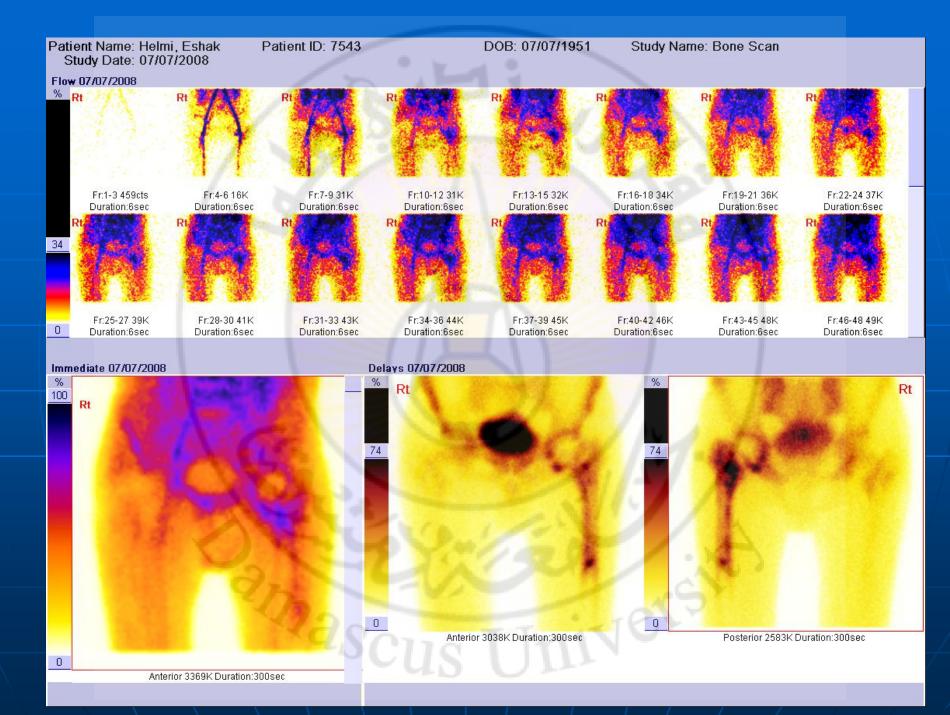


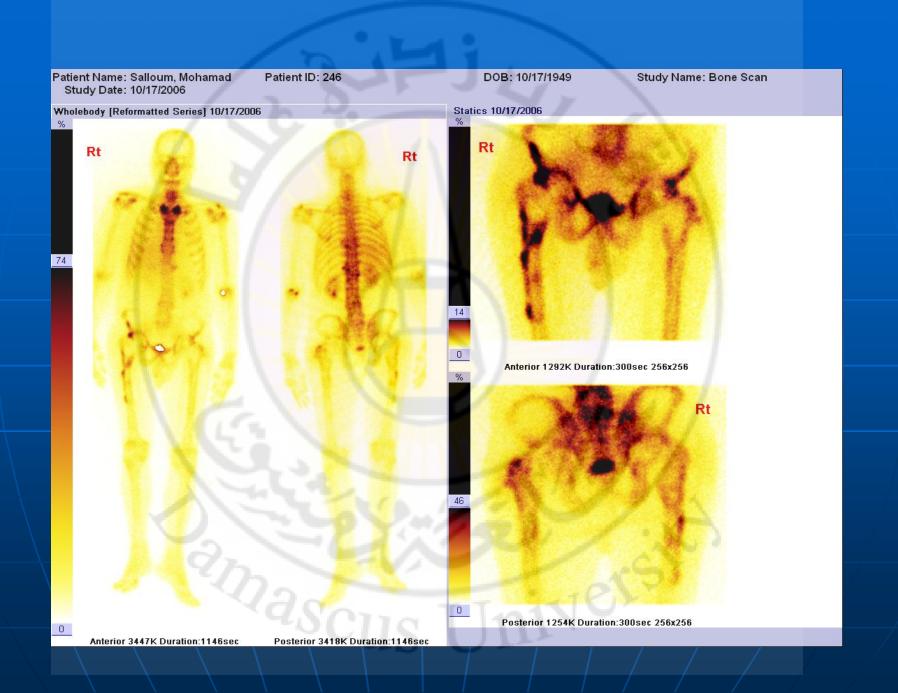
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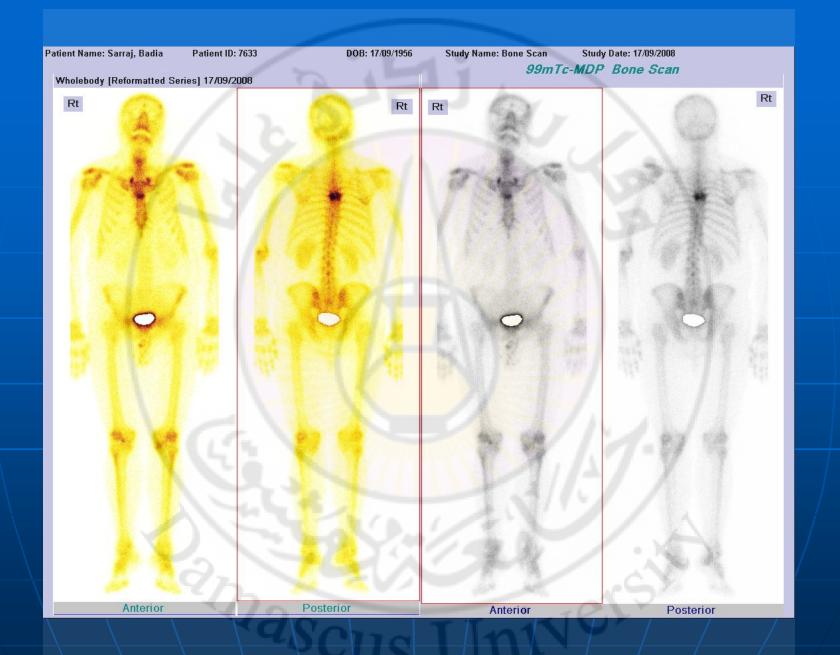


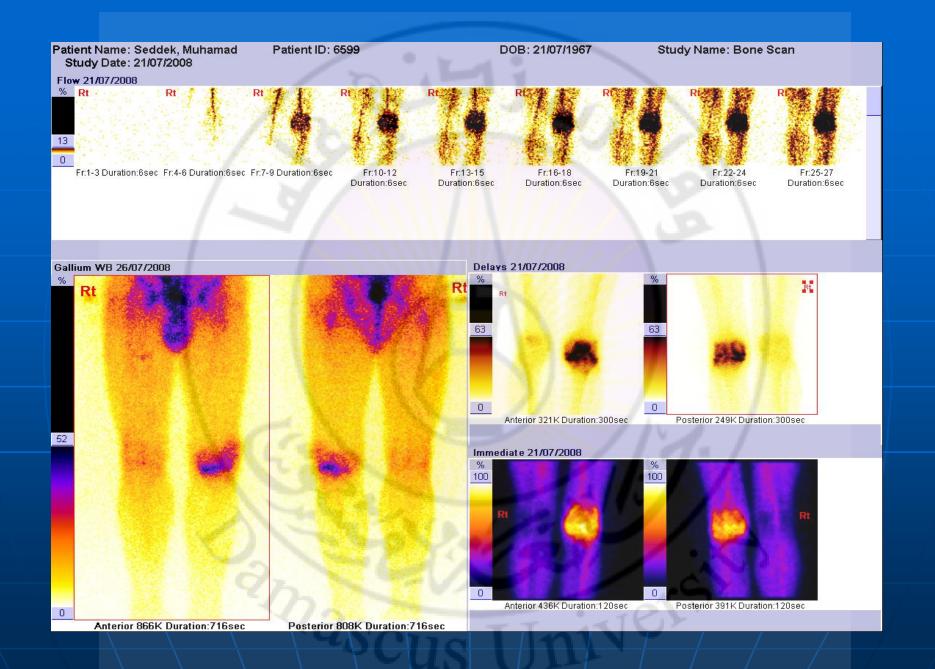




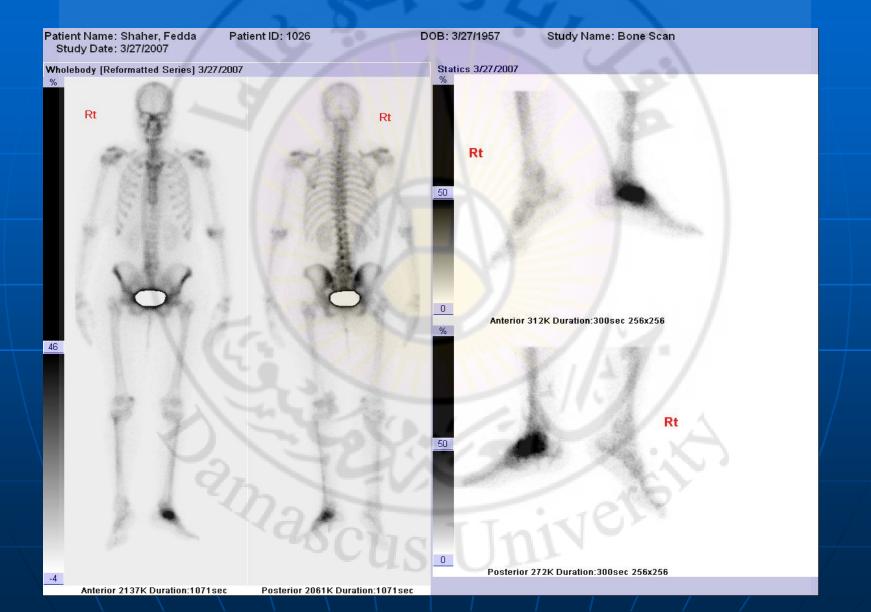






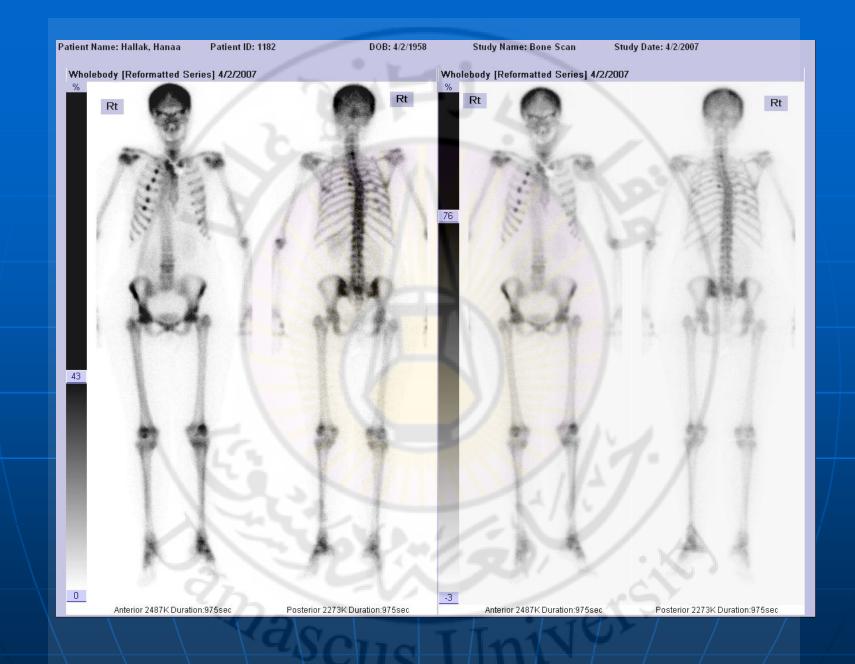


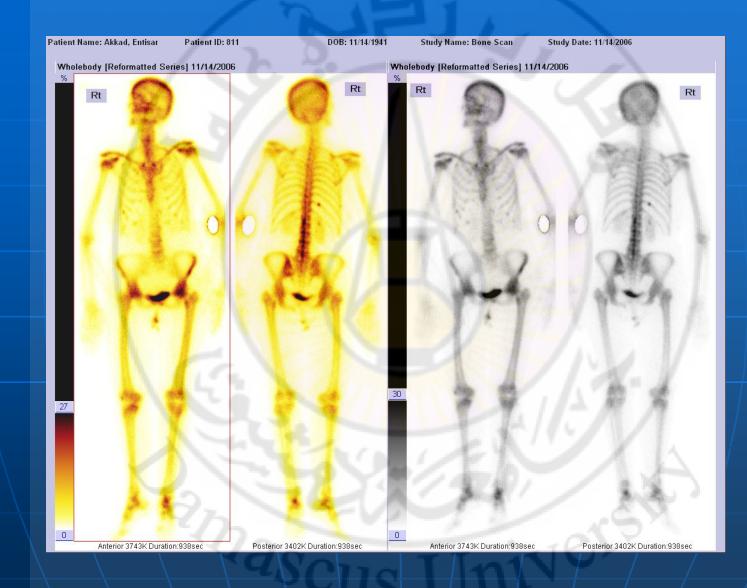
التهاب المفاصل الإنتاني

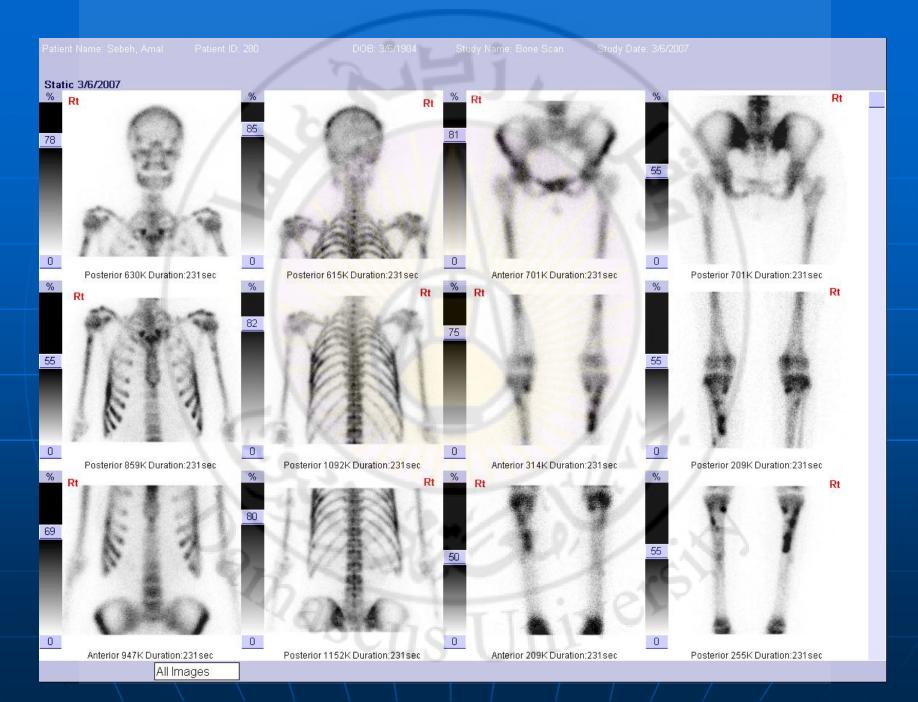


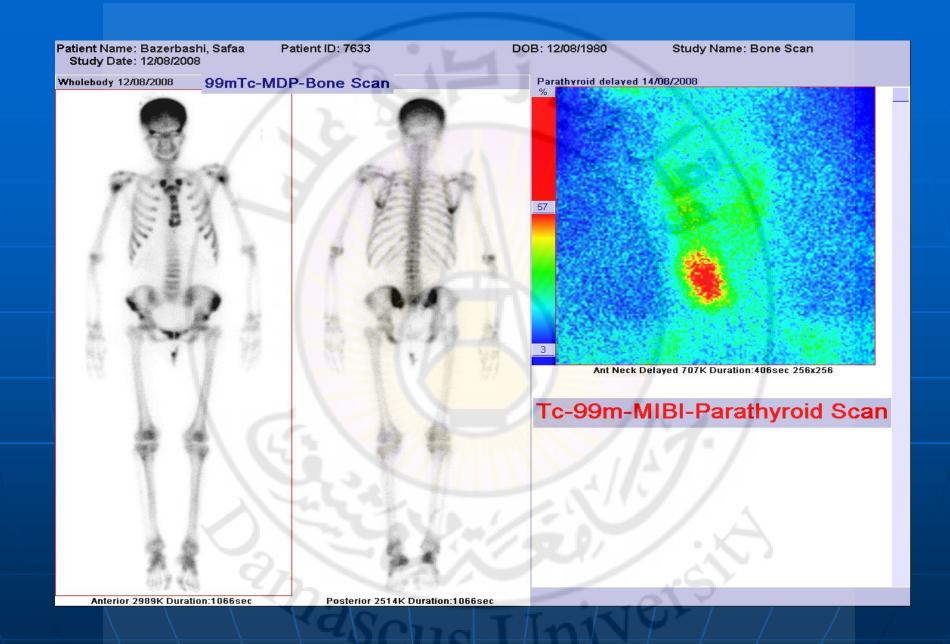
## **Metabolic Bone Disease**

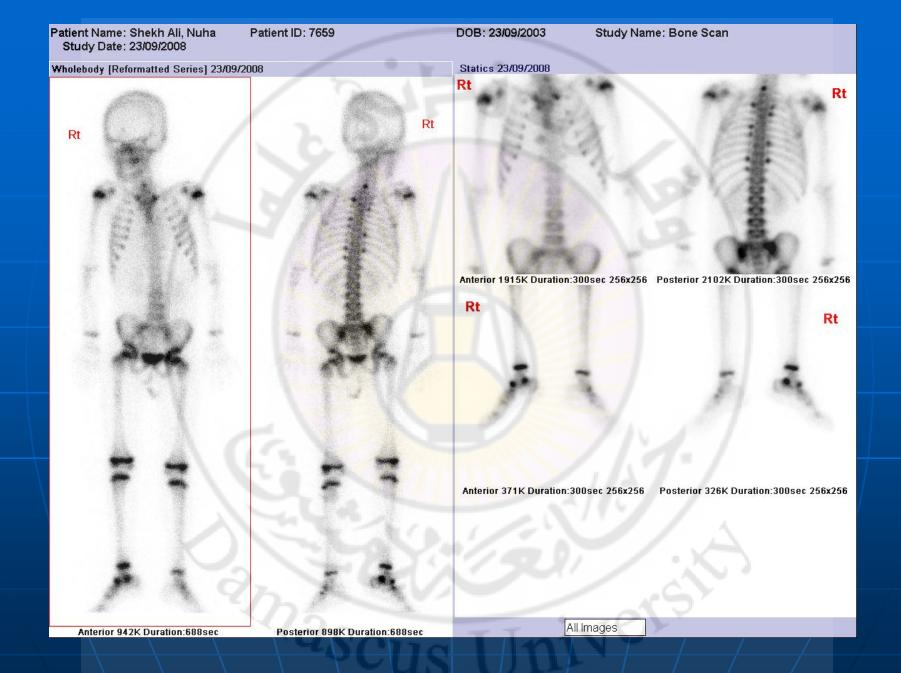
Hyperthyroidism, primary hyperparathyroidism, renal osteodystrophy, osteomalacia, and hypervitaminosis D. can all result in generalized increased tracer uptake throughout the skeleton that has some features in common with the superscan seen in metastatic disease





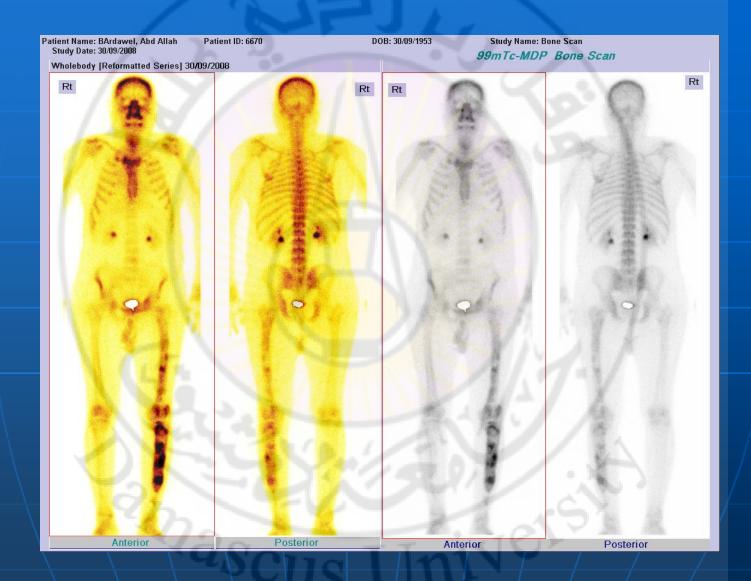


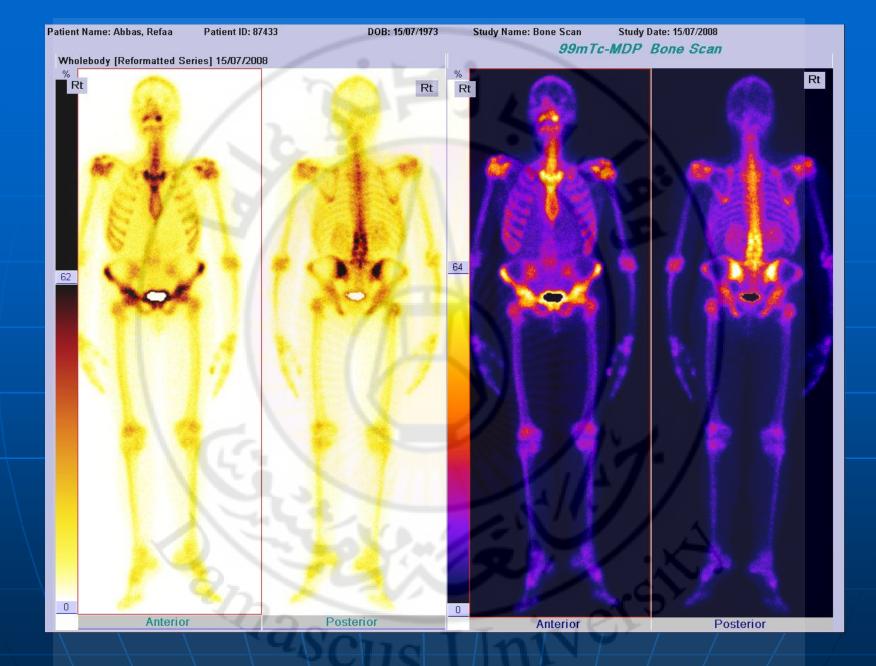




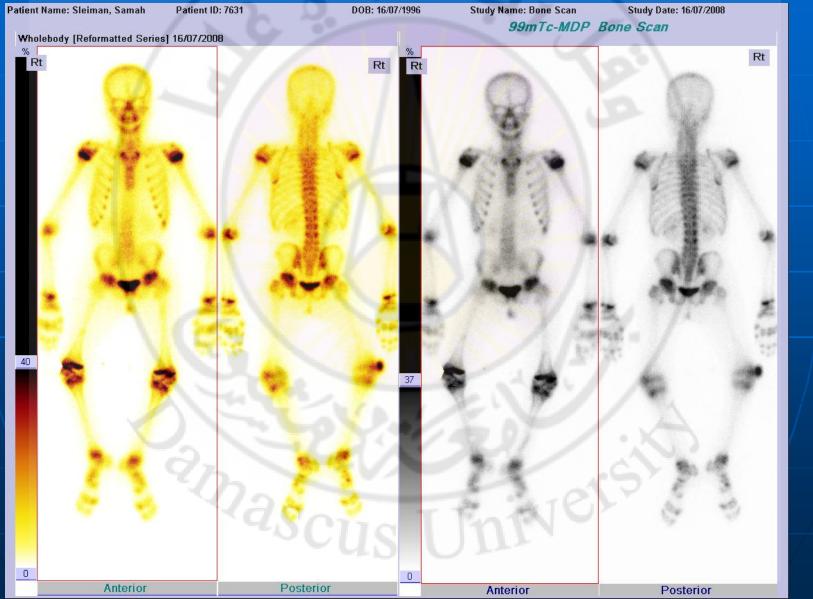
## **Bone Dysplasias**

Fibrous dysplasia is the most commonly encountered of these and may be monostotic or polyostotic.

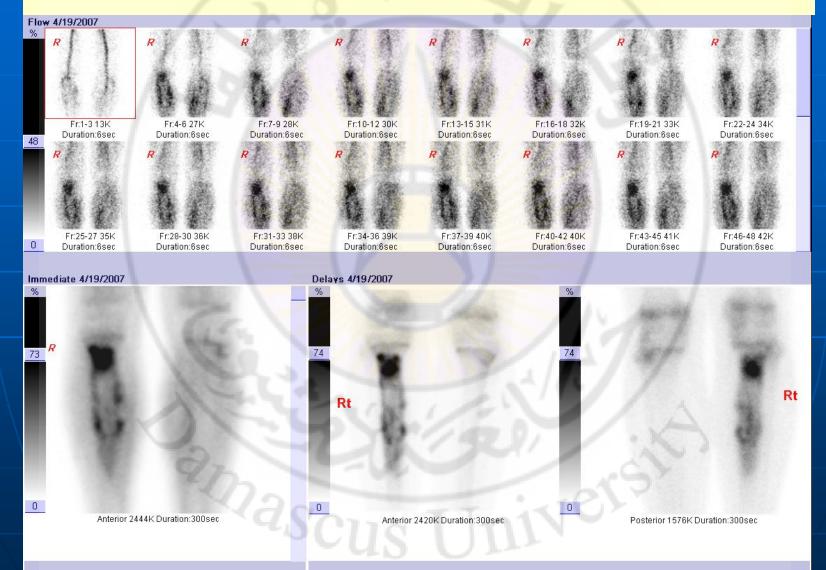




## **Arthritis**



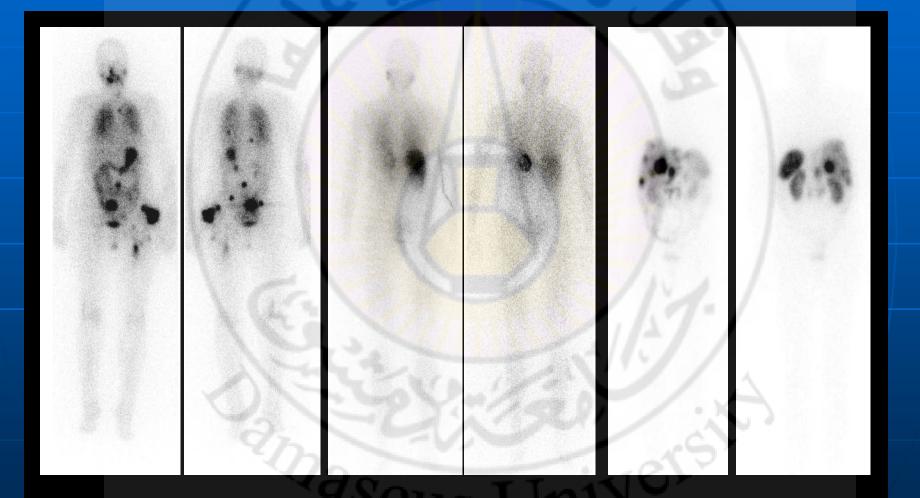
# Bone Tumor الأورام العظمية البدئية



#### ألام هيكلية مجهولة السبب متر افقة مع ارتفاع سرعة التثفل و الفوسفاتان القلوية فرط نشاط جارات الدرق



#### الكشف عن الأورام و انتقالاتها Oncology Iodine-131, Iodine-123-MIBG, Indium-111-SMS



Thyroid Cancer

Pheochromocytoma

Gastrinoma

# PET/CT- The Future for NM = Fusion PET

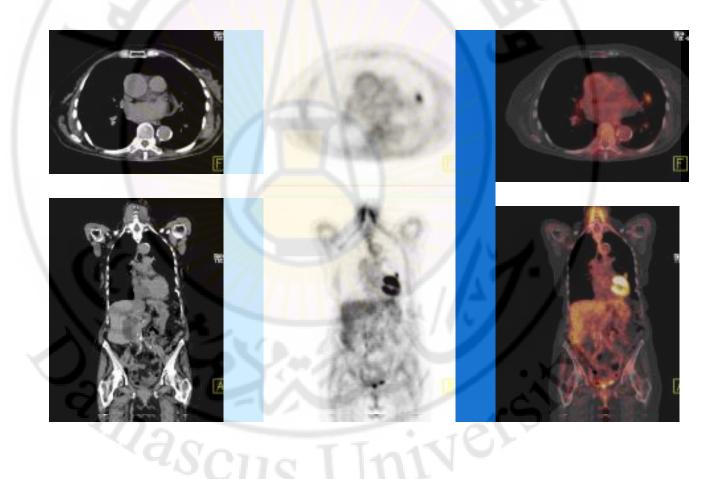


### Oncological Imaging with FDG-PET Indications

Staging Therapy planning Integration RTx Therapy monitoring Detection of recurrence



## Structure + Function -> PET/CT

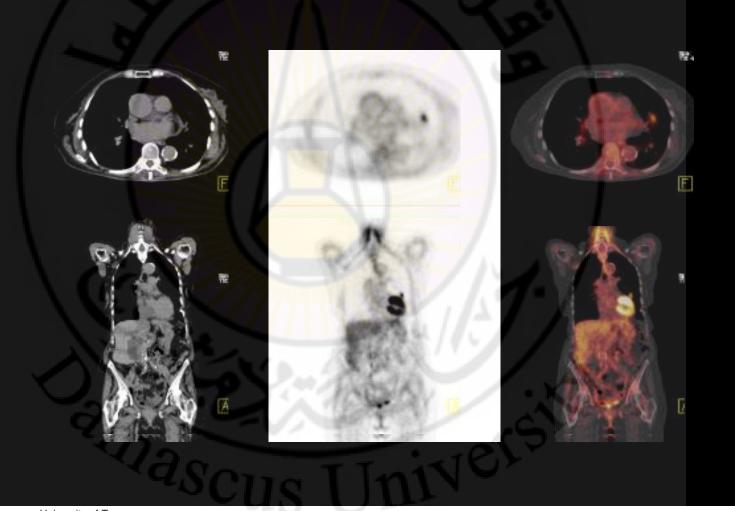


# المعالجة بالنظائر و المواد المشعة

المعالجة باليود المشع ١٣١ الدرق فرط نشاط الدرق سرطان الدرق جيد التمايز -معالجة الانتقالات الثانوية إلى العظام : السترنسيوم ٨٩ – السماريوم ١٥٣ - الرينيوم ١٨٨ معالجة الفيوكروموسايتوما بالـ MIBG-I 131



## Structure + Function -> PET/CT



University of Tennessee